

# November 2017 Cottages Activities Calendar

lic: 197607149/197607155



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"I have a lot to be thankful for. I am healthy, happy and I am loved." - Reba McEntire</p>	<p><b>The month of November is</b> Adopt a Senior Pet Month Aviation History Month Diabetic Eye Disease Month Epilepsy Awareness Month Family Stories Month Movember Military Family Appreciation Month National Adoption Month National Diabetes Month National Family Caregivers Month</p>	<p>National Gratitude Month National Life Writing Month National Novel Writing Month National Peanut Butter Lovers Month National Pepper Month National Scholarship Month Pancreatic Cancer Awareness Month Sweet Potato Awareness Month Vegan Month</p>	<p><b>1</b> 10:00 Walking Club 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Parachute Game 4:00 Sing Along 6:00 Movie Night</p>	<p><b>2</b> Beauty Salon 10:00 Balance Exercise 11:30 Word Searches 1:00 Art Class w/ Yolly 2:30 Harvest Spice Cookies Social 4:00 Karaoke 6:00 CNN</p>	<p><b>3</b> 10:00 Mind Crunch w/Mary 11:30 Bingo! 1:00 Craft's Corner 2:30 Afternoon Walk 4:00 "Oldies but Goodies" 6:00 Oprah Winfrey Show (YouTube)</p>	<p><b>4</b> 9:30 Saddleback Church Services 11:30 Move w/ Music 1:00 Piano Recital w/Ronnie 2:30 Bingo! 4:00 Sing Along 6:00 Classical Concert: Dmitry Korsakov</p>
<p><b>5</b> Daylight Saving Time Ends 9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Words Game 1:00 Classical Piano Concert w/Dallas 2:30 Bingo! 6:00 Classical Music: Mozart (YouTube)</p>	<p><b>6</b> 10:00 Yoga w/Marline 11:30 Banana Grams 1:30 Brain Fitness w/Mary 3:00 Indoor/Outdoor Walking Club 4:00 Sing Along 6:00 LA News</p>	<p><b>7</b> Beauty Salon 10:00 Current Events 10:15 Cardio Work Out 11:30 Hand Massage 1:00 Fancy Nails 3:00 Words Unscramble 4:00 Karaoke 6:00 Broadcast Concert: Frank Sinatra</p>	<p><b>8</b> 10:00 Poinsettia Stroll 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Bowling Game 4:00 "Oldies but Goodies" 6:00 "Dear Ruth" (YouTube)</p>	<p><b>9</b> Beauty Salon 9:30 Move w/Music 10:30 Music Appreciation w/Rose-Marie 1:00 Art Class w/ Yolly 2:30 Pumpkin Pie Social 4:00 Sing Along 6:00 "Thanksgiving Promise" (YouTube)</p>	<p><b>10</b> 10:30 Mind Crunch w/Mary 11:30 Word Searches 1:00 Creative Zone 2:30 Afternoon Walk 3:30 Karaoke 6:00 TED Talks: "The Power of Mind"</p>	<p><b>11</b> Veteran's Day 9:30 Saddleback Church Services 10:00 Chairobics 11:30 You Be the Judge! 1:00 Vocal Performance w/Mathew 2:30 Indoor/Outdoor Walk 3:30 "Oldies but Goodies" 6:00 Evening News</p>
<p><b>12</b> 9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Banana Grams 1:00 Singing Violin Concert w/ Yasha 2:30 Bingo! 6:00 TED Talk: "Men are from Mars, Woman from Venus"</p>	<p><b>13</b> 10:00 Yoga w/Marline 11:30 Word Searches 1:30 Brain Fitness w/Mary 3:00 Indoor/Outdoor Stroll 4:00 Karaoke 6:00 "Young at Heart" (YouTube)</p>	<p><b>14</b> Beauty Salon 10:00 Current Events 10:15 Move with Music 11:30 Touch Therapy 1:00 Nail Art 3:00 Crosswords &amp; Puzzles 4:00 Sing Along 6:00 "The Secrets of Royal Kitchen" (YouTube)</p>	<p><b>15</b> 10:00 Nature Walk 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Ball Toss Game 4:00 Karaoke 6:00 "Bewitched"- behind the Scenes</p>	<p><b>16</b> Beauty Salon 10:00 Morning Stretches 11:30 "100 Words Game" 1:00 Art Class w/Yolly 2:30 Music Around the World w/Nick &amp; Ayeme 4:00 "Oldies but Goodies" 6:00 "The Facts of Life Reunion" (YouTube)</p>	<p><b>17</b> 10:30 Mind Crunch w/Mary 11:30 Bingo! 1:00 Resident Birthdays! 2:30 Poinsettia Stroll 4:00 Sing Along 6:00 Evening News</p>	<p><b>18</b> 9:30 Saddleback Church Services 10:00 Cardio Work Out 1:00 Solo Concert w/ Yolly 2:30 Bingo! 3:30 Karaoke 6:00 "I Love Lucy" TV Show</p>
<p><b>19</b> 9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 "100 Words Game" 1:00 Piano Concert w/ Larisa 2:30 Bingo! 6:00 Movie Night "Three Coins in the Fountains"</p>	<p><b>20</b> 10:00 Yoga w/Marline 11:30 November IQ 1:30 Brain Fitness w/Mary 3:00 Afternoon Stroll 4:00 "Oldies but Goodies" 6:00 "Half-Angel" Frankie Burton</p>	<p><b>21</b> Beauty Salon 10:00 Current Events 10:15 Chairobics 11:30 Reflexology and Aromatherapy 1:00 Fancy Nails 3:00 Crosswords &amp; Puzzles 4:00 Sing Along 6:00 Evening News</p>	<p><b>22</b> 10:00 Walk it Up! 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 2:30 Indoor Walk 4:00 Sing Alone 6:00 "Loretta Young" Documentary</p>	<p><b>23</b> Beauty Salon Thanksgiving 10:00 Sit &amp; Be Fit 11:30 Special Bingo 12:00 Thanksgiving Luncheon 1:00 Concert w/Yasha 2:30 Movie &amp; Popcorn 6:00 "Penny Princess"</p>	<p><b>24</b> 10:30 Mind Crunch w/Mary 11:30 Crosswords &amp; Puzzles 1:00 Creative Zone 3:00 Sound Healing w/Jahrazheen 6:00 TED Talks: "The Power of Believe"</p>	<p><b>25</b> 9:30 Saddleback Church Services 10:00 Balance Exercise 1:00 Country Music w/Michael Quest 2:30 Bingo! 3:30 Sing Along 6:00 "The Donna Reed Show" (YouTube)</p>
<p><b>26</b> 9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Banana Grams 1:00 Rock-n-Roll Concert w/lrby 2:30 Bingo! 6:00 Classical Comedy "Charlie Chaplin"</p>	<p><b>27</b> 10:00 Yoga w/Marline 11:30 "100 Words Game" 1:30 Brain Fitness w/Mary 3:00 Sing Along 4:00 Documentary: "Britain in the 50s" 6:00 "The Jackpot" (Comedy)</p>	<p><b>28</b> Beauty Salon 10:00 Current Events 10:15 Theraband Exercise 11:30 Hand Massage &amp; Relaxation Therapy 1:00 Nails Art 3:00 Banana Grams 4:00 Karaoke 6:00 TED Talks: "Believe"</p>	<p><b>29</b> 10:00 Resident &amp; Family Council Meeting 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Ball Toss Game 6:00 Documentary: "Cutest Animals" (Netflix)</p>	<p><b>30</b> 10:00 Morning Stretches 11:30 Words Game 1:00 Art Class w/Yolly 2:30 Cupcakes Social &amp; Discussion 4:00 Sing Along 6:00 "Young at Heart" (YouTube)</p>	<p><b>SNACKS</b> After every scheduled activity and at 8:00 p.m. for those who wish it</p> <p>This calendar is subject to change.</p>	