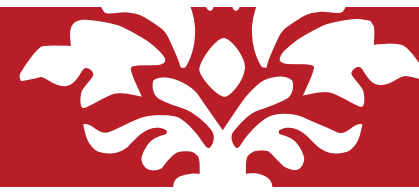


MELROSE GARDENS CALENDAR



December 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>New Year's Eve</i> 9:00 Catholic Mass 10:00 New Year's Bingo! 11:30 Banana 2:00 New Year's Concer w/Dallas! 3:30 Movie & Popcorn! 6:00 "December Bride"	DECEMBER DAYS TO NOTE... 1 Rosa Parks Day 3 Make a Gift Day 4 National Sock Day 8 Pretend to be a Time Traveler Day 10 Human Rights Day 12 Poinsettia Day 15 Ugly Christmas Sweater Day 16 Day of Reconciliation 20 Go Caroling Day 21 Humberg Day 21 Crossword Puzzle Day 23 Festivus Day 24 Egnog Day 26 Thank You Note Day 26 Boxing Day 27 National Fruitcake Day 28 Card Playing Day 29 Tick Tock Day 30 Bacon Day 31 Make Up Your Mind Day	"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart. Wishing you happiness." - Helen Keller	BEAUTICIAN VISITS Every Tuesday and Thursday DOCTOR APPOINTMENTS are available as needed Monday - Friday SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it	1 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Chairiobics w/Ana 11:30 Bingo! 2:00 Walking Club 4:15 Shabbat Services 6:00 Maya Angelou's Top 10 Rules to Success	2 10:00 Saddleback Church Services 11:30 Sit and Be Fit 2:00 Solo Concert w/Yolly 3:30 Bingo! 6:00 Movie Night "Stage Door"	
3 9:00 Catholic Mass 10:00 Sunday Walk 11:30 Banana Grams 2:00 Concert w/Sherrol 3:30 Bingo! 6:00 Documentary: "Dalai Lama's Top 10 Rules to Success"	4 <i>National Christmas Tree Lighting Ceremony</i> 10:00 Scenic Drive w/Abe to Grey Stone Park 11:30 Chairiobics 2:30 Brain Fitness w/Mary 4:00 Xmas Tree Decoration 6:00 Movie: "White Christmas"	5 10:00 Yoga w/Ana 11:30 Healing Hands 2:00 Pampered Nails 3:30 Crosswords & Puzzles 6:00 Movie Night "Dashing Through the Snow"	6 10:00 Zumba Gold! 11:30 Bingo! 2:30 Brain Memory Bootcamp w/Mary 4:00 Xmas Sing Along 6:00 Movie Night "Must be Santa"	7 Banking & Shopping 10 -12 10:00 Colorific! 11:30 Banana Grams 2:00 Healthy Joints w/Cesar 3:30 Word Games 6:00 TED Talks "The Power to Heal"	8 Trader Joes, The Grove and W.Hollywood Library Shuttle <i>Christmas Card Day</i> 10:00 Balance Exercise 11:30 Bingo! 2:00 Nature Walk 4:15 Shabbat Services 6:00 TED Talks Deepak Chopra "Consciousness and the Infinite Spirit"	9 10:00 Saddleback Church Services 11:30 Move w/Music 2:00 Golden Oldies w/Julie 3:30 Bingo! 6:00 Movie: "What Makes Life Complete"
10 9:00 Catholic Mass 10:00 Morning Stroll 11:30 Word Searches 2:00 Singing Guitar w/David Kaufman 3:30 Bingo! 6:00 Movie "Buddha"	11 10:00 Excursion to The Grove 11:30 Questions & Answers w/Management 2:30 Brain Fitness w/Mary 4:00 Xmas Carols 6:00 Movie: "The Help"	12 <i>Hanukkah (begins at sundown)</i> 10:00 Yoga w/Ana 11:30 Reflexology 2:00 Hanukkah Celebration 4:15 Hanukkah Services	13 10:00 Zumba Gold! 11:30 Bingo! 2:30 Brain Memory Bootcamp w/Mary 2:30 Baking Class w/Kira 4:00 Documentary - "Blue Planet" 6:00 Movie: "Love Me or Leave Me"	14 Banking & Shopping 10 -12 <i>Ugly Sweater Day</i> 10:00 Ugly Sweater Show 11:30 Music Appreciation w/Rose-Marie 2:00 Healthy Joints w/Cesar 3:30 You be the Judge! 6:00 Movie: "Little Women"	15 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Bingo! 11:30 Xmas Sing Along 1:30 Xmas Jazz Band "Odyssey" 4:15 Shabbat Services 6:00 Movie: "Please Do Not Eat the Daisies"	16 10:00 Saddleback Church Services 11:30 Cardio Work Out 2:00 Spanish Guitar w/Stan 3:30 Bingo! 6:00 TED Talks "When God Talks Back"
17 9:00 Catholic Mass 10:00 Nature Walk 11:30 December IQ 2:00 Classical Piano w/Larysa 3:30 Bingo! 6:00 Movie Night "The Mistletoe Promise"	18 10:00 Trader Joes Shopping Shuttle 11:30 Move w/Music 2:30 Brain Fitness w/Mary 4:00 Sing Along Corner 6:00 "Christmas Spirit" w/Joel Osteen	19 10:00 Yoga w/Ana 11:30 Hands Massage 2:00 Fancy Nails 3:30 Words Game 6:00 Movie Night "A Smokie Mountain Christmas"	20 <i>Hanukkah (ends at sundown)</i> 10:00 Zumba Gold! 11:30 Bingo! 2:30 Brain Memory Bootcamp w/Mary 2:30 Art Class w/Ashley 2:30 Sing Along Corner 6:00 Movie Night "The Christmas Secret"	21 Banking & Shopping 10 -12 10:00 Painting w/Acrylic 11:30 Crosswords & Puzzles 2:00 Healthy Joints w/Cesar 3:30 Music Around the World w/Nick and Ayeme 6:00 Movie Night "A Christmas Wish"	22 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Move with Music 1:00 Resident Birthday Party! 2:00 Comedy Show w/Jackie Lawrence 3:00 EggNogg White Chocolate Fudge Social 4:15 Shabbat Services 6:00 Movie: "Calamity Jane"	23 10:00 Saddleback Church Services 11:30 Balance Exercise 2:00 Classical Piano w/Ronnie 3:30 Bingo! 6:00 Deepak Chopra "Spiritual Solution"
24 <i>Christmas Eve</i> 9:00 X-Mas Catholic Mass 10:00 Christmas Carol 2:00 Xmas Concert w/Yasha 3:30 Xmas Bingo! 6:00 Movie Night "A Christmas Carol"	25 <i>Christmas</i> 10:00 "A Trip Down Memory Lane" Xmas w/Mary 1e:30 Xmas Luncheon & Classical Piano w/Larysa 3:30 Movie & Popcorn "The Miracle on 34th Street"	26 10:00 Pampered Nails 11:30 Banana Grams 2:00 "I'll be Home for Xmas" 3:30 Hot Chocolate & Cookie Social 6:00 Movie Night "It's a Wonderful Life"	27 10:00 Healthy Joints w/Cesar 11:30 Bingo! 2:00 Color Therapy 2:30 Brain Memory Bootcamp w/Mary 2:30 Colorific! 6:00 Oprah Winfrey on "Finding Purpose in Life"	28 Banking & Shopping 10 -12 10:00 Art Class w/Kira 11:30 Word Searches 2:00 Healthy Joints w/Cesar 3:30 Resident/Family Council Meeting 6:00 TED Talks "New Year Resolution"	29 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Cardio Work Out 11:30 Bingo! 1:30 Sound Healing w/Jahrazheen 4:15 Shabbat Services 6:00 Movie: "Romance on the Seas"	30 10:00 Saddleback Church Services 11:30 Morning Stretches 2:00 Country Music w/Michael Quest 3:30 Bingo! 6:00 Movie: "Morning Glory"

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.
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