

MELROSE GARDENS CALENDAR



March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"Spring makes its own statement, so loud and clear that the gardener seems to be only one of his instruments, not the composer." - Geoffrey Charlesworth</p>	<p>THE MONTH OF MONTH IS... Irish American Month Music in Our Schools Month National Caffeine Awareness Month National Celery Month National Cheerleading Safety Month National Craft Month National Frozen Food Month National Kidney Month National Noodle Month National Nutrition Month</p> <p>National Music in our Schools Month National Peanut Month National Professional Social Work Month National Reading Awareness Month National Umbrella Month National Women's History Month Red Cross Month Social Workers Month Youth Art Month</p>	<p>BEAUTICIAN VISITS Every Tuesday and Thursday</p> <p>DOCTOR APPOINTMENTS are available as needed Monday - Friday</p> <p>SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it</p>	<p>1 Banking & Shopping 10 -12 <i>Purim (ends at sundown)</i></p> <p>10:00 Art Class with Kira 11:30 You be the Judge! 2:00 Healthy Joints Club w/Cesar 4:15 Purim Celebration w/Gerry 6:00 "Love Nest" with Marilyn Monroe</p>	<p>2 Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Walking Club 11:30 Bingo 2:00 Healthy Joints Club w/Cesar 3:30 Ice Tea Social 4:15 Shabbat Services 6:00 Card Games</p>	<p>3 Saddleback Church Services 10:00 11:30 Poinsettia Stroll 2:00 Vocal Performance by Yolly 3:30 Bingo! 6:00 "Peace and Harmony" with Dalai Lama</p>	
<p>4</p> <p>9:00 Catholic Mass 11:00 Brain Fitness with Mary 2:00 Classical Piano Concert w/Dallas 3:30 Bingo! 4:00 Karaoke 6:00 Movie Night <i>"Young at Heart"</i></p>	<p>5</p> <p>10:00 Chinatown Tour w/Abe 10:00 Balance Exercise 11:30 Banana Grams 2:30 Brain Fitness w/Mary 4:00 Karaoke 6:00 Movie <i>"Undercover Angel"</i></p>	<p>6</p> <p>10:00 Current Events 10:30 Serenity Yoga w/Ana 2:00 Pampered Nails 3:30 Crosswords & Puzzles 6:00 Andrew Rieu Concert in Vienna</p>	<p>7</p> <p>10:00 Zumba Gold 11:30 Bingo 2:30 Memory Brain Bootcamp w/Mary 2:30 Colorific! 4:00 Sing Along 6:00 "Super Soul Conversations" with Oprah Winfrey</p>	<p>8 Banking & Shopping 10 -12</p> <p>10:00 "100" Words Game 11:30 Music Appreciation w/Rose-Marie 2:00 Healthy Joints Club w/Cesar 3:30 Chat & Chew on the Front Porch 6:00 Comedy <i>"The Jackpot"</i></p>	<p>9 Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Nature Walk 11:30 Bingo 2:00 Healthy Joints Club w/Cesar 4:15 Shabbat Services 6:00 Movie Night <i>"This Can't Be Love"</i></p>	<p>10</p> <p>10:00 Saddleback Church Services 11:30 Hand in Hand Walking Club 2:00 Guitar Concert w/Greg 3:30 Bingo! 6:00 Johnny Carson 17th Anniversaries</p>
<p>11 <i>Daylight Saving (begins)</i></p> <p>9:00 Catholic Mass 11:00 TheraBand Exercise 11:30 Words Unscramble 2:00 Violin Concert w/Yasha 3:30 Bingo! 6:00 Documentary <i>"Cutest Baby Animals"</i></p>	<p>12</p> <p>10:00 Farmer's Market Outing 11:30 Word Game 2:30 Brain Fitness w/Mary 4:00 Documentary Movie Discovery Channel 6:00 Evening News</p>	<p>13</p> <p>10:00 Current Events 10:30 Serenity Yoga w/Ana 2:00 Fancy Nails 3:30 Word Games 6:00 TED Talks: <i>"Want to be happier? Stay in the Moment"</i></p>	<p>14</p> <p>10:00 Zumba Gold 11:30 Bingo! 11:30 Memory Brain Bootcamp w/Mary 2:30 Cup Cake Decoration 3:30 Ice Coffee Social 6:00 Evening News</p>	<p>15 Banking & Shopping 10 -12</p> <p>10:00 Art Class w/Kira 11:30 You be the Judge 2:00 Healthy Joints Club w/Cesar 3:30 Music Around the World w/Nick & Ayeme 6:00 The Donna Reed Show</p>	<p>16 Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Hand in Hand Walking Club 11:30 Bingo 2:00 Healthy Joints Club w/Cesar 4:15 Shabbat Services 6:00 Documentary <i>"Maya Angelou Interview"</i></p>	<p>17 <i>St. Patrick's Day</i></p> <p>10:00 Saddleback Church Services 11:30 Green Bingo! 12:00 St. Patrick's Day Luncheon 2:00 St. Patrick's Day Concert w/Vladimir 3:30 Tea & Green Tea Cookies Social 6:00 Movie <i>"St. Patrick - The Irish Legend"</i></p>
<p>18</p> <p>9:00 Catholic Mass 10:00 Cardio Work Out 2:00 Mike & Mandy Show 3:30 Bingo! 6:00 "Healing Power of Mind" with Dalai Lama</p>	<p>19</p> <p>10:00 Beverly Hills Tour w/Abe 10:00 Morning Stretches 11:30 Words Unscramble 2:30 Brain Fitness w/Mary 4:00 Oldies but Goodies 6:00 Ted Talks: <i>"Why do we Sleep?"</i></p>	<p>20 <i>1st Day of Spring</i></p> <p>10:00 Current Events 10:30 Serenity Yoga w/Ana 2:00 Nail Art 3:30 March IQ Test 6:00 Mozart 1791 <i>"Music From the Magic Flute"</i></p>	<p>21</p> <p>10:00 Zumba Gold 11:30 Bingo 2:30 Memory Brain Bootcamp w/Mary 3:30 Nature Walk 6:00 Classical Movie - Comedy with Charlie Chaplin</p>	<p>22 Banking & Shopping 10 -12</p> <p>10:00 Painting w/Kira 11:30 Discussion Group 1:00 Resident Birthday Celebration! 2:00 Healthy Joints Club w/Cesar 3:30 Fruit & Berry Social 6:00 Classical Music for Brain! Bach & Mozart & Tchaikovsky</p>	<p>23 Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Sunshine Walk 11:30 Bingo 2:00 Healthy Joints Club w/Cesar 4:15 Shabbat Services 6:00 Comedy <i>"Mrs. Doubtfire"</i></p>	<p>24</p> <p>10:00 Saddleback Church Services 11:30 Poinsettia Stroll 2:00 Solo Concert w/Julie 3:30 Bingo! 6:00 Robin Williams <i>"Live on Broadway"</i></p>
<p>25</p> <p>9:00 Catholic Mass 11:00 Chairobics 2:00 Singing Piano Concert w/Larysa 3:30 Bingo! 6:00 Documentary <i>"Loretta Young"</i></p>	<p>26</p> <p>10:00 Plumer Park Tour w/Abe 11:30 "100" Words Game 2:30 Brain Fitness w/Mary 4:00 Documentary Movie <i>"Baby Animals"</i> 6:00 Broadcast Concert <i>"Frank Sinatra"</i></p>	<p>27</p> <p>10:00 Current Events 10:30 Serenity Yoga w/Ana 11:30 Resident/Family Council Meeting 2:00 Pampered Nails 3:30 "The Month of March" Crossword 6:00 "Spiritual Laws of Success" with Deepak Chopra</p>	<p>28</p> <p>10:00 Zumba Gold 11:30 Bingo 2:30 Memory Brain Bootcamp w/Mary 2:30 Colorific! 6:00 Evening News</p>	<p>29 Banking & Shopping 10 -12</p> <p>10:00 Art Class w/Kira 2:00 Healthy Joints Club w/Cesar 3:30 Comedy Show w/Jackie Lawrence 6:00 Documentary <i>Dean Martin & Jerry Lewis</i></p>	<p>30 Trader Joes, The Grove and W.Hollywood Library Shuttle <i>Passover (begins at sundown)</i> <i>Good Friday</i></p> <p>10:00 Healthy Joints Club w/Cesar 11:30 Bingo 2:00 Sound Healing w/Jahrazheen 3:30 Afternoon Walk 4:15 Shabbat Services 5:00 Passover Seder Meal</p>	<p>31</p> <p>10:00 Saddleback Church Services 11:30 Sunshine Stroll 2:00 Country Music w/Michael Quest 3:30 Bingo! 6:00 Music for Your Soul Shopen Waltz</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.
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