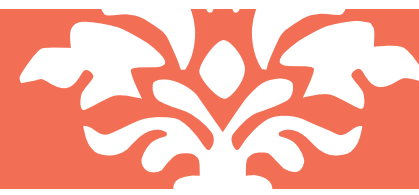


MELROSE GARDENS CALENDAR



August 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST DAYS TO NOTE...

1 National Girlfriends Day	15 Relaxation Day
3 Grab Some Nuts Day	16 National Tell a Joke Day
3 National Watermelon Day	18 Bad Poetry Day
4 Campfire Day	19 Aviation Day
5 Sisters Day	20 World Mosquito Day
6 Wiggle Your Toes Day	21 Senior Citizen's Day
9 Book Lover's Day	22 Be an Angel Day
11 Presidential Joke Day	25 Kiss and Make Up Day
12 Middle Child's Day	27 Just Because Day
13 Left Handers Day	31 National Eat Outside Day

"Freedom lies in being bold."
~ Robert Frost

<p>10:00 Catholic Mass</p> <p>11:30 Cadrio Work Out</p> <p>1:10 Sports Hour w/the Dodgers</p> <p>2:00 Accordion Concert w/Vladimir</p> <p>3:30 Bingo!</p> <p>6:00 Laugh TV: Adorable babies' reaction Daddy comes home</p>	<p>10:00 Current Events</p> <p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Word Games</p> <p>2:30 Memory Brain Fitness w/Mary</p> <p>4:00 Documentary: Blue Planet</p> <p>6:00 Music for the Soul: Chopin Waltz</p>	<p>Beauty Shop</p> <p>10:00 Nails Shop and Hand Massages</p> <p>11:30 Banana Grams</p> <p>2:00 Zumba Gold</p> <p>3:30 Banana Grams</p> <p>6:00 Documentary: The Tower of London</p>	<p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Bingo!</p> <p>2:30 Memory Brain Bootcamp w/Mary</p> <p>2:30 Colorific</p> <p>3:30 Paws-to-Share Program</p> <p>4:00 News</p>	<p>Banking & Shopping 10 -12</p> <p>10:00 Painting w/Acrylics</p> <p>11:30 Crosswords & Puzzles</p> <p>2:00 Healthy Joints w/Cesar</p> <p>3:30 Berries & Ice Cream Social</p> <p>Front Porch</p> <p>6:00 The Mind Enhancer: Vivaldi Four Seasons</p>	<p>Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Scenic Drive to Downtown LA w/Abe</p> <p>11:30 Bingo!</p> <p>2:00 Move with Music</p> <p>3:30 "100" Words Game</p> <p>4:15 Shabbat Services</p> <p>6:00 Mozart - Piano Concerto No. 21, K Yeal Eum-Son</p>	<p>10:00 Saddleback Church Services</p> <p>11:30 Theraband Exercise</p> <p>2:00 Piano Concert w/Ronnie</p> <p>3:30 Bingo!</p> <p>6:00 Documentary: Cutest Animals in the Wild</p>
<p>10:00 Catholic Mass</p> <p>11:30 Balance Exercise</p> <p>1:10 Sports Hour w/the Dodgers</p> <p>2:00 Concert w/Yolly</p> <p>3:30 Bingo!</p> <p>6:00 Sunday News</p>	<p>10:00 Current Events</p> <p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Banana Grams</p> <p>2:30 Memory Brain Fitness w/Mary</p> <p>4:00 Sing Along</p> <p>6:00 Documentary Movie: Sagrada</p>	<p>Beauty Shop</p> <p>10:00 Pampered Nails</p> <p>11:30 Aromatherapy</p> <p>2:00 Zumba Gold</p> <p>3:30 Word Unscramble</p> <p>6:00 TED Talks: "Brain-to-Brain Communication has arrived. How we did it."</p>	<p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Bingo!</p> <p>2:30 Memory Brain Bootcamp w/Mary</p> <p>3:30 Paws-to-Share Program</p> <p>6:00 Movie Night Adam and Evelyn</p>	<p>Banking & Shopping 10 -12</p> <p>9:30 Art Class w/Kira</p> <p>11:30 Words Unscramble</p> <p>1:00 Resident Birthday Celebration</p> <p>2:00 Healthy Joints w/Cesar</p> <p>3:30 Music Around the World w/Nick & Ayeme</p> <p>6:00 LA News</p>	<p>Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Plummer Park Trip</p> <p>11:30 Bingo!</p> <p>2:00 Chairobics</p> <p>3:30 "100" Words Game</p> <p>4:15 Shabbat Services</p> <p>6:00 Broadway Musical "Annie"</p> <p>7:10 Sports Hour w/the Dodgers</p>	<p>10:00 Saddleback Church Services</p> <p>11:30 Sit and Be Fit</p> <p>2:00 Rock-n-Roll w/Greg</p> <p>3:30 Bingo!</p> <p>6:00 Movie Night with Julia Roberts</p>
<p>10:00 Catholic Mass</p> <p>11:30 Sit and Be Fit</p> <p>1:10 Sports Hour w/the Dodgers</p> <p>2:00 Concert w/Ronnie</p> <p>3:30 Bingo!</p> <p>6:00 Tchaikovsky</p> <p>Piano Concerto No. 1 by Lang Lang</p>	<p>10:00 Current Events</p> <p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Article Review</p> <p>2:30 Memory Brain Fitness w/Mary</p> <p>4:00 Karaoke</p> <p>6:00 Evening News</p>	<p>Beauty Shop</p> <p>10:00 Nails Shop</p> <p>11:30 Hand Massage</p> <p>2:00 Zumba Gold</p> <p>3:30 Crosswords & Puzzles</p> <p>6:00 Comedy Night: Robin Williams Live on Broadway (New York 2002)</p>	<p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Bingo!</p> <p>2:30 Memory Brain Bootcamp w/Mary</p> <p>2:30 Art of Cooking</p> <p>3:30 Paws-to-Share Program</p> <p>6:00 A Night w/Charlie Chaplin</p>	<p>Banking & Shopping 10 -12</p> <p>10:00 Painting w/Acrylics</p> <p>11:30 Mix and Match</p> <p>2:00 Healthy Joints w/Cesar</p> <p>3:30 Ice Cream Social & Discussion</p> <p>6:00 Board Games</p>	<p>Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Walking Club</p> <p>11:30 Bingo!</p> <p>2:00 Cardio Work Out</p> <p>3:30 You Be the Judge!</p> <p>4:15 Shabbat Services</p> <p>6:00 Movie Night The Sound of Music</p> <p>7:10 Sports Hour w/the Dodgers</p>	<p>10:00 Saddleback Church Services</p> <p>11:30 Oldies but Goodies</p> <p>2:00 Hawaiian Luau</p> <p>Fire Dance and Entertainment by Dawn</p> <p>6:00 Self-Reading Club</p>
<p>10:00 Catholic Mass</p> <p>11:30 Chairobics</p> <p>1:10 Sports Hour w/the Dodgers</p> <p>2:00 Singing Piano Concert w/Larysa</p> <p>3:30 Bingo!</p> <p>6:00 Movie Night: Breakfast at Tiffany's</p>	<p>10:00 Current Events</p> <p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Crosswords and Puzzles</p> <p>2:00 Afternoon Stroll</p> <p>4:00 Oldies but Goodies</p> <p>6:00 Documentary on Netflix Happy</p>	<p>Beauty Shop</p> <p>10:00 Pampered Nails</p> <p>11:30 Touch Therapy</p> <p>2:00 Zumba Gold</p> <p>3:30 You be the Judge</p> <p>6:00 Documentary: "The Story of the US"</p>	<p>10:30 Arthritis Foundation Workshop w/Cesar</p> <p>11:30 Bingo!</p> <p>2:30 Memory Brain Bootcamp w/Mary</p> <p>2:00 Cooking Art</p> <p>3:30 Paws-to-Share Program</p> <p>6:00 News</p>	<p>Banking & Shopping 10 -12</p> <p>10:00 Nature Walk</p> <p>11:30 Resident/Family Council Meeting</p> <p>2:00 Healthy Joints w/Cesar</p> <p>3:30 Comedy Show w/Jackie Lawrence</p> <p>6:00 Ellen DeGeneres Show featuring Kids Who Are Music Prodigies</p>	<p>Trader Joes, The Grove and W.Hollywood Library Shuttle</p> <p>10:00 Bingo!</p> <p>11:15 Music Therapy w/Irby</p> <p>2:00 Sit and Be Fit</p> <p>4:15 Shabbat Services</p> <p>6:00 Oprah Winfrey's Super Soul Sunday Conversations Advashanti</p>	<p>BEAUTICIAN VISITS Every Tuesday and Thursday</p> <p>DOCTOR APPOINTMENTS are available as needed Monday - Friday</p> <p>SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.
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