

May 2018 The Gardens Activities Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Month of May

Birthstone:
Emerald
(Success in Love)
Flowers:
Lily of the Valley
(Alt. Hawthorn)
Colors: Yellow and Red

SNACKS
After every scheduled activity and at 8:00 p.m. for those who wish it

This calendar is subject to change.
lic: 197603221

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																	
<p>6</p> <p>9:00 Freshen Up 9:30 Morning Stretch 10:00 Snack 10:30 Trivia Time 11:00 Lunch 1:00 Picture Bingo 2:30 Snack 3:00 Volleyball 4:30 Dinner 5:00 Movie 6:00 One on One</p>	<p>7</p> <p>9:00 Freshen Up 9:30 Morning Walk 10:00 Snack 10:30 Table Games 11:00 Lunch 1:00 Aroma Therapy 2:30 Snack 3:00 Bowling 4:30 Dinner 5:00 Fun with Janette 6:00 One on One</p>	<p>Beauty Salon 1</p> <p>9:00 Freshen Up 9:30 Moving with Music 10:00 Snack 10:30 Reminiscing 11:00 Lunch 1:00 Walking Club 2:30 Snack 3:00 Watercolors 4:30 Dinner 5:00 Table Talk with Janett 6:00 One on One</p>	<p>2</p> <p>9:00 Freshen Up 9:30 Workout Time 10:00 Snack 10:30 Memory Scents 11:00 Lunch 2:00 Concert in the Gardens w/DJ Winfield 2:30 Snack 3:00 Bingo 4:30 Dinner 5:00 Trivia Game w/Janett</p>	<p>3</p> <p>9:00 Refresh 9:30 Chair Exercise 10:00 Snack 10:30 Moving to Music 11:00 Lunch 1:00 Horse Racing 2:30 Snack 3:00 Parachute 4:30 Dinner 5:00 Movie w/Janett <i>The Irishman</i></p>	<p>4</p> <p>9:00 Freshen Up 9:30 Moving to Music 10:00 Snack 10:30 Word Games 11:00 Lunch 1:00 Outing: Griffith Park 2:00 Snack 2:30 Shabbat Service 4:30 Dinner 5:00 Table Game w/Janett</p>	<p>Cinco de Mayo 5</p> <p>9:00 Refresh 9:30 Sit and Get Fit 10:00 Snack 10:30 Puzzles 11:00 Lunch 1:00 Parachute 2:30 Snack 3:00 Sing Along 4:30 Dinner 5:00 Reminiscing w/Janett</p>																	
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<p>30</p> <p>9:00 Freshen Up 9:30 Workout Time 10:00 Snack 10:30 Memory Scents 11:00 Lunch 2:00 Concert in the Gardens Sing Along w/Mark C.</p>	<p>31</p> <p>9:00 Refresh 9:30 Chair Exercise 10:00 Snack 10:30 Moving to Music 11:00 Lunch 1:00 Horse Racing 2:30 Snack 3:00 Parachute 4:30 Dinner 5:00 Movie w/Janett <i>Dolphin Tale</i></p>	<p>May Days to Note...</p> <table border="0"> <tr> <td>1 Loyalty Day</td> <td>9 Lost Sock Memorial Day</td> </tr> <tr> <td>2 Baby Day</td> <td>11 Clean Up Your Room Day</td> </tr> <tr> <td>3 World Press Freedom Day</td> <td>11 Eat What You Want Day</td> </tr> <tr> <td>4 Bird Day</td> <td>11 Military Spouses Day</td> </tr> <tr> <td>4 Renewal Day</td> <td>13 Frog Jumping Day</td> </tr> <tr> <td>4 Space Day</td> <td>16 Love a Tree Day</td> </tr> <tr> <td>6 Beverage Day</td> <td>20 Be a Millionaire Day</td> </tr> <tr> <td>6 No Diet Day</td> <td>23 Lucky Penny Day</td> </tr> <tr> <td>8 National Teacher's Day</td> <td>25 Tap Dance Day</td> </tr> <tr> <td>8 No Socks Day</td> <td>30 Water a Flower Day</td> </tr> </table>		1 Loyalty Day	9 Lost Sock Memorial Day	2 Baby Day	11 Clean Up Your Room Day	3 World Press Freedom Day	11 Eat What You Want Day	4 Bird Day	11 Military Spouses Day	4 Renewal Day	13 Frog Jumping Day	4 Space Day	16 Love a Tree Day	6 Beverage Day	20 Be a Millionaire Day	6 No Diet Day	23 Lucky Penny Day	8 National Teacher's Day	25 Tap Dance Day	8 No Socks Day	30 Water a Flower Day
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