

August 2018 Cottages Activities Calendar

lic: 197607149/197607155



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Month of August</i></p> <p>Birthstone: Sardonyx (Married Happiness) Flowers: Gladiolus (Alt. Poppy) Colors: Orange and Red</p>	<p>August Days to Note...</p> <p>1 Build a Scarecrow Day 2 I Forgot Day 3 Compliment Your Mirror Day 3 Stay Out of the Sun Day 4 National Country Music Day 5 Work-a-holics Day 6 National Fried Chicken Day 7 Chocolate Day 8 Video Games Day 10 Teddy Bear Picnic Day</p> <p>11 Cheer Up the Lonely Day 13 Embrace Your Geekness Day 13 Friday the 13th 14 Pandemonium Day 15 Be a Dork Day 16 Global Hug Your Kids Day 22 Parent's Day 24 Tell and Old Joke Day 27 Take Your Pants for a Walk Day 30 International Day of Friendship</p>		<p>10:00 Cardio Work Out 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Volleyball Game 3:30 Broadway Musical Annie</p>	<p>Beauty Salon</p> <p>9:30 Painting w/Acrylic 11:30 Crosswords & Puzzles 1:00 Healthy Joints w/Cesar 2:30 Berries & Ice Cream Social 6:00 The Mind Enhancer Vivaldi Four Seasons</p>	<p>3</p> <p>9:30 Walking Club 11:30 Bingo! 1:30 Memory Enhancement w/Mary 2:30 Move w/Music 3:30 "100" Words Game 6:00 Mozart Piano Concert No. 21, K Yeal Eum Son</p>	<p>4</p> <p>9:30 Saddleback Church Services 10:30 Theraband Exercise 1:00 Piano Concert w/Ronnie 2:30 Bingo! 3:30 Karaoke 6:00 Documentary Cutest Animals in the Wild</p>
<p>5</p> <p>9:00 Catholic Mass 10:00 Cardio Workout Club w/Cesar 1:00 Accordion Concert w/Vladimir 2:30 Bingo! 6:00 Laugh TV Adorable babies' reaction Daddy comes home</p>	<p>6</p> <p>9:30 Current Events 10:00 Yoga w/Marlyn 11:30 Word Games 1:30 Memory Brain Fitness w/Mary 4:00 Documentary Blue Planet 6:00 Music for the Soul Chopin: Waltz</p>	<p>Beauty Salon</p> <p>7</p> <p>10:00 Nail Shop and Hands Massage 11:30 Banana Grams 2:00 Move w/Music 3:30 Banana Grams 6:00 Documentary: The Tower of London</p>	<p>8</p> <p>10:00 Theraband Exercise 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 2:30 Cupcake Decoration 3:30 Paws-to-Share Program 6:00 News</p>	<p>Beauty Salon</p> <p>9</p> <p>9:30 Morning Stretches 10:30 Music Appreciation w/Rose-Marie 1:00 Healthy Joints w/Cesar 2:30 Ice Cream Social 6:00 TED Talks: Change Your Mind, Change Your Brain</p>	<p>10</p> <p>10:00 Nature Walk 11:30 Bingo! 1:30 Memory Enhancement Workshop w/Mary 2:30 Sit & Be Fit 3:30 Article Review 4:15 Shabbat Services 6:00 Documentary Movie Funny Cats</p>	<p>11</p> <p>9:30 Saddleback Church Services 10:30 Move with Music 11:30 Article Review 1:00 Classical Piano Concert w/Dallas 2:30 Bingo! 6:00 Evening News</p>
<p>12</p> <p>9:00 Catholic Mass 10:00 Balance Exercise w/Cesar 1:00 Concert w/Yolby 2:30 Bingo! 6:00 Sunday News</p>	<p>13</p> <p>9:30 Current Events 10:00 Yoga w/Marlyn 11:30 Banana Grams 1:30 Memory Brain Fitness w/Mary 4:00 Sing Along 6:00 Documentary Sagrada</p>	<p>Beauty Salon</p> <p>14</p> <p>10:00 Pampered Nails 11:30 Aromatherapy 2:00 Sit and Be Fit 3:30 Words Unscramble 6:00 TED Talks Brain-to-brain communication has arrived. How we did it.</p>	<p>15</p> <p>10:00 Balance Exercise 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Colorific 6:00 Movie Night Adam and Evelyn</p>	<p>Beauty Salon</p> <p>16</p> <p>10:00 Painting w/Acrylics 11:30 Word Games 12:30 Resident Birthday Celebration 1:00 Weight Training Work Out 2:30 Music Around the World w/Nick and Ayame 6:00 LA News</p>	<p>17</p> <p>10:00 Hand in Hand Walking 11:30 Bingo! 1:30 Memory Enhancement Workshop w/Mary 2:30 Chairobics 3:30 Sing Along 4:15 Shabbat Services 6:00 Broadway Musical Annie</p>	<p>18</p> <p>9:30 Saddleback Church Services 10:30 Sit and Be Fit 1:00 Rock-n-Roll w/Greg 2:30 Bingo! 6:00 Movie Night w/Julia Roberts</p>
<p>19</p> <p>9:00 Catholic Mass 10:00 Sit and Be Fit w/Cesar 1:00 Concert w/Ronnie 2:30 Bingo! 6:00 Tchaikovsky Piano Concerto No. 1 by Lang Lang</p>	<p>20</p> <p>9:30 Current Events 10:00 Yoga w/Marlyn 11:30 Article Review 1:30 Memory Brain Fitness w/Mary 4:00 Karaoke 6:00 Evening News</p>	<p>Beauty Salon</p> <p>21</p> <p>10:00 Nail Shop 11:30 Hand Massage 2:00 Chairobics 3:30 Crosswords & Puzzles 6:00 Comedy Night Robin Williams Live on Broadway (New York 2002)</p>	<p>22</p> <p>10:00 Move with Music 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 2:30 Paws-to-Share Program 6:00 Comedy Night with Charlie Chaplin</p>	<p>Beauty Salon</p> <p>23</p> <p>10:00 Painting Acrylics 11:30 Mix & Match Word Game 1:00 Healthy Joints w/Cesar 2:30 Chat & Chew (on the porch) 6:00 Board Games</p>	<p>24</p> <p>10:00 Morning Stroll 11:30 Bingo! 1:30 Memory Enhancement Workshop w/Mary 2:30 Cardio Work Out 3:30 Oldies but Goodies 4:15 Shabbat Services 6:00 Movie Night The Sound of Music</p>	<p>25</p> <p>9:30 Saddleback Church Services 10:00 Oldies but Goodies 1:00 Concert w/Julie 2:30 Bingo! 6:00 Self-Reading Club</p>
<p>26</p> <p>9:00 Catholic Mass 10:00 Sit and Be Fit w/Cesar 1:00 Singing Piano w/Larisa 2:30 Bingo! 6:00 Movie Night Breakfast at Tiffany's</p>	<p>27</p> <p>9:30 Current Events 10:00 Yoga w/Marlyn 11:30 Crosswords & Puzzles 4:00 Oldies but Goodies 6:00 Documentary Happy</p>	<p>Beauty Salon</p> <p>28</p> <p>10:00 Pampered Nails 11:30 Touch Therapy 2:00 Balance Exercise 3:30 You be the Judge 6:00 Documentary The Story of the U.S.</p>	<p>29</p> <p>10:00 Sit and Be Fit 11:30 Bingo! 2:00 Arts and Craft's Corner 3:30 Oldies but Goodies 6:00 LA News</p>	<p>Beauty Salon</p> <p>30</p> <p>10:00 Nature Walk 11:30 Resident/Family Council Meeting 1:00 Healthy Joints w/Cesar 2:30 Reading Club & Discussion 6:00 Ellen DeGeneres Kids who are music prodigies</p>	<p>31</p> <p>10:00 Hand in Hand Walking 11:30 Bingo! 2:30 Sit and Be Fit 3:30 Article Review 4:15 Shabbat Services 6:00 Oprah Winfrey Super Soul Sunday Conversations Adyashanti</p>	<p>SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it</p> <p>This calendar is subject to change.</p>