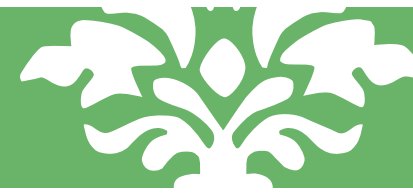


MELROSE GARDENS MENU



August 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade		THE MONTH OF AUGUST IS.. Admit You're Happy Month American Adventures Month Black Business Month Family Fun Month Dog Days of Summer Get Ready for Kindergarten Month Happiness Happens Month International Peace Month MedicAlert Awareness Month National Back to School Month		National Catfish Month National Crayon Collection Month National Eye Exam Month National Golf Month National Immunization Awareness Month National Peach Month National Picnic Month Romance Awareness Month Water Quality Month What Will be Your Legacy Month		1 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup, Corn Beef Sandwich Cabbage, Baked Potato Chips Granola and Fruit Parfait DINNER Split Pea Soup, Blackened Fish Taco Salad Homemade Tartar Sauce Tapioca Pudding		2 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Egg Drop Soup, Grilled Salmon Cucumber Quinoa Salad Almond Cake DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake		3 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Barley Soup, Smokey Grilled Chicken, Pita Flatbread w/Cream Feta Carrot Salad, Fresh 3 Milk Cake DINNER Cream of Spinach Soup, Baked Hawaiian Chicken, Lemon Dill Rice Sautéed Zucchini, Baked Cherry Pie		4 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Wonton Soup, Mediterranean Grilled Shrimp, Brown Rice, Sautéed Brussel Sprouts, Honey Cake DINNER Vegetable Noodle Soup Roast Beef, Fresh Vegetable Medley Garlic Mashed Potatoes Mixed Fruit Salad	
5 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Soup, Hearty Vegetable Lasagna French Bread, Fresh Garden Salad Ice Cream DINNER Butternut Squash Soup, Oven-Roasted Beef Brisket, Garlic Mashed Potatoes Sautéed Green Beans Dark Chocolate Cake		6 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamy Chicken & Rice Soup Gourmet Grilled Cheese Potato Salad, Mixed Fruit Medley Peaches & Cream DINNER Homemade Vegetable Soup Carrot Sweet Potato, Stuffed-Pepper Tzimmes, Fresh Baked Apple Pie		7 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Chicken Pozole Soup, Beef Taquitos Fresh Guacamole, Mixed Green Salad Fresh Banana Bread DINNER Onion Soup, Herb and Garlic Roasted Chicken, Stuffed Baked Potato Sautéed Baby Carrots and Peas Chocolate Chip Cookies		8 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup Grilled Tilapia w/Tarter Sauce Vegetable and Couscous Salad Fresh Banana Bread DINNER Vegetable Bean Soup, Roast Beef Jasmine Rice, Pan Steamed Broccoli Peanut Butter Cake		9 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad Fresh Bread, Red Fruit Compote DINNER Minestrone Soup, Spaghetti w/Meat Balls Fresh Garlic Bread, Sautéed Zucchini Fruit Salad		10 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamy Potato Soup, Baked Mac & Cheese, Fresh Bread, Mixed Garden Salad, Fresh Fruit Medley DINNER Cream of Zucchini Soup BBQ Chicken Breast, Sweet Potato Mixed Vegetable Medley Fresh Peach Cobbler		11 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Matzah Ball Soup, Chollent Fresh Challah Bread, Mixed Garden Salad, Ice Cream Sundae DINNER Creamy Corn Chowder, Curry Chicken noodle Kugel, Sautéed Carrots w/Celery Pineapple Cake	
12 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Italian Sausage Soup, Ricotta Ravioli Fresh Bread, Garden Salad Fruit Salad Medley DINNER Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake		13 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O DINNER Homemade Vegetable, Stuffed Cabbage Jasmine Rice Fresh Baked Apple Pie		14 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cabbage Soup, Chicken Enchiladas Spanish Rice, Pinto Beans Ice Cream DINNER French Onion Soup, Roast Chicken Baked Potato, Baby Carrots and Green Peas, Chocolate Chip Cookies		15 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Cauliflower Soup, Vegetable Pizza, Garden Salad, Assorted Cookies DINNER Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake		16 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad, Fresh Bread, Red Fruit Compote DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Sautéed Zucchini, Fruit Salad		17 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Borsch Soup, Potato Pancakes Apple Sauce, Sour Cream Cottage Cheese, Sweet Cream Puffs DINNER Cream of Potato Soup, Beef Fajitas Flour Tortillas, Pinto Beans Spanish Rice, Churros		18 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Cream of Zucchini Soup Egg & Tuna Pasta Salad, Fresh Bread Garden Salad, Ice Cream Sundae DINNER Cheddar Corn Chowder Grilled Chicken, Steamed Rice Fresh Carrots, Pineapple Cake	
19 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato Bean Soup, Fettuccine Alfredo Garden Salad, Fresh Fruit, Italian Cannoli DINNER Homemade Vegetable Soup Roasted Turkey, Garlic Mashed Potatoes Mixed Vegetable Medley Fresh Baked Rolls, Carrot Cake		20 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamed Carrot Soup Gourmet Tuna Melt Sandwich Garden Salad, Potato Chips Ice Cream with Berries DINNER Cream of Broccoli, Chicken Marinara Roasted Potatoes, Green Beans Fresh Baked Bread Chocolate Chip Cookies		21 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Soup, Beef Empanadas Mixed Beet Salad, Churros DINNER Cream of Mushroom Soup Salisbury Steak, Brown Rice Mixed Veggies, Fresh Bread Pineapple Cake		22 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Gourmet Cheddar, Ham & Cheese Sandwich, Carrot Salad, Potato Chips Fresh Fruit Medley DINNER Split Pea Soup, Chicken Marsala Penne Pasta Salad, Yellow Squash Garlic Bread, Sweet Bread Pudding		23 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes LUNCH Cream of Potato Soup, Chef Salad Fresh Rolls, Fruit Medley Sugar Cake Cookies DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Caesar Salad Chocolate Mouse Cake		24 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Navy Bean Soup, Vegetable Lasagna Fresh Bread, Green Salad Ice Cream DINNER Cream of Spinach Soup Baked Salmon, Lemon Dill Rice Zucchini, Fresh Rolls, Apple Pie		25 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes HAWAIIAN LUAU CELEBRATION DINNER Chicken Soup, Roasted Chicken Mixed Vegetables, Rainbow Pasta Fresh Bread, New York Style Cheesecake	
26 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Minestrone Soup, Grilled Chicken Garden Salad, Fresh Bread Cream Puffs DINNER Green Pea Soup Roasted Chicken w/Mushrooms Brown Rice, Vegetable Medley Apple Pie		27 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Fish Stew, Grilled Salmon Green Salad Fresh Bread Chocolate Chip Cookies DINNER Hearty Vegetable and Beef Rice Soup Salisbury Steak, Garlic Mashed Potatoes Brussel Sprouts, Jell-O		28 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup, Gourmet Cheeseburger, Coleslaw, French Fries Watermelon Sorbet DINNER Won Ton Soup Orange Chicken, Jasmine Rice, Steamed Broccoli, Almond Cookie & Sorbet		29 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Chicken Noodle Soup Crispy Spinach Potato Fritters Cottage Cheese, Apple Sauce Chocolate Vanilla Marble Cake DINNER Clam Chowder Soup, Breaded Tilapia Couscous, Mushroom, Zucchini & Eggplant Medley, Ice Cream		30 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Garden Soup, Turkey & Brie Baguette Old Fashioned Potato Salad Fresh Brownies DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake		31 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Cauliflower Soup Spinach & Cheese Manicotti Garlic Bread, Green Salad Ice Cream DINNER Egg Drop Soup, Chicken Chow Mein Sautéed Japanese Vegetables Oatmeal Cookies		MENU ALTERNATIVES Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon	

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

WE PREPARE OUR MENU WITH NO ADDED SALTS OR SUGARS.

Menu subject to change.

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