



A Message from the Executive Director



Now that we've reached the half-way point of summer, what better way to cap it off but with our annual Hawaiian Luau? Did you know that [Hawaii actually became our 50th state](#) on August 21st in 1959? That's another reason why August is the perfect month to feature this Polynesian celebration. Our entertainment will include an exciting fire dance, so be sure to invite your family and friends to this exciting Hawaiian cultural event!

We are thrilled to also point out that the Jewish Family Service of Los Angeles has very generously agreed to continue sponsoring their Arthritis Foundation Workshop in August!

This program helps to reduce your stiffness and pain that so often accompanies arthritis. These classes will be available on Mondays at 10:30 a.m. and Wednesdays at 10:00 a.m. So help keep your joints flexible, increase your muscle strength, bump up your energy and sleep better and attend these free classes!

In the evening on August 14th at 6:00 p.m., we'll be featuring a TED Talk entitled "[Brain-to-brain communication has arrived. How we did it](#)" by Miguel Nicolelis that I'd encourage you to watch. It's about a young man named Juliano Pinto who was paralyzed, and has not felt anything from his mid-chest to the tips of his toes after having survived a car crash. Juliano accomplished the unbelievable. He delivered the opening kick for the 2014 Brazilian World Soccer Cup by just thinking. The story of how he did this just goes to show what you can accomplish through thought and dreams. And let us not forget that August is also the month when Martin Luther King Jr. gave his famous "I have a dream speech", delivered on August 28, 1963. His dream is also slowly becoming a reality.

So enjoy your summer, and while doing so, be sure to keep cool, drink your water, wear sun screen and a hat when outdoors!

Keep thinking and dreaming ~ Eli Goldman

What's Inside...

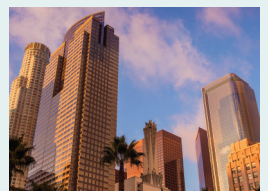
Hawaiian Luau



The Favorite Game of Bingo!



Around the Town



Resident Council Meetings





Please be sure to attend our **Special Music Concerts & Events** in August.

8/04	Piano Concert w/Ronnie	2:00 p.m.
8/05	Accordion Concert w/Vladimir	2:00 p.m.
8/11	Classical Piano Concert w/Dallas	2:00 p.m.
8/12	Concert w/Yolly	2:00 p.m.
8/16	Music Around the World w/Nick & Ayeme	3:30 p.m.
8/18	Rock-n-Roll w/Greg	2:00 p.m.
8/19	Concert w/Ronnie	2:00 p.m.
8/25	Hawaiian Luau w/Dawn	2:00 p.m.
8/26	Singing Piano Concert w/Larysa	2:00 p.m.
8/30	Comedy Show w/Jackie Lawrence	3:30 p.m.



RESIDENT SPOTLIGHT

Claire Aitabile

Claire was born in Brooklyn, New York to Jenny and Pasqual Corregio. She came from a large family, having grown up with three sisters: Mary, Helen, and Josephine; and two brothers: Pasqual and Nicolas. Claire's

husband was also named Pasqual, and she began dating him at the early age of 17. Her father soon prohibited Claire from dating him due to her young age and asked her to wait five years. Five years went by, and Claire received a phone call from Pasqual asking her out, and they began dating again, this time with her mother and father's approval. They were eventually married. Claire and Pasqual have one daughter, Clarine, a granddaughter, Danielle, and a grandson.

Claire went to business college, and later worked as a personal secretary for a fire insurance company. Claire lived a very active life and enjoyed ice skating, horseback riding, golf, swimming and diving. Her secret to youth is to "stay happy, and enjoy every moment of life."



Resident Birthdays

Celebrate on Thursday, August 16 at 1:00 p.m.

Melrose Gardens

- Barbara Gilden 8/02
- Ann Sterling 8/04

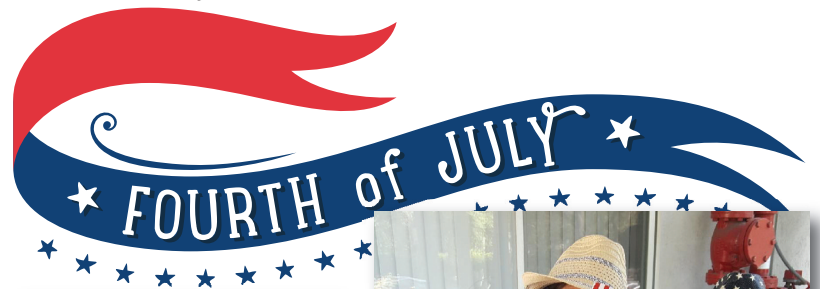
The Cottages

- Ronnye Bishop 8/04
- Aura Barraza 8/28

Religious Services and Study

- Catholic Mass - Sundays at 9:00 a.m.
- Shabbat Services - Fridays at 4:15 p.m.
- Church Services - Saturdays at 10:00 a.m.

4th of July Photo Memories



Willene Cyre



Jean and Denny Poole with their daughter.



Friday, August 3

Touring Downtown Los Angeles

There's never a dull moment when touring downtown Los Angeles with all its hustle and bustle, and its varying areas. Filled with interesting historical buildings that are a century or more old, to the latest skyscraper or architectural masterpiece, there's always something to see on a drive like this.



Friday, August 17

Plummer Park in the summertime

This West Hollywood park is the perfect place to visit in the summer time. Built in 1870, the park was designated a State Historic Landmark by the state of California in 1956.



BINGING ON BINGO!

Our Melrose Gardens residents love to play Bingo! They'd play it every day if they could. This game of chance is challenging, competitive, and most importantly, when you win, you get stuff! Yes, our winners get a fun prize for their efforts. It could be a snack, something small but useful for the house, or a trinket, it all just helps to make the game all the more exciting. One thing is for certain, when residents are playing Bingo, you'll know where to find them, because the room is full of energy as residents are laughing, yelling, and shouting out "Bingo!"

Bingo typically uses random numbers on a tile that the player tries to match when the game host randomly draws that number out of a container or a turning ball cage. When there is a holiday, we'll switch it up and offer a themed Bingo game featuring words in celebration of the special time or day. Join in the fun and excitement of a Bingo tournament. You'll find there are plenty of opportunities to!



PAINTING USING *Acrylics with Kira*

Many of our residents who have never painted previously, have sat down with Kira and produced some of the most lovely paintings. Painting with acrylics gives residents an artistic opportunity to express themselves using colors. Painting with a group encourages the development of social, psychological, cognitive skills and coordination. Come discover for yourself how easy and enjoyable it can be to work with acrylics. Whether this is just an opportunity to put brush to canvas, or a chance to reflect your feelings and life experiences through art, we are sure you'll enjoy this artistic activity.



EMPLOYEE SPOTLIGHT

Xiomara Linares

KITCHEN

Xiomara Linares has been employed with Melrose Gardens for 11 years, since the company was established. Cooking is her passion, so it fits that she is one of our cooks here. All residents enjoy her “Spaghetti & Meatballs Thursdays” and her unforgettable blueberry cake and seven layers cookies! She says: “I am not only cooking food, I am passing my love to my residents. When I see residents eat with smile, they are putting smile on my face and it gives me the highest satisfaction of my job”

We know Xiomara as wonderful caring single mother of two beautiful daughters, Stephany, who is 19 years old and attending UCLA, Law Major; and Maryam, who is 15 years old and still a high school student.

Xiomara says that it was challenging to raise kids by herself, sometimes she was in the role of mother, and sometimes in the role of father. Other obstacles often got in her way, but it always made her just stronger and more motivated to make better life for her daughters. Xiomara shared that very special person in her life is her sister, Lorena. Lorena is her “Mom” and sister, friend and also her direct supervisor at work. Everything that Xiomara achieved in her life is because of Lorena.

Xiomara loves dance, reading poetry and family gathering. Her statement in life is that “Life is Love.”

LUAU

Saturday, August 25
12:00 p.m.

Enjoy a Hawaiian-themed lunch to be followed by an exciting Luau Celebration at 2:00 p.m. complete with tropical dancers, Hawaiian food including ham and chicken BBQ, Hawaiian pizza, tropical fruits and juices, and delicious tropical-themed desserts.

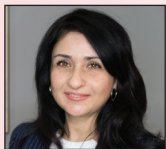
Introducing... Our Staff



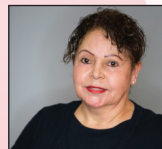
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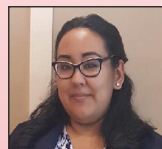
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