

MELROSE GARDENS MENU



December 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>New Year's Eve</i> BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Minestrone Soup, Grilled Chicken Garden Salad, Fresh Bread, Cream Puffs DINNER Green Pea Soup, Roasted Chicken w/Mushrooms, Brown Rice Vegetable Medley, Apple Pie	MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.	SOUPS Sunday Cream of Broccoli Monday Vegetable Tuesday Split Pea Wednesday Lentil Thursday Cream of Tomato Friday Clam Chowder Saturday Beef Barley	BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade MENU ALTERNATIVES	Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon	1 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Butter-nut Squash Soup Gourmet Grilled Cheese, Fresh Orange Slices w/Honey & Cinnamon Tiramisu Cake DINNER Green Pea Soup Beef Broccoli, Jasmine Rice Fresh Baked Sugar Cookies	2 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Lentil Soup, Fresh Chili Cornbread, Classic Chopped Salad Red Velvet Cake DINNER Corn Chowder, BBQ Chicken Bake Sweet Potato Vegetable Medley, Jell-O
3 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato & Cannellini, Bean Soup Pastrami Sandwich, Green Salad Fresh Bread, Fruit Medley DINNER Homemade Vegetable Soup Spinach Ricotta Stuffed Chicken Breast Garlic Mashed Potatoes, Fresh Vegetable Medley, Carrot Cake	4 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Carrot Soup, Old Fashioned Turkey Wrap Potato Salad, Ice Cream DINNER Cream of Broccoli Soup, Grilled Cilantro Lime Chicken, Garlic Roasted Potatoes Sautéed Green Beans Fresh Chocolate Cookies	5 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable & Shrimp Soup Cherry Crepes w/Fresh Whipped Cream Mixed Green Salad Sweet Bread Pudding DINNER Lentil Soup, Old-Fashioned Beef Stew Jasmine Rice Yellow Cake w/Fresh Berries	6 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup, Corn Beef Sandwich Cabbage, Baked Potato Chips Granola and Fruit Parfait DINNER Split Pea Soup, Blackened Fish Taco Salad, Homemade Tatar Sauce Tapioca Pudding	7 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Egg Drop Soup, Grilled Salmon Cucumber Quinoa Salad Almond Cake DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake	8 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Barley Soup, Smokey Grilled Chicken, Pita Flatbread w/Cream Feta Carrot Salad, Fresh 3 Milk Cake DINNER Cream of Spinach Soup, Baked Hawaiian Chicken, Lemon Dill Rice Sautéed Zucchini, Baked Cherry Pie	9 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Wonton Soup, Mediterranean Grilled Shrimp, Brown Rice, Sautéed Brussel Sprouts, Honey Cake DINNER Vegetable Noodle Soup Roast Beef, Fresh Vegetable Medley Garlic Mashed Potatoes Mixed Fruit Salad
10 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lenti Soup, Hearty Vegetable Lasagna French Bread, Fresh Garden Salad Ice Cream DINNER Butternut Squash Soup, Oven-Roasted Beef Brisket, Garlic Mashed Potatoes Sautéed Green Beans Dark Chocolate Cake	11 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamy Chicken & Rice Soup Gourmet Grilled Cheese Potato Salad, Mixed Fruit Medley Peaches & Cream DINNER Homemade Vegetable Soup Carrot Sweet Potato, Stuffed-Pepper Tzimmes, Fresh Baked Apple Pie	12 <i>Hanukkah (begins at sundown)</i> BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Chicken Pozole Soup, Beef Taquitos Fresh Guacamole, Mixed Green Salad Fresh Banana Bread DINNER Onion Soup, Herb and Garlic Roasted Chicken, Stuffed Baked Potato Sautéed Baby Carrots and Peas Chocolate Chip Cookies	13 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup Grilled Tilapia w/Tarter Sauce Vegetable and Couscous Salad Fresh Banana Bread DINNER Vegetable Bean Soup, Roast Beef Jasmine Rice, Pan Steamed Broccoli Peanut Butter Cake	14 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad Fresh Bread, Red Fruit Compote DINNER Minestrone Soup, Spaghetti w/Meat Balls Fresh Garlic Bread, Sautéed Zucchini Fruit Salad	15 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamy Potato Soup, Baked Mac & Cheese, Fresh Bread, Mixed Garden Salad, Fresh Fruit Medley DINNER Cream of Zucchini Soup BBQ Chicken Breast, Sweet Potato Mixed Vegetable Medley Fresh Peach Cobbler	16 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Matzah Ball Soup, Chollent Fresh Challah Bread, Mixed Garden Salad, Ice Cream Sundae DINNER Creamy Corn Chowder, Curry Chicken noodle Kugel, Sautéed Carrots w/Celery Pineapple Cake
17 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Italian Sausage Soup, Ricotta Ravioli Fresh Bread, Garden Salad Fruit Salad Medley DINNER Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake	18 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O DINNER Homemade Vegetable, Stuffed Cabbage Jasmine Rice Fresh Baked Apple Pie	19 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cabbage Soup, Chicken Enchiladas Spanish Rice, Pinto Beans Ice Cream DINNER French Onion Soup, Roast Chicken Baked Potato, Baby Carrots and Green Peas, Chocolate Chip Cookies	20 <i>Hanukkah (ends at sundown)</i> BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Cauliflower Soup, Vegetable Pizza, Garden Salad, Assorted Cookies DINNER Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake	21 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Chicken Rice Soup, Teriyaki Chicken Japanese Vegetables, Jasmine Rice Fortune Cookies DINNER Minestrone Soup, Spaghetti w/Meatballs Grilled Zucchini, Fresh Garlic Bread Fruit Salad Medley	22 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Borsch Soup, Potato Pancakes Apple Sauce, Sour Cream Cottage Cheese, Sweet Cream Puffs DINNER Cream of Potato Soup, Beef Fajitas Flour Tortillas, Pinto Beans Spanish Rice, Churros	23 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Cream of Zucchini Soup Egg & Tuna Pasta Salad, Fresh Bread Garden Salad, Ice Cream Sundae DINNER Cheddar Corn Chowder Grilled Chicken, Steamed Rice Fresh Carrots, Pineapple Cake
24 <i>Christmas Eve</i> BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato Bean Soup, Fettuccine Alfredo Garden Salad, Fresh Fruit, Italian Cannoli DINNER Homemade Vegetable Soup Roasted Turkey, Garlic Mashed Potatoes Mixed Vegetable Medley Fresh Baked Rolls, Carrot Cake	25 <i>Christmas</i> BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes HOLIDAY LUNCHEON Creamy Butternut Squash Soup Grilled New York Steak Garlic Mashed Potatoes Sautéed Vegetables Double-Layer Pumpkin Cheesecake DINNER Cream of Broccoli, Chicken Marinara Roasted Potatoes, Green Beans Fresh Baked Bread Chocolate Chip Cookies	26 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Soup, Beef Empanadas Mixed Beet Salad, Churros DINNER Cream of Mushroom Soup Salisbury Steak, Brown Rice Mixed Veggies, Fresh Bread Pineapple Cake	27 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Gourmet Cheddar, Ham & Cheese Sandwich, Carrot Salad, Potato Chips Fresh Fruit Medley DINNER Split Pea Soup, Chicken Marsala Penne Pasta Salad, Yellow Squash Garlic Bread, Sweet Bread Pudding	28 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes LUNCH Cream of Potato Soup, Chef Salad Fresh Rolls, Fruit Medley Sugar Cake Cookies DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Caesar Salad Chocolate Mouse Cake	29 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Navy Bean Soup, Vegetable Lasagna Fresh Bread, Green Salad Ice Cream DINNER Cream of Spinach Soup Baked Salmon, Lemon Dill Rice Zucchini, Fresh Rolls, Apple Pie	30 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH French Onion Soup, Italian Salami Sandwiches, Homemade Coleslaw Baked Potato Chips, Jell-O DINNER Chicken Soup, Roasted Chicken Mixed Vegetables, Rainbow Pasta Fresh Bread, New York Style Cheesecake

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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