## MELROSE GARDENS CALENDAR



## June 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
"The air is like a butterfly with frail blue wings, the happy Earth looks at the sky and sings." - Joyce Kilmer	tather's DAY	JUNE DAYS TO NOTE  1 Say Something Nice Day 2 Hug Your Cat Day 4 Cheese Day 5 World Environment Day 6 National Yo-Yo Day 7 Global Running Day 8 World Oceans Day 14 Family History Day 15 World Wide Day of Giving	17 World Juggling Day 18 National Splurge Day 19 Juneteenth 19 World Sauntering Day 21 National Peaches and Cream Day 22 Stupid Guy Thing Day 24 Celebration of the Senses Day 25 National Forgiveness Day 29 National Handshake Day	10:00 Words Unscramble 11:00 Healthy Joints w/Cesar (by Arthritis Foundation) 2:00 Art Class w/Kira 3:30 Ice Cream Social 6:00 Movie	Trader Joes, The Grove and W.Hollywood Library Shuttle  10:00 TheraBand Exercise 11:30 Bingo! 2:00 Crafts Corner 4:15 Shabbat Service 6:00 LA News	10:00 Saddleback Church Service 11:30 Cardio Exercise 2:00 Concert w/Ronnie 3:30 Movie & Popcorn 6:00 Documentary Movie
9:00 Catholic Mass 10:00 Walking Club 2:00 Piano Concert w/Dallas 3:30 Bingo! 6:00 Comedy Club	10:00 Healthy Joints w/Cesar (by Arthritis Foundation) 11:30 Banana Grams 2:30 Memory Brain Fitness w/Mary (TV Room) 4:00 Discovery Channel 6:00 CNN	10:00 Sunrise Yoga 11:30 Touch Therapy 2:00 Fancy Nails 3:30 Crosswords & Puzzles 6:00 Movie Night	10:00 Zumba Gold 11:30 Music Bingo! 2:30 Memory Brain Bootcamp w/Mary (TV Room) 2:30 Color Therapy (LR) 4:00 Berry Social 6:30 Cards Game	9:30 Nature Walk 11:30 Music Appreciation w/Rose-Marie 2:00 Healthy Joints w/Cesar (by Arthritis Foundation) 3:30 Art Class w/ Kira 6:00 Evening News	Trader Joes, The Grove and W.Hollywood Library Shuttle  10:00 Chairobic 11:30 Bingo! 2:00 Baking w/Kira & Ana 4:15 Shabbat Service 6:00 "I Love Lucy" Show	10:00 Saddleback Church Service 11:30 Balance Exercise 2:00 Concert w/Yolly 3:30 Afternooon Walk 6:00 Uno
9:00 Catholic Mass 10:00 Nature Walk 2:00 Violin Concert w/Yasha 3:30 Bingo! 6:00 Sunday News	9:00 Healthy Joints w/Cesar (by Arthritis Foundation) 11:30 Questions & Answers w/Management 2:30 Memory Brain Fitness w/Mary (TV Room) 4:00 Broadcast Concert 6:00 Movie	10:00 Sunrise Yoga 11:30 Angels Touch 2:00 Pampered Nails 3:30 Words Searches 6:00 Evening News	10:00 Zumba Gold 11:30 Bingo! 2:30 Memory Brain Bootcamp w/Mary (TV Room) 2:00 Colorofic! (LR) 4:00 Smoothie Social 6:00 CNN	10:00 Poinsettia Stroll 11:00 Healthy Joints w/Cesar (by Arthritis Foundation) 1:00 Resident Birthday Party 2:00 You be the Judge! 3:30 Music Around the World 6:00 Movie Night	Trader Joes, The Grove and W.Hollywood Library Shuttle  10:00 Cardio Exercise 11:30 Bingo! 2:00 Craft's Corner 4:15 Shabbat Service 6:00 TV Show	10:00 Saddleback Church Service 11:30 Morning Stretches 2:00 Guitar Concert w/David 3:30 Walk it Up! 6:00 News
Tather's Day  10:00 Poinsettia Stroll 12:30 Father's Day Luncheon 2:00 Father's Day Concert w/Larisa & Mete Tasin 4:00 Tea & Cookies Social 6:00 Movie Night	10:00 Healthy Joints w/Cesar (by Arthritis Foundation) 11:30 Article Review 2:30 Memory Brain Fitness w/Mary (TV Room) 4:00 National Geographic Chanel 6:00 Reader's Club	Summer Begins  10:00 Sunrise Yoga 11:30 Hand Massages 1:00 Nails Art 3:30 Crosswords & Puzzles 6:00 Comedy Night	10:00 Zumba Gold 11:30 Bingo! 2:30 Memory Brain Bootcamp w/Mary (TV Room) 2:30 Color Fun! (LR) 4:00 Root Beer Float Social 6:00 Movie	9:30 Walking Up! 11:00 Healthy Joints w/Cesar (by Arthritis Foundation) 2:00 Painting w/Kira 3:30 Sing Along 6:00 News	Trader Joes, The Grove and W.Hollywood Library Shuttle  10:00 TheraBand Exercise 11:30 Bingo! 2:00 Cooking Fun 4:15 Shabbat Service 6:00 Movie	10:00 Saddleback Church Service 11:30 Sing Along 2:00 Concert w/Michael 4:15 Movie & Popcorn 6:00 Cards Game
9:00 Catholic Mass 10:00 Healthy Joints w/Cesar 11:30 Sign Along 2:00 Concert with Irby 3:30 Movie & Popcorn 6:00 News	10:00 Healthy Joints w/Cesar (by Arthritis Foundation) 11:30 Mixed Up Category 2:30 Memory Brain Fitness w/Mary (TV Room) 4:00 "AFV" Show 6:00 Movie	10:00 Sunrise Yoga 11:30 Touch Therapy 2:00 Fancy Nails 3:30 Words Category 6:00 LA News	10:00 Zumba Gold 11:30 Bingo! 2:30 Memory Brain Bootcamp w/Mary (TV Room) 2:30 Art Therapy (LR) 4:00 Ice Cream Social 6:00 Reader's Club	9:30 Morning Stroll 11:00 Healthy Joints w/Cesar (by Arthritis Foundation) 2:00 Resident/Family Council Meeting 3:30 Music & Comedy w/Jack Lawrence 6:00 Movie	Trader Joes, The Grove and W.Hollywood Library Shuttle  10:00 Sit & Be Fit 11:30 Music Bingo! 3:00 Sound Healing by Jahranzeh 4:15 Shabbat Service 6:00 Evening News	BEAUTICIAN VISITS Every Tuesday and Thursday  DOCTOR APPOINTMENTS are available as needed Monday - Friday  SNACKS  After every scheduled activity and at 8:00 p.m. for those who wish it

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.

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