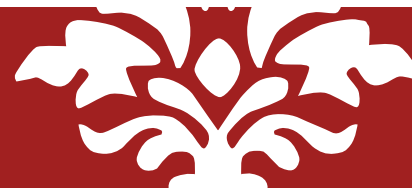


# MELROSE GARDENS MENU



# July 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> <u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream of Carrot Soup Pesta Chicken Pasta, Garden Salad Fresh Bread, Ice Cream <u>DINNER</u> Lentil Soup, Fried Chicken Mashed Potatoes, Green Beans Fresh Rolls, Chocolate Cake	<b>31</b> <u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Chicken Rice Soup Grilled Cheese Sandwich Potato Salad, Sliced Fruit Oatmeal Cookies <u>DINNER</u> Vegetable Soup, Stuffed Pepper Trimmies, Fresh Bread, Apple Pie	<b>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</b>	<u>SOUPS</u> Sunday Cream of Broccoli Monday Vegetable Tuesday Split Pea Wednesday Lentil Thursday Cream of Tomato Friday Clam Chowder Saturday Beef Barley	<u>BEVERAGES</u> <b>Breakfast</b> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Coffee - Hot Tea Water - Ice Tea Lemonade	<u>MENU ALTERNATIVES</u> Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon	<b>1</b> <u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes <u>LUNCH</u> Matzah Ball Soup Challah Bread <u>DINNER</u> Corn Chowder Soup Curry Chicken, Noodle Kugel Fresh Carrots, Fresh Rolls Pineapple Cake
<b>2</b> <u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream Mushroom Soup Hamburger, Coleslaw Potato Chips, Banana Split <u>DINNER</u> Chicken Rice Soup, Stuffed Chicken Baked Sweet Potato Blueberry Cake	<b>3</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Spinach Soup, Tuna Patty Jasmin Rice, Steamed Vegetables Banana Cake <u>DINNER</u> Cauliflower Soup Beef Empanadas, Potato Salad Fresh Vegetables, Sugar Cookies	<b>4</b> <i>Independence Day</i> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Beef Vegetable Soup Chicken Salad, Green Salad Fresh Bread, Fresh Fruit <u>DINNER</u> Four Bean Soup, Roast Turkey Mashed Potato, Green Beans Cranberry Sauce, Yellow Cake	<b>5</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Lentil Soup, Corn Beef Sandwich Cabbage & Carrots Chocolate Chip Cookies <u>DINNER</u> Carrot Soup, Hot Dogs Coleslaw, Potato Chips Churros	<b>6</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Tomato Soup Egg and Tuna Salad, Fresh Salad Bread, Marble Cake <u>DINNER</u> Cream of Mushroom Soup Shrimp Scampi, Rotilli Baked Zucchini, Tomato, Peach Pie	<b>7</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Butter Squash Soup Grilled Cheese Sandwich Spinach Salad, Ice Cream Sunday <u>DINNER</u> Beans & Vegetable Soup Beef Stew, White Rice, Broccoli Jell-O	<b>8</b> <u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes <u>LUNCH</u> Broccoli Soup, Grilled Salmon, Rice Fresh Vegetables, Oatmeal Cookies <u>DINNER</u> Cream Potato Soup Fried Chicken, Mashed Potato Mixed Veggies, Cheesecake
<b>9</b> <u>BREAKFAST</u> Bagel, Eggs any style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Tomato Bean Soup Vegetable Quiche Green Salad, Fresh Fruit Italian Cannoli <u>DINNER</u> Vegetable Soup Roasted Beef, Mashed Potato Mixed Veggies, Sugar Cookies	<b>10</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Carrot Soup, Tuna Melt Sandwich Garden Salad, Ice Cream <u>DINNER</u> Broccoli Soup, Chicken Marinara Roasted Potatoes, Green Beans Fresh Bread Chocolate Chip Cookies	<b>11</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Lentil Soup Beef Empanadas, Fresh Bread Green Salad, Churros <u>DINNER</u> Mushroom Soup Salisbury Steak, Rice, Mixed Veggies Pineapple Cake	<b>12</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Barley Soup Ham & Cheese Sandwich, Carrot Salad Potato Chips, Assorted Cookies <u>DINNER</u> Split Pea Soup, Chicken Marsala Pasta Salad, Yellow Squash Bread Pudding	<b>13</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Potato Soup Chef Salad, Fresh Rolls Fresh Fruit, Jell-O <u>DINNER</u> Minestrone Soup Spaghetti w/Meatballs, Caesar Salad Garlic Bread, Chocolate Mousse Cake	<b>14</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Navy Bean Soup Vegetables Lasagna Green Salad, Fresh Bread Ice Cream <u>DINNER</u> Spinach Soup, Baked Salmon Rice with Dill, Zucchini, Apple Pie	<b>15</b> <u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes <u>LUNCH</u> French Onion Soup, Hot Dogs, Coleslaw Potato Chips, Jell-O <u>DINNER</u> Chicken Soup Lemon Herb Chicken, Fresh Vegetables Sweet Potato Pie, Fruit Salad
<b>16</b> <u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Lentil Soup, Beef Lasagna Italian Green Salad, Fresh Fruit Salad <u>DINNER</u> Chicken Vegetable Soup Chicken Cacciatore, Angel Hair Pasta Buttered Peas & Carrots, Jell-O	<b>17</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Zucchini Squash Soup Beef Quesadillas, Salad, Ice Cream <u>DINNER</u> Split Pea Soup, Roasted Chicken Mashed Potatoes, Green Beans Pumpkin Cake	<b>18</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Posole Soup, Cauliflower, Patty, Rice Tomato Sauce, Coconut Cake <u>DINNER</u> Vegetable & Bean Soup Shepherd's Pie, Green Beans Brownies	<b>19</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream of Potato Soup Chicken Cobb Salad, Fresh Bread Oatmeal Raisin Cookies <u>DINNER</u> Clam Chowder Soup Breaded Tilapia, Roasted Potatoes Fresh Carrots, Lemon Bars	<b>20</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Butter Squash Soup Blintzes, Sour Cream Apple Sauce, Coffee Cake <u>DINNER</u> Spinach Soup Spaghetti & Meatballs Chocolate Chip Cookies	<b>21</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream of Mushroom Soup Salmon Salad Sandwich Baby Spinach Salad Chocolate Cake <u>DINNER</u> Vegetable Soup, Lemon Herb Chicken Fresh Carrots, Potatoes Banana Cake	<b>22</b> <u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes <u>LUNCH</u> Tomato Soup Garden Salad with Tuna Fresh Roll, Peaches and Cream <u>DINNER</u> Cream of Carrots Soup BBQ Chicken, Sweet Potato Mixed Vegetables Apple Crisp
<b>23</b> <u>BREAKFAST</u> Bagel, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Italian Soup, Ravioli Bread, Salad <u>DINNER</u> Lentil Soup BBQ Ribs, Mashed Potato Green Beans, Chocolate Cake	<b>24</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream of Broccoli Soup Stuffed Potato, Fruit Slices Green Salad, Jello <u>DINNER</u> Vegetable Soup Stuffed Cabbage, Rice Apple Pie	<b>25</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cabbage Soup, Chicken Enchiladas Brown Rice, Beans Ice Cream <u>DINNER</u> French Onion Soup, Roast Chicken Baked Potato, Baby Carrots Chocolate Chip Cookies	<b>26</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Cream of Cauliflower Soup Vegetable Pizza, Garden Salad Assorted Cookies <u>DINNER</u> Egg Drop Soup Teriyaki Chicken, Japanese Vegetables Rice, Oatmeal Cookies	<b>27</b> <u>BREAKFAST</u> French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Egg Drop Soup, Teriyaki Chicken Japanese Vegetables, Rice Oatmeal Cookies <u>DINNER</u> Minestrone Soup, Spaghetti w/Meatballs Garlic Bread, Zucchini Fruit Salad	<b>28</b> <u>BREAKFAST</u> Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Borsch Soup, Potato Pancake Apple Sauce, Sour Cream Cottage Cheese, Sugar Cookies <u>DINNER</u> Potato Soup, Chicken Fajitas Flour Tortillas, Pinto Beans Churros	<b>29</b> <u>BREAKFAST</u> Eggs Benedict, Cold Cereal Fresh Fruit, Prunes <u>LUNCH</u> Zucchini Soup, Egg & Tuna Salad Fresh Bread, Garden Salad Ice Cream Sundae <u>DINNER</u> Corn Chowder Soup Grilled Chicken Steamed Rice, Fresh Carrots Pineapple Cake

**DINING HOURS** Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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