

MELROSE GARDENS MENU



June 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</p>	<p>SOUPS</p> <p>Sunday Cream of Broccoli Monday Vegetable Tuesday Split Pea Wednesday Lentil Thursday Cream of Tomato Friday Clam Chowder Saturday Beef Barley</p>	<p>BEVERAGES</p> <p>Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p> <p>MENU ALTERNATIVES</p>	<p>Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon</p>	<p>1</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Mushroom Bread Soup, Eggplant Patty Garden Salad, Fresh Bread Fruit Compote</p> <p>DINNER Minestrone Soup, Spaghetti w/Meatballs Garlic Bread, Zucchini Fruit Salad</p>	<p>2</p> <p>BREAKFAST Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Beef Taquitos, Guacamole Tortilla Chips Green Salad, Flan</p> <p>DINNER Zucchini Souop, BBQ Chicken Fresh Bread, Garden Salad Mixed Veggies, Peach Cobbler</p>	<p>3</p> <p>BREAKFAST Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Matzah Ball Soup Challah Bread</p> <p>DINNER Corn Chowder Soup Curry Chicken, Noodle Kugel Fresh Carrots, Fresh Rolls Pineapple Cake</p>
<p>4</p> <p>BREAKFAST Bagel , Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream Mushroom Soup Hamburger, Coleslaw Potato Chips, Banana Split</p> <p>DINNER Chicken Rice Soup, Stuffed Chicken Baked Sweet Potato Blueberry Cake</p>	<p>5</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Spinach Soup, Tuna Patty Jasmin Rice, Steamed Vegetables Banana Cake</p> <p>DINNER Cauliflower Soup Beef Empanadas, Potato Salad Fresh Vegetables, Sugar Cookies</p>	<p>6</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Beef Vegetable Soup Chicken Salad, Green Salad Fresh Bread, Fresh Fruit</p> <p>DINNER Four Bean Soup Roast Turkey, Mashed Potato Green Beans, Cranberry Sauce Yellow Cake</p>	<p>7</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup, Corn Beef Sandwich Cabbage & Carrots Chocolate Chip Cookies</p> <p>DINNER Carrot Soup, Hot Dogs Coleslaw, Potato Chips Churros</p>	<p>8</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Tomato Soup Egg and Tuna Salad, Fresh Salad Bread, Marble Cake</p> <p>DINNER Cream of Mushroom Soup Shrimp Scampi, Rotilli Baked Zucchini, Tomato, Peach Pie</p>	<p>9</p> <p>BREAKFAST Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Butter Squash Soup Grilled Cheese Sandwich Spinach Salad, Ice Cream Sunday</p> <p>DINNER Beans & Vegetable Soup Beef Stew, White Rice, Broccoli Jell-O</p>	<p>10</p> <p>BREAKFAST Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Broccoli Soup, Grilled Salmon, Rice Fresh Vegetables, Oatmeal Cookies</p> <p>DINNER Cream Potato Soup Fried Chicken, Mashed Potato Mixed Veggies, Cheesecake</p>
<p>11</p> <p>BREAKFAST Bagel , Eggs any style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Tomato Bean Soup Vegetable Quiche Green Salad, Fresh Fruit Italian Cannoli</p> <p>DINNER Vegetable Soup Roasted Beef, Mashed Potato Mixed Veggies, Sugar Cookies</p>	<p>12</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Carrot Soup, Tuna Melt Sandwich Garden Salad, Ice Cream</p> <p>DINNER Broccoli Soup, Chicken Marinara Roasted Potatoes, Green Beans Fresh Bread Chocolate Chip Cookies</p>	<p>13</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup Beef Empanadas , Fresh Bread Green Salad, Churros</p> <p>DINNER Mushroom Soup Salisbury Steak, Rice, Mixed Veggies Pineapple Cake</p>	<p>14 <i>National Flag Day</i></p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Barley Soup Ham & Cheese Sandwich, Carrot Salad Potato Chips, Assorted Cookies</p> <p>DINNER Split Pea Soup, Chicken Marsala Pasta Salad, Yellow Squash Bread Pudding</p>	<p>15</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Potato Soup Chef Salad, Fresh Rolls Fresh Fruit, Jell-O</p> <p>DINNER Minestrone Soup Spaghetti w/Meatballs, Caesar Salad Garlic Bread, Chocolate Mousse Cake</p>	<p>16</p> <p>BREAKFAST Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Navy Bean Soup Vegetables Lasagna Green Salad, Fresh Bread Ice Cream</p> <p>DINNER Spinach Soup, Baked Salmon Rice with Dill, Zucchini, Apple Pie</p>	<p>17</p> <p>BREAKFAST Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH French Onion Soup, Hot Dogs, Coleslaw Potato Chips, Jell-O</p> <p>DINNER Chicken Soup Lemon Herb Chicken, Fresh Vegetables Sweet Potato Pie, Fruit Salad</p>
<p>18 <i>Father's Day</i></p> <p>BREAKFAST Bagel , Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>FATHER'S DAY CELEBRATION BBQ</p> <p>DINNER Chicken Vegetable Soup Chicken Catatorie Angel Hair Pasta Buttered Peas & Carrots, Jell-O</p>	<p>19</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Zucchini Squash Soup Beef Quesadillas, Salad, Ice Cream</p> <p>DINNER Split Pea Soup, Roasted Chicken Mashed Potatoes, Green Beans Pumpkin Cake</p>	<p>20 <i>Summer Begins</i></p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Posole Soup, Cauliflower, Patty, Rice Tomato Sauce, Coconut Cake</p> <p>DINNER Vegetable & Bean Soup Shepherd's Pie, Green Beans Brownies</p>	<p>21</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Potato Soup Chicken Cobb Salad, Fresh Bread Oatmeal Raisin Cookies</p> <p>DINNER Clam Chowder Soup Breaded Tilapia, Roasted Potatoes Fresh Carrots, Lemon Bars</p>	<p>22</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Butter Squash Soup Blintzes, Sour Cream Apple Sauce, Coffee Cake</p> <p>DINNER Spinach Soup Spaghetti & Meatballs Chocolate Chip Cookies</p>	<p>23</p> <p>BREAKFAST Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Mushroom Soup Salmon Salad Sandwich Baby Spinach Salad Chocolate Cake</p> <p>DINNER Vegetable Soup, Lemon Herb Chicken Fresh Carrots, Potatoes Banana Cake</p>	<p>24</p> <p>BREAKFAST Eggs Benedict, Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Tomato Soup Garden Salad with Tuna Fresh Roll, Peaches and Cream</p> <p>DINNER Cream of Carrots Soup BBQ Chicken, Sweet Potato Mixed Vegetables Apple Crisp</p>
<p>25</p> <p>BREAKFAST Bagel , Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Carrot Soup Pesto Chicken Pasta, Garden Salad Fresh Bread, Ice Cream</p> <p>DINNER Lentil Soup Fried Chicken Mashed Potatoes Green Beans, Chocolate Cake</p>	<p>26</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Chicken Rice Soup Grilled Cheese Sandwich, Potato Salad Sliced Fruit, Peaches & Cream</p> <p>DINNER Vegetable Soup, Stuffed Pepper Tzimmes, Apple Pie</p>	<p>27</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Posole Soup, Beef Taquitos Guacamole, Green Salad, Flan</p> <p>DINNER Fresh Onion Soup, Roast Chicken Baked Potato, Baby Carrots & Peas Chocolate Chip Cookies</p>	<p>28</p> <p>BREAKFAST Pancakes, Eggs any Style Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup, Grilled Tilapia Tarter Sauce, Fresh Vegetables Couscous Salad, Banana Bread</p> <p>DINNER Bean Soup, Roast Beef Rice, Steamed Broccoli Peanut Butter Cake</p>	<p>29</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Mushroom Bread Soup, Eggplant Patty Garden Salad, Fresh Bread Fruit Compote</p> <p>DINNER Minestrone Soup, Spaghetti w/Meatballs Garlic Bread, Zucchini Fruit Salad</p>	<p>30</p> <p>BREAKFAST Pancakes, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Beef Taquitos, Guacamole Tortilla Chips Green Salad, Flan</p> <p>DINNER Zucchini Souop, BBQ Chicken Fresh Bread, Garden Salad Mixed Veggies, Peach Cobbler</p>	<p>Dad!</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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