



# July 2017 Cottages Activities Calendar

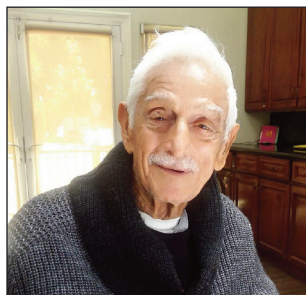
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> Catholic Mass Walking Club Sing Along <b>Show w/Mike &amp; Mandy</b> Bingo! Documentary Movie	<b>31</b> Yoga w/Marlyne Words Game <b>Memory Brain Fitness</b> w/Mary Oldies But Goodies Evening News	<b>The month of July is</b> Anti-boredom Month Celebrating Patriotism Celebrating Summer Fun Month Family Reunion Month Fireworks Safety Months National Baked Beans Month National Blueberries Month National Culinary Arts Month	National Grilling Month National Hot Dog Month National Ice Cream Month National Make a Difference to Children Month National Parks & Recreation Month National Peach Month National Pickle Month National Watermelon Month	<b>Month of July</b> Birthstone: Ruby (Contentment) Flowers: Larkspur (Alt. Water Lily) Colors: Green and Russet	<b>SNACKS</b> <b>After every scheduled activity and at 8:00 p.m. for those who wish it</b>	Saddleback Church Services Walking Club <b>Piano Concert w/Dallas</b> Sit & Be Fit Sing Along LA News
<b>2</b> Catholic Mass Sunday Walk Sing Along <b>Concert w/Yolly</b> Bingo! CNN	<b>3</b> Yoga w/Marlyne EZ Puzzles <b>Memory Brain Fitness</b> w/Mary Indoor/Outdoor Walking Club Sing Along Comedy Night	<b>Beauty Salon</b> <b>Independence Day</b> 10:00 4th of July Stroll 11:30 Discussion: 4th of July 12:30 4th of July BBQ 2:00 Independence Day Concert w/Julie 3:30 Root Beer Float Social 6:00 News	<b>5</b> Morning Stretches Bingo <b>Nurturing Soul:</b> <b>Parenting Hour</b> Parachute Game Documentary Movie	<b>6</b> You Be the Judge Balance Exercise <b>Art Class w/Yolly</b> July IQ Documentary Movie	<b>7</b> Mind Crunch w/Mary Bingo! Craft's Corner Ball Toss Game Evening News	<b>8</b> Saddleback Church Services Walk it Up! <b>Concert w/Katrina</b> (Harp) Theraband Exercise Sing Along Uno
<b>9</b> Catholic Mass Poinsetta Stroll Banana Grams <b>Violin Concert</b> w/Yasha Bingo! Movie Night	<b>10</b> Yoga w/Marlyne Banana Grams <b>Memory Brain Fitness</b> w/Mary Self-Reading Club CNN	<b>Beauty Salon</b> Sit & Be Fit Bingo! <b>Nurturing Soul:</b> <b>Parenting Hour</b> Making Fruit Bowl & Fruit Ball Social Oldies But Goodies CNN	<b>12</b> Hand in Hand Walking <b>Music Appreciation</b> w/Rose Marie Color Therapy Parachute Game Crosswords & Puzzles Evening Broadcast Concert	<b>13</b> Nature Walk Words Unscramble <b>Resident Birthday Celebration in</b> <b>Dining Room</b> Parachute Game <b>Music Around the World w/Nick &amp; Ayeme</b> Movie Night	<b>14</b> Mind & Body Crunch w/Mary Bingo Creative Zone <b>Outdoor Social &amp; Discussion</b> Movie Night	<b>15</b> Saddleback Church Services Poinsetta Stroll <b>Piano Concert</b> w/Mathew Chairbobs Oldies But Goodies News
<b>16</b> Nature Walk Oldies But Goodies <b>Singing Piano w/Larysa</b> Bingo! Evening News	<b>17</b> Yoga w/Marlyne "100" Words Games <b>Memory Brain Fitness</b> w/Mary Sing Along Cards Game	<b>Beauty Salon</b> Morning Stroll Angel's Touch <b>Fancy Nails</b> Words Unscramble Sing Along Evening News	<b>19</b> Theraband Exercise Bingo! <b>Nurturing Soul:</b> <b>Parenting Hour</b> Cranium Crunches Sing Along Classical Movie	<b>20</b> Poinsetta Stroll Bingo! Article Review Music Around the World Sing Along Uno Game	<b>21</b> Mind & Body Crunch w/Mary Bingo! Art and Craft's Corner Ice Cream Social News	<b>22</b> Saddleback Church Services Sit & Be Fit <b>Violin Concert</b> w/Yasha Movie & Popcorn Sing Along Classical Movie
<b>23</b> Catholic Mass Poinsetta Stroll Words Game <b>Concert w/Irby</b> Bingo! Los Angeles News	<b>24</b> Yoga w/Marlyne Let's Puzzle! <b>Memory Brain Fitness</b> w/Mary Discovery Channel Your Favorite Movie	<b>Beauty Salon</b> Poinsetta Stroll Hand Massage & Reflexology <b>Nail Art</b> Crosswords & Puzzles Sing Along Documentary Movie	<b>26</b> Balance Exercise Bingo! <b>Nurturing Soul:</b> <b>Parenting Hour</b> Puzzles Fun Sing Along Cards Game	<b>27</b> Walking Club <b>Resident/Family Council Meeting</b> <b>Art Class w/Yolly</b> Banana Grams Sing Along Comedy Night	<b>28</b> Mind & Body Crunch w/Mary Bingo! Walking Club <b>Sound Healing</b> w/Jahrazhen Sing Along CNN	<b>29</b> Saddleback Church Services Morning Walk <b>Guitar Concert</b> w/Michael Quest Balance Exercise Sing Along Saturday Night Movie

# Around Your Community ...

## Our New Residents



**Dorothy de  
Coningh**



**Nick V. Giordano**



**Fumie Ire**



**Melvin Kifer**

**Not Pictured:  
Patricia Irving**



*Lovely artwork by our  
residents.*

## Nurturing Soul



### Nurturing Soul: Parenting Hour

This new program has been implemented for residents living in The Cottages. This program is useful in helping our memory care residents regain a sense of responsibility, caring and structure in their lives.

## Get to Know Your Furry Friends - Pet Partners



**Welcome**

**to Our Family!**

**A Tea & Cookie  
Social**

**Friday, July 7  
at 2:00 p.m.**

Welcome our new residents at this special get-together we've got planned. This event is also presents an opportunity for residents to share the unforgettable moments in their lives with other residents.

