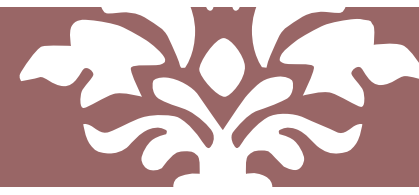


MELROSE GARDENS CALENDAR



October 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Catholic Mass 10:00 Sunday Walk 2:00 Spanish Guitar Concert w/Stan 3:30 Bingo! 6:00 Evening News	2 9:30 Farmers Market Trip (Outing) 10:30 Banana Grams 2:30 Brain Fitness w/Mary 4:00 Sing Along 6:00 TED Talk Topic: ?	3 10:00 Current Events 10:15 Sunrise Yoga 11:30 Touch Therapy 2:00 Fancy Nails 4:00 Crosswords & Puzzles 6:00 News	4 <i>Sukkot (begins at sundown)</i> 10:00 Walking Club 11:30 Bingo 2:30 Brain Memory Bootcamp w/Mary Sukkot Services 4:15 Oprah Winfrey 6:00 The Story of Her Life	5 Banking & Shopping 10 -12 10:00 Art Class w/Kira 11:30 Banana Grams 2:00 Healthy Joints w/Cesar 3:30 Chat & Chew Social Hour 6:00 Movie Night	6 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Cardio Work Out 11:30 Bingo! 2:00 Walking Club 3:30 You Be the Judge 4:15 Shabbat Services 6:00 Evening Show The Mothers-in-Law Show	7 10:00 Saddleback Church Services 11:30 Morning Stretches 2:00 Piano Recital w/Dallas 3:30 Movie & Popcorn 6:00 Classical Concert Tchaikovsky, Symphony #6
8 9:00 Catholic Mass 10:00 Poinsettia Stroll 2:00 Violin Concert w/Yasha 3:30 Bingo! 6:00 Movie Night on YouTube Somebody Loves Me	9 9:30 Plummer Park (Outing) 10:30 Word Games 2:30 Brain Fitness w/Mary 4:00 Word Unscramble 6:00 Comedy Night The Jackpot (1950) (YouTube)	10 10:00 Current Events 10:15 Sunrise Yoga 11:30 Hand Massage 2:00 Pampered Nails 4:00 Documentary Movie The Cutest Animals, Episode 1 6:00 Show Night on YouTube Dr. Phil Show	11 <i>Sukkot (ends at sundown)</i> 10:00 Brain Memory Bootcamp w/Mary 11:30 Bingo 2:30 Oktoberfest w/Katrina 6:00 Movie Night on YouTube Arrivederci, Baby!	12 Banking & Shopping 10 -12 10:00 October IQ 11:30 Music Appreciation w/Rose-Marie 2:00 Healthy Joints w/Cesar 3:30 Tea & Cookies Social 6:00 TED Talk The Power of Believe Mindset & Success	13 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Painting w/Acrylic 11:30 Bingo! 2:00 Balance Exercise 3:30 Word Searches 4:15 Shabbat Services 6:00 Evening Movie on YouTube Second Time Around Starring Debbie Reynolds	14 10:00 Saddleback Church Services 11:30 Cardio Work Out 2:00 Harp Performance w/Katrina 3:30 Bingo! 6:00 Evening TV Show I Love Lucy
15 9:00 Catholic Mass 11:30 Nature Walk 2:00 Classical Piano Concert w/Larysa 3:30 Bingo! 6:00 Evening Concert on DVD El Divo	16 9:30 Farmers Market Trip (Outing) 10:30 Banana Grams 2:30 Brain Fitness w/Mary 4:00 October IQ 6:00 Documentary London	17 10:00 Current Events 10:15 Sunrise Yoga 11:30 Angel's Touch 2:00 Nail Art 4:00 Crosswords & Puzzles 6:00 Interview on Charlie Rose (2003) with Clint Eastwood	18 10:00 Nature Walk 11:30 Bingo 1:00 Resident Birthdays! 2:30 Brain Memory Bootcamp w/Mary 2:30 Cooking Fun 4:00 Banana Grams 6:00 Evening News on CNN	19 Banking & Shopping 10 -12 10:00 Painting w/Kira 11:30 Unscramble! 2:00 Healthy Joints w/Cesar 3:30 Music Around the World w/Nick & Ayeme 6:00 Evening News	20 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Chairiobics 11:30 Bingo! 2:00 Nature Walk 3:30 100 Words Game 4:15 Shabbat Services 6:00 Evening Movie on DVD Maid in Manhattan	21 10:00 Saddleback Church Services 11:30 Theraband Exercise 2:00 Guitar Concert w/John Dustler 3:30 Movie & Popcorn 6:00 Evening Show on YouTube The Donna Reed Show
22 9:00 Catholic Mass 11:30 Walking Club 2:00 Rock-N-Roll Concert w/Irby 3:30 Bingo! 6:00 Evening TV Concert Classical Music for Relaxation: Mozart	23 9:30 Scenic Drive w/Abe (Outing) 10:30 Sit & Be Fit 2:30 Brain Fitness w/Mary 4:00 Word Searches 6:00 Movie Night The Trouble with Hurry	24 10:00 Current Events 10:15 Sunrise Yoga 11:30 Aromatherapy & Relaxation 2:00 Fancy Nails 4:00 Reading Club 6:00 Evening Movie Rock a Bye Baby	25 10:00 Walk It Up! 11:30 Bingo 2:30 Brain Memory Bootcamp w/Mary 2:30 Halloween Cookie Baking 4:00 Crosswords & Puzzles 6:00 Evening TV Show I Love Lucy	26 Banking & Shopping 10 -12 10:00 Color Therapy 11:30 Crosswords & Puzzles 2:00 Healthy Joints w/Cesar 3:30 Comedy Show w/Jackie Lawrence 6:00 Oprah Winfrey Show	27 Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Sit & Be Fit 11:30 Bingo! 2:00 Resident/Family Council Meeting 3:30 Banana Grams 4:15 Shabbat Services 6:00 Classical Music Johan Strauss	28 10:00 Saddleback Church Services 11:30 Move w/Music 2:00 Vocal Performance w/Julie 3:30 Bingo! 6:00 Documentary on Netflix Happiness
29 10:00 Catholic Mass 11:30 Hand in Hand Walking 2:00 Vocal Performance w/Yolly 3:30 Bingo! 6:00 Classical Comedy Charlie Chaplin	30 9:30 Plummer Park Trip (Outing) 10:30 Balance Exercise 11:30 Banana Grams 2:30 Brain Fitness w/Mary 4:00 Netflix Show The Cutest Animals, Episode 2 6:00 LA News	31 <i>Halloween</i> 10:30 Mike & Mandy Halloween Show 3:30 Costume Parade & Social 6:00 Halloween Parade on TV	"Halloween is an opportunity to be really creative." - Judy Gold	OCTOBER DAYS TO NOTE... 3 Look at the Leaves Day 5 World Teacher's Day 5 Do Something Nice Day 6 Mad Hatter Day 7 National Diversity Day 8 Face Your Fears Day 9 Curious Events Day 9 National Chess Day 11 Remember Forever Day 12 National Stop Bullying Day 13 Friday the 13th 15 National Poetry Day 16 Learn a Word Day 17 Wear Something Gaudy Day 20 Information Overload Day 22 Make a Difference Day 24 United Nations Day 30 Mischief Night 31 National Magic Day		BEAUTICIAN VISITS Every Tuesday and Thursday DOCTOR APPOINTMENTS are available as needed Monday - Friday SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.
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