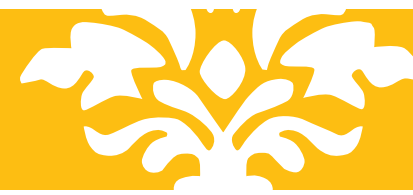


MELROSE GARDENS MENU



November 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>SOUPS</p> <p>Sunday Cream of Broccoli Monday Vegetable Tuesday Split Pea Wednesday Lentil Thursday Cream of Tomato Friday Clam Chowder Saturday Beef Barley</p>	<p>BEVERAGES</p> <p>Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon</p>	<p>1 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup, Grilled Tilapia Tartar Sauce, Vegetables and Couscous Salad, Fresh Banana Bread</p> <p>DINNER Vegetable Bean Soup, Roast Beef, Jasmine Rice, Pan Steamed Broccoli Peanut Butter Cake</p>	<p>2 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad, Fresh Bread Red Fruit Compote</p> <p>DINNER Minestrone Soup, Spaghetti w/Meat Sauce, Zucchini Fresh Garlic Bread, Fruit Salad</p>	<p>3 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Creamy Potato Soup Baked Mac & Cheese, Fresh Bread Mixed Garden Salad, Fresh Fruit Medley</p> <p>DINNER Cream Zucchini Soup, BBQ Chicken Sweet Potato, Mixed Veggies Peach Cobbler</p>	<p>4 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Matzah Ball Soup Chollent, Challah Bread Garden Salad, Ice cream Sundae</p> <p>DINNER Corn Chowder Soup Curry Chicken, Noodle Kugel Fresh Carrots, Pineapple Cake</p>
<p>5 <i>Daylight Saving Time Ends</i></p> <p>BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Italian Sausage Soup, Ricotta Ravioli Fresh Bread, Garden Salad Fruit Salad Medley</p> <p>DINNER Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake</p>	<p>6 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O</p> <p>DINNER Homemade Vegetable Soup Stuffed Cabbage, Jasmine Rice Fresh Baked Apple Pie</p>	<p>7 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cabbage Soup, chicken Enchiladas Spanish Rice, Pinto Beans, Ice Cream</p> <p>DINNER French Onion Soup Roast Chicken, Baked Potato Baby Carrots and Green Peas Chocolate Chip Cookies</p>	<p>8 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Cauliflower Soup Vegetable Pizza, Garden Salad Assorted Cookies</p> <p>DINNER Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake</p>	<p>9 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Chicken Rice Soup Teriyaki Chicken, Japanese Vegetables Jasmine Rice, Fortune Cookies</p> <p>DINNER Minestrone Soup Spaghetti w/Meatballs, Grilled Zucchini Fresh Garlic Bread, Fruit Salad Medley</p>	<p>10 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Borsch Soup, Potato Pancakes Apple Sauce, Sour Cream Cottage Cheese, Sweet Cream Puffs</p> <p>DINNER Cream of Potato Soup, Beef Fajitas Flour Tortillas, Pinto Beans Spanish Rice, Churros</p>	<p>11 <i>Veteran's Day</i></p> <p>BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Cream of Zucchini Soup, Egg & Tuna Pasta Salad, Fresh Bread, Garden Salad Ice Cream Sundae</p> <p>DINNER Cheddar Corn Chowder Grilled Chicken, Steamed Rice Fresh Carrots, Pineapple Cake</p>
<p>12 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Tomato Bean Soup Fettuccine Alfredo, Garden Salad Fresh Fruit, Italian Cannoli</p> <p>DINNER Homemade Vegetable Soup Roasted Turkey, Garlic Mashed Potato Mixed Vegetable Medley Fresh Baked Rolls, Carrot Cake</p>	<p>13 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Creamed Carrot Soup Gourmet Tuna Melt Sandwich Garden Salad, Potato Chips Ice Cream with Berries</p> <p>DINNER Cream of Broccoli Soup Chicken Marinara, Roasted Potatoes Green Beans, Fresh Baked Bread Chocolate Chip Cookies</p>	<p>14 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup Beef Empanadas, Mixed Beet Salad Churros</p> <p>DINNER Cream of Mushroom Soup Salisbury Steak, Brown Rice Mixed Veggies, Fresh Bread Pineapple Cake</p>	<p>15 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Barley Soup, Gourmet Cheddar Ham and Cheese Sandwich, Carrot Salad Potato Chips, Fresh Fruit Medley</p> <p>DINNER Split Pea Soup, Garlic Bread Chicken Marsala, Penne Pasta Salad Yellow Squash, Sweet Bread Pudding</p>	<p>16 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Potato Soup, Chef's Salad Fresh Rolls, Fruit Medley</p> <p>DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>17 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Navy Bean Soup Vegetable Lasagna, Fresh Bread Green Salad, Ice Cream</p> <p>DINNER Cream of Spinach Soup Baked Salmon, Lemon Dill Rice Zucchini, Fresh Rolls, Apple Pie</p>	<p>18 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH French Onion Soup, Italian Salami Sandwich, Homemade Coleslaw Baked Potato Chips, Jell-O</p> <p>DINNER Chicken Soup, Roasted Chicken Mixed Vegetables, Rainbow Pasta Fresh Bread, New York Style Cheesecake</p>
<p>19 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Minestrone Soup Grilled Chicken, Garden Salad Fresh Bread, Cream Puffs</p> <p>DINNER Green Pea Soup, Roasted Chicken w/Mushrooms, Brown Rice, Vegetable Medley, Apple Pie</p>	<p>20 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Fish Stew, Grilled Salmon, Green Salad Fresh Bread, Chocolate Chip Cookies</p> <p>DINNER Hearty Vegetable & Beef Rice Soup Salisbury Steak, Garlic Mashed Potatoes Brussel Sprouts, Jell-o</p>	<p>21 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup, Gourmet Cheeseburger, Coleslaw, French Fries Watermelon Sorbet</p> <p>DINNER Won Ton Soup, Orange Chicken Jasmine Rice, Steamed Broccoli Almond Cookie & Sorbet</p>	<p>22 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Chicken Noodle Soup Crispy Spinach-Potato Fritters Cottage Cheese, Apple Sauce</p> <p>DINNER Clam Chowder Soup, Breaded Tilapia Couscous, Mushroom, Zucchini & Eggplant Medley, Ice Cream</p>	<p>23 <i>Thanksgiving</i></p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>THANKSGIVING LUNCHEON Creamy Butternut Squash Soup Turkey, Ham, Mashed Potatoes Cranberry Sauce, Green Beans, Stuffing Homemade Pumpkin Pie</p> <p>DINNER Minestrone Soup, Spaghetti w/Meatballs Caesar Salad, Garlic Bread Chocolate Mousse Cake</p>	<p>24 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Cauliflower Soup Spinach & Cheese Manicotti Garlic Bread, Green Salad, Ice Cream</p> <p>DINNER Egg Drop Soup, Chicken Chow Mein Sautéed Japanese Vegetables Oatmeal Cookies</p>	<p>25 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Cream of Carrot Soup Chicken Cobb Salad, Fresh Bread Yellow Cake w/Fresh Berries</p> <p>DINNER Cabbage-Vegetable Soup Hawaiian-Pineapple Chicken Jasmine Rice, Sautéed Zucchini Cheesecake w/Fresh Berries</p>
<p>26 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Mushroom Soup, California-Style Turkey Sandwich, Macaroni Salad Ice Cream Sundae</p> <p>DINNER Vegetable Red Bean Soup Roast Beef, Garlic Mashed Potatoes Sautéed Zucchini & Peppers Fresh Chocolate Cookies</p>	<p>27 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Spinach Soup Tuna Croquettes, Jasmine Rice Steamed Vegetables Medley Fresh Mixed Fruit</p> <p>DINNER Cream of Cauliflower Soup, Creamy Curry Chicken, Roasted Green Beans Stuffed Baked Potato, Baked Apples</p>	<p>28 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Beef Vegetable Soup, Crispy Pork Carnitas, Spanish Rice Crepes w/Raspberry Sauce</p> <p>DINNER Cabbage Potato Soup, Baked Chicken Breast, White Wine & Mushroom Garlic Sauce, Sautéed Vegetable Medley Chocolate Cake</p>	<p>28 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Oriental Vegetable Soup, Mongolian Beef w/Stir-Fried Vegetables, Jasmine Rice Almond Cookies and Sorbet</p> <p>DINNER Cream of Tomato Soup, Breaded Tilapia Garlic Roasted Potatoes Fresh Sautéed Carrots, Lemon Squares</p>	<p>29 BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Fresh Vegetable Soup, Chicken Salad Sandwich, Mixed Green Bean & Cherry Tomato Salad, Banana Split</p> <p>DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Sautéed Zucchini Vanilla Sponge Cake</p>	<p>30 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Butter-nut Squash Soup Gourmet Grilled Cheese, Fresh Orange Slices w/Honey & Cinnamon Tiramisu Cake</p> <p>DINNER Green Pea Soup Beef Broccoli, Jasmine Rice Fresh Baked Sugar Cookies</p>	<p>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.
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