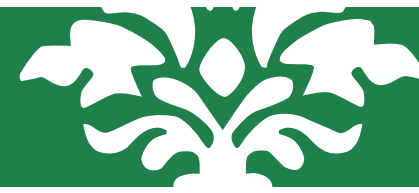


# MELROSE GARDENS CALENDAR



# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> 9:00 Catholic Mass 10:00 Energized Stretching 10:30 Snack 11:00 Hot Money Game 1:30 Bingo 2:00 Magic Show by Magic Monday 3:30 Sand Ball Toss 6:00 Movie Matinee <i>The Umbrella Academy</i>	"March is a month of expectation." ~ Emily Dickenson HAPPY <b>St. Patrick's DAY</b>	<b>MARCH DAYS TO NOTE...</b> 01 Employee Appreciation Day 03 Caregiver Appreciation Day 05 Mardi Gras / Fat Tuesday 08 International (Working) Women's Day 10 Middle Name Pride Day 12 Girl Scouts Day 12 Plant a Flower Day 13 Jewel Day 14 Learn About Butterflies Day 14 National Pi Day 15 Dumbstruck Day 16 National Quilting Day 20 International Earth Day 20 Spring Equinox begins 21 Fragrance Day 23 Near Miss Day 30 I am in Control Day 30 National Doctor's Day 30 Take a Walk in the Park Day	<b>BEAUTICIAN VISITS</b> Every Tuesday and Thursday  <b>DOCTOR APPOINTMENTS</b> are available as needed Monday - Friday  <b>SNACKS</b> After every scheduled activity and at 8:00 p.m. for those who wish it	<b>1</b> Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Balance & Coordination 10:30 Snack 11:00 Bingo 2:00 Nail Shop 3:00 Snack 3:30 Balloon Volleyball 4:15 Shabbat Service 6:00 Friday Night Movie <i>As Good As It Gets</i>	<b>2</b> 9:45 Energized Stretching 10:00 Saddleback Church Services 10:30 Snack 11:30 Rob Your Neighbor for Prizes! 2:00 Serenading Guitar w/David Kaufman 3:00 Snack 4:00 Painting by Numbers 6:00 Docuseries <i>Planet Earth</i>	
<b>3</b> 9:00 Catholic Mass 10:00 Chair Dance w/Dawn 10:30 Snack 11:00 Teambuilding Activity 1:30 Bingo 3:00 Snack 4:30 Capture Everything 6:00 Movie Matinee <i>Julia and Julia</i>	<b>4</b> 10:00 Chair Yoga w/Marlyne 10:30 Snack 11:00 Guess That Slogan! 1:30 Drumming w/Drum 2 Learn 2:30 Brain Fitness w/Mary 3:00 Snack 3:30 Table Hockey 6:00 Netflix Series <i>Grace &amp; Frankie</i>	<b>5</b> <b>Beauty Shop</b> <i>Mardi Gras/Fat Tuesday</i> 10:00 Chair Zumba 10:30 Snack 11:00 Bingo 1:30 Mardi Gras Party w/Nick & Ayame 3:00 Snack 4:15 Family Feud 6:00 Netflix Movie <i>Medici the Magnificent</i>	<b>6</b> <i>Ash Wednesday</i> <b>Healthy Joints w/Cesar</b> 10:00 Snack 10:45 Healthy Joints w/Cesar 11:00 Paper Flowers Making 1:30 Bingo 2:15 Dice War Game 3:00 Snack 4:15 Corn Hole 6:00 Netflix Series <i>The Kominsky Method</i>	<b>7</b> <b>Banking &amp; Shopping 10 -12</b> 10:00 Muscle Sculpting 10:30 Snack 11:00 Bingo 3:00 Ice Cream Social 4:00 Women's Tea Time w/Yolly Red Hat Society Men's Club / Men Who Built America - Video & Discussion 6:00 Docuseries <i>Roosevelts</i>	<b>8</b> Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Stretch Circuit 10:30 Snack 11:00 Bingo 2:00 Pampered Nails 3:00 Snack 4:15 Shabbat Service 6:00 Friday Night Movie <i>Becoming Jane</i>	<b>9</b> 10:00 Saddleback Church Services 10:30 Snack 11:30 Bingo 2:00 Sinatra Swing w/Mark Rosen 3:00 Snack 4:00 Active Games 6:00 Docuseries <i>The Blue Planet</i>
<b>10</b> <i>Daylight Savings Begins</i> 9:00 Catholic Mass 10:00 St. Patrick's Day Word Scrabble 10:30 Snack 11:00 Bingo 2:30 Broom Ball Game 3:00 Snack 4:00 Ping-Pong Basketball 6:00 Movie Matinee <i>Secondhand Lions</i>	<b>11</b> 10:00 Move to the Music 10:30 Snack 11:00 Bingo 2:30 Brain Fitness w/Mary 3:00 Snack 3:30 St. Patrick's Pictionary 6:00 Netflix Series <i>Grace &amp; Frankie</i>	<b>12</b> <b>Beauty Shop</b> 10:00 Tai Chi (You Tube) 10:30 Snack 11:00 Dodgeball Activity Direct Challenge 2:00 Bingo 3:00 Snack 4:00 Sing-Along 6:00 Netflix Movie <i>West Side Story</i>	<b>13</b> <b>Healthy Joints w/Cesar</b> 10:00 Snack 10:30 Healthy Joints w/Cesar 11:00 Retail Estate Shout Game 2:30 Indoor Baseball 3:00 Snack 4:00 Memory Workout 6:00 Netflix Series <i>The Kominsky Method</i>	<b>14</b> <b>Banking &amp; Shopping 10 -12</b> 10:00 Lower Leg Blast 10:30 Snack 11:00 Earth Watercolor 2:30 Shamrock Happy Hour w/Neil 3:00 Snack 3:45 Golf Putting Practice 6:00 Docuseries <i>Roosevelt</i>	<b>15</b> Trader Joes, The Grove and W.Hollywood Library Shuttle 9:45 Superstitions Quiz 10:00 Chair Yoga 10:30 Snack 11:00 Balloon Hockey 2:30 Nail Shop 3:00 Snack 4:15 Shabbat Service 6:00 Friday Night Movie <i>Agatha and the Truth of Murder</i>	<b>16</b> 10:00 Saddleback Church Services 10:30 Snack 11:00 Darts 2:00 R&B Classics w/Danni Shannon 3:00 Snack 3:30 Active Games 6:00 Docuseries <i>Microcosmos</i>
<b>17</b> <i>St Patrick's Day</i> 9:00 Catholic Mass 10:00 Cardio Blast 10:30 Snack 11:00 Bingo 2:30 Celtic Irish Children's Dance & Party 3:00 Snack 4:00 Fishing Challenge 6:00 Movie Matinee <i>The Siege of Jadotville</i>	<b>18</b> 10:00 Weight Training 10:30 Snack 11:00 Bingo 2:30 Brain Fitness w/Mary 3:00 Snack 4:00 Pitfall Game 6:00 Movie Matinee <i>Edward Scissorhands</i>	<b>19</b> <b>Beauty Shop</b> 10:00 Morning Exercise 10:30 Snack 11:00 Bingo 2:30 Clay Leaf Bowls 3:00 Snack 3:30 Name That Fruit 6:00 Netflix Movie <i>Mowgli</i>	<b>20</b> <i>Purim (begins at sundown)</i> <b>Healthy Joints w/Cesar</b> 10:00 Snack 10:30 Healthy Joints w/Cesar 11:00 Bingo 2:00 Purim Jewelry Craft 3:00 Chocolate Filled Hamantaschen 4:00 Brain Fitness 6:00 Netflix Series <i>The Kominsky Method</i>	<b>21</b> <b>Banking &amp; Shopping 10 -12</b> <i>Purim (ends at sundown)</i> 10:00 Chair Tai Chi 10:30 Snack 11:00 Bingo 1:30 Wii Sports Bowling 3:00 March Birthday Celebrations! 4:00 Sing-Along 6:00 DocuMovie <i>Maya Angelou - Still I Rise</i>	<b>22</b> Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Therapeutic Ball Exercise 10:30 Snack 11:00 Bingo 2:30 Nail Shop 3:00 Snack 4:15 Shabbat Service 6:00 Friday Night Movie <i>Incredibles 2</i>	<b>23</b> 10:00 Saddleback Church Services 10:30 Snack 11:30 Bingo 2:00 Rock 'n' Roll W/Greg 3:00 Snack 4:00 Active Games 6:00 Docuseries <i>Planet Earth</i>
<b>24</b> 9:00 Catholic Mass 10:00 Chair Yoga 10:30 Snack 11:00 Bingo 2:30 Acrylic Flower Painting 3:00 Snack 4:00 Trivia 6:00 Movie Matinee <i>Lion</i>	<b>25</b> 10:00 Muscle Sculpting - Upper Body 10:30 Snack 11:00 Bingo 2:30 Chocolate Bar Shuffle 3:00 Snack 4:00 Ball Drop Game 6:00 Movie Matinee <i>Ever After, a Cinderella Story</i>	<b>26</b> <b>Beauty Shop</b> 10:00 Stretch Circuit 10:30 Snack 11:00 Bingo 2:00 Table Soccer 3:00 Snack 4:00 Popular Science Discussion 6:00 Netflix Movie <i>Jersey Boys</i>	<b>27</b> <b>Healthy Joints w/Cesar</b> 10:00 Snack 10:30 Healthy Joints w/Cesar 11:00 Block Printing Making Art Class 2:00 Bingo 3:00 Snack 4:00 Card Game Called 7's 6:00 Netflix Series <i>The Kominsky Method</i>	<b>28</b> <b>Banking &amp; Shopping 10 -12</b> 10:00 Chair Zumba 10:30 Snack 11:30 Bingo 2:30 Indoor Soccer 3:00 Snack 3:30 Women's Club (Red Hat Society) w/Yolly Men's Club / Men Who Built America - Video & Discussion 6:00 Docuseries <i>Roosevelt</i>	<b>29</b> Trader Joes, The Grove and W.Hollywood Library Shuttle 10:00 Low Impact Chair Exercise 10:30 Snack 11:00 Who, What, When! 11:30 Basketball Challenge 12:00 Digital Hangman 2:00 Nail Shop 3:00 Snack 4:15 Shabbat Service 6:00 Friday Night Movie <i>Master In-Law</i>	<b>30</b> 10:00 Saddleback Church Services 10:30 Snack 11:30 Bingo 2:00 Guitar Concert w/Michael Quest 3:00 Snack 4:00 Current Events 6:00 Docuseries <i>Planet Earth</i>

**DINING HOURS** Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.  
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