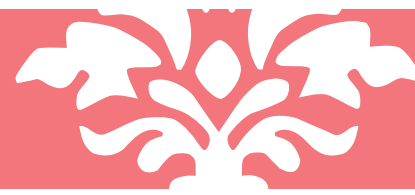




# MELROSE GARDENS CALENDAR



# May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“Motherhood: all love begins and ends there.”</p>  <p>~ Robert Browning</p>	<p><b>MAY DAYS TO NOTE...</b></p> <p>01 May Day 02 National Day of Reason 03 National Space Day 04 Bird Day 05 National Lemonade Day 07 Teacher Appreciation Day 11 Eat What You Want Day 11 Twilight Zone Day 12 National Limerick Day 13 Frog Jumping Day</p>	<p>14 Dance Like a Chicken Day 16 Do Something Good For Your Neighbor Day 17 Pizza Party Day 20 Be A Millionaire Day 23 Lucky Penny day 25 National Wine Day 29 Senior Health &amp; Fitness Day 30 Creativity Day 31 National Smile Day</p>	<p><b>1</b></p> <p>10:00 <b>Healthy Joints w/Cesar</b> 10:45 Snack + Monthly Gazette! 11:00 Bingo 2:00 <b>May Day Baskets</b> 3:10 Community Walk w/Abe 6:00 Netflix Series <b>The OA</b></p>	<p><b>2</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Flow w/Flexibility 10:30 Snack + Milky Way Trivia 11:00 Bingo 2:00 <b>Organic Facials w/Marcy M.</b> 3:00 Brownie &amp; Ice Cream Social 3:30 Community Walk 6:00 Docuseries <b>Ken Burns Presents The West</b></p> <p><b>Banking &amp; Shopping 10 -12</b></p>	<p><b>3</b></p> <p><b>Nail Shop - 2:30 p.m.</b></p> <p>10:00 Get on the Ball! 10:30 Snack 11:00 Bingo 2:00 <b>Nail Shop</b> 3:00 Snack 3:30 Sing Along 4:15 <b>Shabbat Service</b> 6:00 Friday Night Netflix Movie <b>Avengers Infinity War</b></p> <p><b>Shopping &amp; Library Shuttle</b></p>	<p><b>4</b></p> <p>9:45 Energized Stretching 10:00 <b>Saddleback Church Services</b> 10:30 Snack 11:30 Double Words for Prizes! 2:00 <b>R&amp;B Classics w/Danni Shannon</b> 3:00 Snack 3:30 Jellybean Necklaces 6:00 Netflix Docuseries <b>Our Planet</b></p>
<p><b>5</b></p> <p><b>Cinco De Mayo</b></p> <p>9:00 <b>Catholic Mass</b> 10:00 Chair Aerobics 10:30 Snack 11:00 Bingo 1:30 <b>Pet Therapy w/Limor Ness</b> 2:30 <b>Cinco de Mayo Party Staff Talent Show</b> 3:30 Marble Golf 6:00 Men's Movie Night - Netflix <b>The Dirty Dozen</b></p>	<p><b>6</b></p> <p>10:00 Gardening 10:30 Snack 11:00 Bingo 2:00 <b>Drums 2 Learn w/Richard Cricket</b> <b>Brain Fitness w/Mary</b> 2:30 <b>Brain Fitness w/Mary</b> 3:00 Snack 3:30 Table Hockey 6:00 Netflix Series <b>Grace &amp; Frankie</b></p>	<p><b>7</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Chair Zumba 10:30 Snack 11:00 Bingo 1:30 <b>Modern Art Coloring w/Mozart</b> 2:00 <b>Nail Shop</b> 2:30 <b>Wheel of Fortune w/Marcy M.</b> 3:00 Snack 6:00 Ladies' Movie Night - Netflix <b>West Side Story</b></p>	<p><b>8</b></p> <p>10:00 <b>Healthy Joints w/Cesar</b> 10:45 Snack 11:00 <b>Jewelry Making</b> 1:30 Bingo 2:30 <b>Crazy Miniature Golf</b> 3:00 Snack 3:10 Community Walk w/Abe 6:00 Netflix Series <b>The OA</b></p>	<p><b>9</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Muscle Sculpting 10:30 Snack 11:00 Bingo 3:00 Trivia (Outside Patio) 3:00 <b>Pan Fried Cinnamon Banana Social</b> 3:30 Group Crossword Puzzle 6:00 Docuseries <b>Ken Burns Presents The West</b></p> <p><b>Banking &amp; Shopping 10 -12</b></p>	<p><b>10</b></p> <p><b>Nail Shop - 2:30 p.m.</b></p> <p>10:00 Stretch Circuit 10:30 Snack 11:00 Bingo 2:00 <b>Nail Shop</b> 3:00 Making Trail Mix 4:15 <b>Shabbat Service</b> 6:00 Friday Night Netflix Movie <b>Queen of the Desert</b></p> <p><b>Shopping &amp; Library Shuttle</b></p>	<p><b>11</b></p> <p>10:00 <b>Saddleback Church Services</b> 10:30 Snack 11:30 Bingo 2:00 <b>Jazz w/Marc Bosserman</b> 3:00 Snack 3:30 Active Games 6:00 Netflix Docuseries - National Geographic <b>One Strange Rock</b></p>
<p><b>12</b></p> <p><b>Mother's Day</b></p> <p>9:00 <b>Catholic Mass</b> 10:00 Resistance Workout 10:30 Snack 11:00 Bingo 2:30 <b>Parisian Tea Party</b> <b>Can-Can Dance w/Dawn</b> 3:00 Snack 3:30 Ping-Pong Basketball 6:00 Men's Movie Night - Netflix <b>The Wild Bunch</b></p>	<p><b>13</b></p> <p>10:00 Move to the Music 10:30 Snack 11:00 Bingo 1:30 Group Crossword Puzzle 2:30 <b>Brain Fitness w/Mary</b> 3:00 Snack 3:30 <b>Gifts from the Aids Society Presented by Porsche</b> 6:00 Netflix Series <b>Grace &amp; Frankie</b></p>	<p><b>14</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Tai Chi (You Tube) 10:30 Snack 11:00 Bingo 2:00 <b>Nail Shop</b> 2:30 <b>Organic Facials w/Marcy M.</b> 3:00 Snack 3:30 Sing-Along 6:00 Ladies' Movie Night - Netflix <b>The Graduate</b></p>	<p><b>15</b></p> <p>10:00 <b>Healthy Joints w/Cesar</b> 10:30 Snack 11:00 Bingo 2:30 <b>Violin Concert w/Yasha Chocolate</b> 3:00 <b>Covered Tangerines</b> 3:10 Community Walk w/Abe 6:00 Netflix Series <b>The OA</b></p>	<p><b>16</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Chair Yoga 10:30 Snack 11:00 <b>Gelli Plates Print Art</b> 2:30 Bingo 3:00 Snack 3:30 One-Liners From Famous People 6:00 Docuseries <b>Ken Burns Presents The West</b></p> <p><b>Banking &amp; Shopping 10 -12</b></p>	<p><b>17</b></p> <p><b>Nail Shop - 2:30 p.m.</b></p> <p>10:00 Chair Yoga 10:30 Snack 11:00 Bingo 2:30 <b>Nail Shop</b> 3:00 Snack 3:30 Ted Talk 5:00 <b>Shabbat Service</b> 6:00 Friday Night Netflix Movie <b>The Angel</b></p> <p><b>Shopping &amp; Library Shuttle</b></p>	<p><b>18</b></p> <p><b>Armed Forces Day</b></p> <p>10:00 <b>Saddleback Church Services</b> 10:30 Snack 11:00 Darts 2:00 <b>Rock &amp; Roll w/Greg</b> 3:00 Snack 4:15 <b>Shabbat Service</b> 6:00 Netflix Docuseries <b>Street Food</b></p>
<p><b>19</b></p> <p>9:00 <b>Catholic Mass</b> 10:00 Kick Boxing 10:30 Snack + True or False Quiz 11:00 Bingo 2:30 <b>Feather Dusting Game</b> 3:00 Snack 3:30 Trivia 6:00 Men's Movie Night - Netflix <b>Cool Hand Luke</b></p>	<p><b>20</b></p> <p>10:00 Tai Chi for Everyone 10:30 Snack 11:00 Bingo 1:30 <b>Drums 2 Learn w/Richard Cricket</b> <b>Brain Fitness w/Mary</b> 2:30 <b>Brain Fitness w/Mary</b> 3:00 Snack 3:30 Community Walk 6:00 Netflix Series <b>Grace &amp; Frankie</b></p>	<p><b>21</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Morning Exercise 10:30 Snack + Slogans Quiz 11:00 Bingo 2:00 <b>Nail Shop</b> 3:00 Snack 3:30 Adoptive Hungry Hippos 6:00 Ladies' Movie Night - Netflix <b>Doctor Zhivago</b></p>	<p><b>22</b></p> <p>10:00 <b>Healthy Joints w/Cesar</b> 10:30 Snack 11:00 Bingo 2:00 <b>Resident Council Meeting</b> 3:00 Snack 3:10 Community Walk w/Abe 6:00 Netflix Series <b>The OA</b></p>	<p><b>23</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Chair Tai Chi 10:30 Snack 11:00 Bingo 1:30 Wii Sports Bowling 3:00 <b>May Birthday Celebrations!</b> <b>Airplane Target Practice</b> 3:30 <b>Airplane Target Practice</b> 6:00 Docuseries <b>Ken Burns Presents The West</b></p> <p><b>Banking &amp; Shopping 10 -12</b></p>	<p><b>24</b></p> <p><b>Nail Shop - 2:30 p.m.</b></p> <p>10:00 Stretch Reflex Chair Workout 10:30 Snack 11:00 Bingo 3:00 Snack 3:30 Karaoke 4:15 <b>Shabbat Service</b> 6:00 Friday Night Netflix Movie <b>The Highwaymen</b></p> <p><b>Shopping &amp; Library Shuttle</b></p>	<p><b>25</b></p> <p>10:00 <b>Saddleback Church Services</b> 10:30 Snack 11:30 Bingo 2:00 <b>Guitar Concert w/Michael Quest</b> 3:00 Snack 3:30 Active Games 6:00 Netflix Docuseries - BBC Earth <b>Life</b></p>
<p><b>26</b></p> <p>9:00 <b>Catholic Mass</b> 10:00 Chair Yoga 10:30 Snack 11:00 Bingo 2:30 <b>Pet Therapy w/Limor Ness</b> 3:00 Snack 3:30 Trivia 6:00 Men's Movie Night - Netflix <b>The Third Man</b></p>	<p><b>27</b></p> <p><b>Memorial Day</b></p> <p>10:00 Strength w/Rhythm 10:30 Snack 11:00 Block Printing 2:00 <b>Patriotic Jar Candle</b> 2:30 <b>Memorial Day Clay Poppies Craft</b> 3:00 Snack 3:30 Memorial Day Poems 6:00 Netflix Series <b>Grace &amp; Frankie</b></p>	<p><b>28</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Stretch Circuit 10:30 Snack + Can You Picture This 11:00 Bingo 2:00 <b>Nail Shop</b> 3:00 Snack 4:00 <b>Popular Science Discussion</b> 6:00 Ladies Movie Night - Netflix <b>The Guernsey Literary &amp; Potato Peel Pie Society</b></p>	<p><b>29</b></p> <p>10:00 <b>Healthy Joints w/Cesar</b> 10:30 Snack 11:00 Bingo 2:00 <b>Flower Arrangements</b> 3:00 Snack 3:10 Community Walk w/Abe 6:00 Netflix Series <b>The OA</b></p>	<p><b>30</b></p> <p><b>Beauty Shop</b></p> <p>10:00 Conductorcise Movement 10:30 Snack 11:00 Bingo 2:00 Wii Sports 3:00 Snack 3:30 Trivia (Outside Patio) 6:00 Docuseries <b>Ken Burns Presents The West</b></p> <p><b>Banking &amp; Shopping 10 -12</b></p>	<p><b>31</b></p> <p><b>Nail Shop - 2:30 p.m.</b></p> <p>10:00 Stretch Reflex Chair Workout 10:30 Snack 11:00 Bingo 3:00 Snack 3:30 Dice War 4:15 <b>Shabbat Service</b> 6:00 Friday Night Netflix Movie <b>Guardians of the Galaxy - Vol 2</b></p> <p><b>Shopping &amp; Library Shuttle</b></p>	<p><b>BEAUTICIAN VISITS</b> Every Tuesday and Thursday</p> <p><b>DOCTOR APPOINTMENTS</b> are available as needed Monday - Friday</p> <p><b>SNACKS</b> After every scheduled activity and at 8:00 p.m. for those who wish it</p> 

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:30 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.  
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