



November 2018

Cottages Activities Calendar

lic: 197607149/197607155

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| Month of November Birthstone: Topaz (Fidelity) Flowers: Chrysanthemum Colors: Dark Blue and Red | | November Days to Note... 01 National Authors's Day 02 Traffic Directors Day 03 National Housewife's Day 04 National Candy Day 05 Color the World Orange Day 06 Saxophone Day 10 National Forget-Me-Not Day 13 World Kindness Day 15 National Philanthropy Day 16 National Fast Food Day 17 National Take a Hike Day 18 National Princess Day 19 National Play Monopoly Day 20 National Absurdity Day 21 National Red Mitten Day 23 National Espresso Day 25 Shopping Reminder Day 26 Cyber Monday 28 National French Toast Day 30 National Mississippi Day | | Beauty Salon 10:00 Balance Exercise 11:30 Word Searches 1:00 Art Class w/Yolly 2:30 "Harvest Spice Cookies Social" 4:00 Karaoke 6:00 CNN | 10:00 Mind Crunch w/Mary 11:30 Bingo! 1:00 Craft's Corner 2:30 Afternoon Walk 4:00 "Oldies but Goodies" 6:00 Talk Show <i>Oprah Winfrey Show</i> | 9:30 Saddleback Church Services 10:00 Balance Exercise 1:00 Piano Recital w/Dallas 2:30 Bingo! 4:00 Sing Along Evening TV Show <i>The Donna Reed Show</i> |
| Daylight Savings Ends 9:00 Catholic Mass 10:00 Chair Dancing w/Dawn 11:30 Word Game 1:00 Mike and Mandy Show 2:30 Bingo! 6:00 Classical Music: <i>Mozart</i> | 10:00 Yoga w/Marlene 11:30 Banana Grams 1:30 Brain Fitness w/Mary 2:30 Indoor/Outdoor Walking Club 4:00 Sing Along 6:00 LA News | Beauty Salon Election Day 10:00 Current Events 10:15 Cardio Work Out 11:30 Hand Massage 1:00 Fancy Nails 3:00 Words Unscramble 4:00 Karaoke 6:00 Evening Concert: <i>Frank Sinatra</i> | 10:00 Poinsettia Stroll 11:30 Bingo! 1:30 Nurturing Soul: <i>Parenting Hour</i> 2:30 Bowling Game 4:00 Oldies But Goodies 6:00 Classic Movie: <i>Dear Ruth</i> | Beauty Salon 10:00 Move w/Music 11:30 Music Appreciation with Rose-Marie 1:00 Art Class w/Yolly 2:30 Pumpkin Pie Social 4:00 Sing Along 6:00 Evening Movie <i>Thanksgiving Promise</i> | 10:00 Mind Crunch w/Mary 11:30 Word Searches 1:00 Creative Zone 2:30 Afternoon Walk 4:00 Karaoke 6:00 TED Talk <i>The Power of Mind</i> | 9:30 Saddleback Church Services 10:00 Chairrobics 11:30 You Be The Judge! 1:00 Violin Concert w/Yasha 2:30 Indoor/Outdoor Walk 4:00 "Oldies But Goodies" Evening News |
| 9:00 Catholic Mass 10:00 Chair Dancing w/Dawn 1:00 Concert w/Yolly 2:30 Bingo! 6:00 TED Talk: <i>Men are from Mars, Women are from Venus</i> | Veterans Day (observed) 10:00 Yoga w/Marlene 11:30 Word Searches 1:30 Brain Fitness w/Mary 3:00 Indoor/Outdoor Stroll 4:00 Karaoke 6:00 Classic Movie: <i>Young at Heart</i> | Beauty Salon 10:00 Current Events 10:15 Move with Music 11:30 Touch Therapy 1:00 Nails Art 3:00 Crosswords & Puzzles 4:00 Sing Along 6:00 Documentary: <i>The Secrets of the Royal Kitchen</i> | 10:00 Nature Walk 11:30 Bingo! 1:30 Nurturing Soul: <i>Parenting Hour</i> 2:30 Ball Toss Game 4:00 Karaoke 6:00 Documentary <i>"Bewitched" behind the scenes</i> | Beauty Salon 10:00 Morning Stretches 11:30 "100" Words Game 1:00 Art Class w/Yolly 2:30 Music Around the World w/Nick Ayeme 4:00 Oldies But Goodies 6:00 Reunion Show: <i>The Facts of Life Reunion</i> | 10:00 Mind Crunch w/Mary 11:30 Bingo! 1:00 Resident Birthdays! 2:30 Poinsettia Stroll 4:00 Sing Along 6:00 Evening News | 9:30 Saddleback Church Services 10:00 Cardio Work Out 1:00 Country Music w/Michael Quest 2:30 Bingo! 4:00 Karaoke 6:00 Evening Show <i>I Love Lucy</i> |
| 9:00 Catholic Mass 10:00 Chair Dancing w/Dawn 1:00 Violin Concert w/Yasha 2:30 Bingo! 6:00 Movie Night: <i>Three Coins in the Fountain</i> | 10:00 Yoga w/Marlene 11:30 November IQ 1:30 Brain Fitness w/Mary 3:00 Afternoon Stroll 4:00 Oldies But Goodies 6:00 Classic Movie: <i>Half-Angel</i> | Beauty Salon 10:00 Current Events 10:15 Chairrobics 11:30 Reflexology & Aromatherapy 1:00 Fancy Nails 3:00 Crosswords & Puzzles 4:00 Sing Along 6:00 Evening News | 10:00 Morning Stroll 11:30 Bingo! 1:30 Nurturing Soul: <i>Parenting Hour</i> 2:30 Indoor Walk 4:00 Sing Along 6:00 Documentary <i>Loretta Young - Hollywood's Heavenly Beauty</i> | Beauty Salon Thanksgiving Day 10:00 Sit and Be Fit 11:30 Special Bingo! 12:00 Thanksgiving Luncheon 1:00 Concert w/Greg 2:30 Movie & Popcorn 6:00 Classic Movie: <i>Penny Princess</i> | 10:00 Mind Crunch w/Mary 11:30 Resident/Family Council Meeting 1:00 Creative Zone 2:30 Sound Healing w/Jahrazheen 6:00 TED Talk: <i>The Power of Believe</i> | 9:30 Saddleback Church Services 10:00 Balance Exercise 1:00 Solo Concert w/Julie 2:30 Bingo! 4:00 Sing Along 6:00 Evening Show <i>The Donna Reed Show</i> |
| 9:00 Catholic Mass 10:00 Chair Dancing w/Dawn 1:00 Singing Piano w/Larysa 2:30 Bingo! 6:00 Classical Movie: <i>Charlie Chaplin</i> | 10:00 Yoga w/Marlene 11:30 "100" Words 1:30 Brain Fitness w/Mary 3:00 Afternoon Stroll 4:00 Singing Circle 6:00 Classic Movie: <i>The Jackpot</i> | Beauty Salon 10:00 Current Events 10:15 Theraband Events 11:30 Hand Massage & Relaxation Therapy 1:00 Nails Art 3:00 Banana Grams 4:00 Karaoke 6:00 TED Talks: <i>Believe</i> | 10:00 Resident & Family Council Meeting 11:30 Bingo! 1:30 Nurturing Soul: <i>Parenting Hour</i> 3:00 Ball Toss Game 6:00 Documentary <i>Cutest Animals</i> | 10:00 Morning Stretches 11:30 Words Game 1:00 Art Class w/Yolly 2:30 Cup Cakes Social & Discussion 4:00 Sing Along 6:00 Classic Movie: <i>Young at Heart</i> | 10:00 Mind Crunch w/Mary 11:30 Bingo! 1:00 Craft's Corner 2:30 Afternoon Walk 4:00 "Oldies but Goodies" Talk Show: <i>Oprah Winfrey Show</i> | SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it This calendar is subject to change. |