

November 2019 Cottages Activities Calendar

lic: 197607149/197607155



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
<p><i>Month of November</i></p> <p>Birthstone: Topaz (particularly yellow) and Citrine</p> <p>Flowers: Chrysanthemum</p> <p>Colors: Dark Blue, Red, and Yellow</p>	<p><i>Happy Thanksgiving</i></p>	<p>November Days to Note...</p> <table border="0"> <tr> <td>01 National Authors' Day</td> <td>15 National Philanthropy Day</td> </tr> <tr> <td>02 Look for Circles Day</td> <td>16 International Day of Tolerance</td> </tr> <tr> <td>03 Cliché Day</td> <td>17 Use Less Stuff Day</td> </tr> <tr> <td>04 King Tut Day</td> <td>18 National Princess Day</td> </tr> <tr> <td>05 Book Lovers Day</td> <td>19 Equal Opportunity Day</td> </tr> <tr> <td>07 International Tongue Twister Day</td> <td>20 Absurdity Day</td> </tr> <tr> <td>10 Marine Corps Birthday</td> <td>22 Start Your Own Country Day</td> </tr> <tr> <td>11 National Origami Day</td> <td>23 Fibonacci Day</td> </tr> <tr> <td>11 Remembrance Day</td> <td>24 Celebrate Your Unique Talent Day</td> </tr> <tr> <td>14 Loosen Up, Lighten Up Day</td> <td>25 Native American Day</td> </tr> <tr> <td>15 I Love to Write Day</td> <td></td> </tr> </table>	01 National Authors' Day	15 National Philanthropy Day	02 Look for Circles Day	16 International Day of Tolerance	03 Cliché Day	17 Use Less Stuff Day	04 King Tut Day	18 National Princess Day	05 Book Lovers Day	19 Equal Opportunity Day	07 International Tongue Twister Day	20 Absurdity Day	10 Marine Corps Birthday	22 Start Your Own Country Day	11 National Origami Day	23 Fibonacci Day	11 Remembrance Day	24 Celebrate Your Unique Talent Day	14 Loosen Up, Lighten Up Day	25 Native American Day	15 I Love to Write Day		<p>SNACKS</p> <p>Snacks are available after 8:00 p.m. for those who wish it</p> <p>This calendar is subject to change.</p>	<p>9:30 Fun Workout 1</p> <p>10:00 Brain Fitness</p> <p>11:00 Pumpkin Trivia</p> <p>11:30 Resident at Bat!</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Friday Night Classic <i>In The Shadow of the Moon</i></p>	<p>9:30 Saddleback Church Services 2</p> <p>10:00 Travelogue</p> <p>11:00 Bowling</p> <p>11:30 Cranium Crunch</p> <p>1:00 Jazz w/Marc Bosserman</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Netflix Docuseries <i>Chasing Monsters</i></p>
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<p><i>Daylight Saving Time Ends</i> 3</p> <p>9:30 Catholic Mass Sing Along</p> <p>10:00 Chair Dance w/Dawn</p> <p>11:00 Multicultural Sandwich Day Quiz</p> <p>11:30 Make a Turkey Sandwich Cooking Class</p> <p>3:00 - 4:30 Individualized Activity</p> <p>6:00 Men's Movie Night <i>Inside Man</i></p>	<p>9:30 Chair Exercise 4</p> <p>10:00 Word Pairs</p> <p>11:00 Hand Ball Game</p> <p>11:30 Junk Drawer Detective</p> <p>1:00 Happy Hour w/Hugo</p> <p>2:00 Fall Leaf Painting</p> <p>3:00 - 4:30 Individualized Activity</p> <p>6:00 Classic Series <i>The Golden Girls</i></p>	<p>Beauty & Nail Salon 5</p> <p>9:30 Chair Exercise</p> <p>10:30 Can You Picture This Discussion?</p> <p>11:00 November Trivia</p> <p>11:30 Kickball</p> <p>1:00 Table Melbourne Cup Horse Race Game</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Ladies Movie Night <i>The Jane Austen Book Club</i></p>	<p>9:30 Chair Exercise 6</p> <p>10:00 Remembering Flying Songs</p> <p>11:00 Walking Club</p> <p>11:30 Wishbone Toss</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Movie Night <i>Resident's Choice</i></p>	<p>Beauty Salon 7</p> <p>9:30 Chair Exercise</p> <p>11:00 Scarf Dancing</p> <p>11:30 Quick Draw Pictionary</p> <p>1:00 Let Them Eat Bread Party Live Music w/ Jackie Lawrence</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Docuseries <i>The Great Hack</i></p>	<p>9:30 Stretch Circuit 8</p> <p>10:00 Brain Fitness</p> <p>11:00 Name the Body Parts</p> <p>11:30 Balloon Toss</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Friday Night Classic <i>Employee of the Month</i></p>	<p>9:30 Saddleback Church Services 9</p> <p>10:00 Chair Stretch Circuit</p> <p>11:00 Family Feud</p> <p>11:30 Stress Ball Exercise</p> <p>1:00 Jazz w/Marc Bosserman</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Netflix Docuseries <i>America's Book of Secrets</i></p>																					
<p>9:30 Catholic Mass Sing Along 10</p> <p>10:00 Chair Exercise</p> <p>11:00 Name That Fruit Charades</p> <p>11:30 Live with Artistry</p> <p>1:30 Pet Therapy w/Limor Ness</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Men's Movie Night <i>The Bucket List</i></p>	<p><i>Veteran's Day</i> 11</p> <p>9:30 Chair Yoga</p> <p>10:00 Valor Categories Sheet</p> <p>11:00 American Military Trivia</p> <p>11:30 Pre-Lunch Pump Up</p> <p>12:00 Veterans Day BBQ</p> <p>1:00 Veteran S'mores Bar Party</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Classic Series <i>The Golden Girls</i></p>	<p>Beauty & Nail Salon 12</p> <p>9:30 Morning Exercise</p> <p>10:00 Cooking Class! <i>Pumpkin Custard Cups</i></p> <p>11:00 Sing Along</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Ladies Movie Night <i>Under the Eiffel Tower</i></p>	<p>9:30 Healthy Joints Club 13</p> <p>10:00 Guessing Game Who Am I?</p> <p>11:00 Bingo</p> <p>11:30 Remembering a Trip to the Bakery!</p> <p>2:00 Swing Era Mocktail Party</p> <p>2:30 - 4:30 Individualized Activity</p> <p>6:00 Movie Night <i>Resident's Choice</i></p>	<p>Beauty Salon 14</p> <p>9:30 Lower Body Exercise</p> <p>10:00 Finish the Proverb</p> <p>11:00 Hangman</p> <p>11:30 Basketball</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Docuseries <i>Living Undocumented</i></p>	<p>9:30 Chair Simon Says 15</p> <p>10:00 Brain Fitness</p> <p>11:00 Finish the Lyrics</p> <p>11:30 Mindful Wellness Hands & Feet</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Friday Night Classic <i>The Lord of the Rings The Return of the King</i></p>	<p>9:30 Saddleback Church Services 16</p> <p>10:00 Flexibility Exercise</p> <p>11:00 The Longest Word</p> <p>11:30 Energizing Stretch</p> <p>1:00 R&B Concert Danni Shannan</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Netflix Docuseries <i>Inside Bill's Brain: Decoding Bill Gates</i></p>																					
<p>9:30 Catholic Mass Sing Along 17</p> <p>10:00 Chair Dance w/Dan</p> <p>11:00 Pop Bubble Wrap</p> <p>11:30 Play Dough Crafts</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Men's Movie Night <i>The Pink Panther</i></p>	<p>18</p> <p>9:30 Bagels & Current Events</p> <p>10:00 Morning Exercise</p> <p>11:00 Bingo</p> <p>11:30 Water Pong</p> <p>1:00 Low-Impact Weight Training</p> <p>1:30 Drums 2 Learn w/Richard</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Classic Series <i>The Golden Girls</i></p>	<p>Beauty & Nail Salon 19</p> <p>9:30 Morning Exercise</p> <p>10:00 Match Songs w/Artists</p> <p>11:00 Wii Bowling</p> <p>11:30 Indoor Volleyball</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Ladies Movie Night <i>Our Souls at Night</i></p>	<p>9:30 Healthy Joints Club 20</p> <p>10:00 Rhyme Time</p> <p>11:00 Eat Cherry Pie</p> <p>11:30 Cooking Class</p> <p>1:00 Thankful Wreath of Leaves Art</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Movie Night <i>Resident's Choice</i></p>	<p>Beauty Salon 21</p> <p>9:30 Exercise Time</p> <p>11:00 Basketball</p> <p>11:30 What Comes First Memory Challenge</p> <p>3:00 November Birthday Celebration</p> <p>4:00 Music Therapy w/Neil Elliott</p> <p>6:00 Docuseries <i>Living Undocumented</i></p>	<p>9:30 Cardio Workout 22</p> <p>10:00 Brain Fitness</p> <p>11:00 Random Trivia</p> <p>11:30 Balloon Tennis</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Friday Night Classic <i>Raiders of the Lost Ark</i></p>	<p>9:30 Saddleback Church Services 23</p> <p>10:00 Chair Yoga</p> <p>11:00 Name 10</p> <p>11:30 Focus Stretch</p> <p>1:00 Swing Era Music w/Dylan</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Netflix Docuseries <i>Rotten</i></p>																					
<p>9:30 Catholic Mass 24</p> <p>10:00 Chairobics</p> <p>11:00 Franklin Canyon Park Picnic</p> <p>11:30 Football Target Practice</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Men's Movie Night <i>Poseidon</i></p>	<p>25</p> <p>10:00 Random Trivia</p> <p>11:00 Scent Guessing</p> <p>11:30 Noodle Ball</p> <p>1:00 Yoga Outside</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Classic Series <i>The Golden Girls</i></p>	<p>Beauty & Nail Salon 26</p> <p>9:30 Morning Exercise</p> <p>10:00 Spot the Difference Worksheet</p> <p>11:00 What Am I?</p> <p>11:30 Beach Ball Volleyball</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Ladies Movie Night <i>Eat Pray Love</i></p>	<p>9:30 Healthy Joints Club 27</p> <p>10:00 Rhyme Time</p> <p>11:00 Whiteboard Challenge</p> <p>11:30 Purposeful Movement</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Movie Night <i>Resident's Choice</i></p>	<p>Beauty Salon 28</p> <p><i>Thanksgiving Day</i></p> <p>9:30 Chair Exercise</p> <p>11:00 Macy's Thanksgiving Day Parade</p> <p>11:30 Corn Hole</p> <p>12:00 Thanksgiving Day Feast</p> <p>1:00 Stuff the Turkey Game</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Docuseries <i>Living Undocumented</i></p>	<p>9:30 Cardio Workout 29</p> <p>10:00 Brain Fitness</p> <p>11:00 Random Trivia</p> <p>11:30 Balloon Tennis</p> <p>1:00 - 4:30 Individualized Activity</p> <p>6:00 Friday Night Classic <i>Evan Almighty</i></p>	<p>9:30 Saddleback Church Services 30</p> <p>10:00 Chair Yoga</p> <p>11:00 Name 10</p> <p>11:30 Focus Stretch</p> <p>1:00 Rock & Roll w/Greg</p> <p>2:00 - 4:30 Individualized Activity</p> <p>6:00 Netflix Docuseries <i>Our Planet</i></p>																					