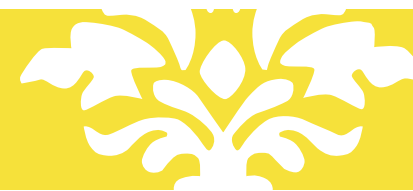


# MELROSE GARDENS MENU



# April 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																				
<p><b>1</b> <i>Easter / April Fools Day</i></p> <p><b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>EASTER LUNCH</b> Easter Ham, Sautéed Asparagus Garlic Mashed Potatoes Lemon-Coconut Cake</p> <p><b>DINNER</b> Butternut Squash Soup, Oven-Roasted Beef Brisket, Garlic Mashed Potatoes Sautéed Green Beans Dark Chocolate Cake</p>	<p><b>2</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Creamy Chicken &amp; Rice Soup Gourmet Grilled Cheese, Potato Salad Mixed Fruit Medley, Peaches &amp; Cream</p> <p><b>DINNER</b> Homemade Vegetable Soup, Carrot Sweet Potato Stuffed-Pepper Tzimmis Fresh Baked Apple Pie</p>	<p><b>3</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Chicken Pozole Soup Beef Taquitos, Fresh Guacamole Mixed Green Salad, Flan</p> <p><b>DINNER</b> Onion Soup, Herb and Garlic Roasted Chicken, Stuffed Baked Potato Sautéed Baby Carrots &amp; Peas Chocolate Chip Cookies</p>	<p><b>4</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Broccoli Soup, Grilled Tilapia w/Tarter Sauce, Vegetable and Coucous Salad, Fresh Banana Bread</p> <p><b>DINNER</b> Vegetable Bean Soup, Roast Beef Jasmine Rice, Pan Steamed Broccoli Peanut Butter Cake</p>	<p><b>5</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Roasted Mushroom &amp; Bread Soup Eggplant Croquette, Mixed Garden Salad, Fresh Bread, Red Fruit Compote</p> <p><b>DINNER</b> Minestrone Soup, Spaghetti with Meatballs, Garlic Bread Sautéed Zucchini, Fruit Salad</p>	<p><b>6</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Potato Soup Baked Mac &amp; Cheese, Sweet Bread Mixed Garden Salad, Fresh Fruit Medley</p> <p><b>DINNER</b> Cream of Zucchini Soup BBQ Chicken Breast, Sweet Potato Mixed Vegetable Medley Fresh Peach Cobbler</p>	<p><b>7</b></p> <p><b>BREAKFAST</b> Eggs Benedict, Hot &amp; Cold Cereal Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Matzah Ball Soup, Chollent Fresh Challah Bread, Mixed Garden Salad, Ice Cream Sundae</p> <p><b>DINNER</b> Creamy Corn Chowder, Curry Chicken Noodle Kugel Sautéed Carrots w/Celery Pineapple Cake</p>																				
<p><b>8</b></p> <p><b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Italian Sausage Soup Ricotta Ravioli, Fresh Bread Garden Salad, Fruit Salad Medley</p> <p><b>DINNER</b> Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake</p>	<p><b>9</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O</p> <p><b>DINNER</b> Homemade Vegetable Stuffed Cabbage, Jasmine Rice Fresh Baked Apple Pie</p>	<p><b>10</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cabbage Soup, Chicken Enchiladas Spanish Rice, Pinto Beans Ice Cream</p> <p><b>DINNER</b> French Onion Soup, Roast Chicken Baked Potato, Baby Carrots and Green Peas, Chocolate Chip Cookies</p>	<p><b>11</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Cauliflower Soup, Vegetable Pizza, Garden Salad, Assorted Cookies</p> <p><b>DINNER</b> Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake</p>	<p><b>12</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Potato Soup Chef Salad, Fresh Rolls, Fruit Medley Sugar Cake Cookies</p> <p><b>DINNER</b> Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p><b>13</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Potato Soup Chef Salad, Fresh Rolls, Fruit Medley Sugar Cake Cookies</p> <p><b>DINNER</b> Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p><b>14</b></p> <p><b>BREAKFAST</b> Eggs Benedict, Hot &amp; Cold Cereal Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Carrot Soup Chicken Cobb Salad, Fresno Bread Yellow Cake w/Fresh Berries</p> <p><b>DINNER</b> Cabbage-Vegetable Soup Hawaiian Pineapple Chicken Jasmine Rice, Sautéed Zucchini Cheesecake w/Fresh Berries</p>																				
<p><b>15</b></p> <p><b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Tomato Bean Soup, Fettucini Alfredo Garden Salad, Fresh Fruit Italian Cannoli</p> <p><b>DINNER</b> Homemade Vegetable Soup Roasted Turkey, Garlic Mashed Potato Mixed Vegetable Medley Fresh Baked Rolls, Carrot Cake</p>	<p><b>16</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Gourmet Tuna Melt Sandwich Garden Salad, Potato Chips Ice Cream w/Berries</p> <p><b>DINNER</b> Cream of Broccoli Soup Chicken Marinara, Roasted Potatoes Green Beans, Fresh Baked Bread Chocolate Chip Cookies</p>	<p><b>17</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Lentil Soup, Beef Empanadas Mixed Beet Salad, Churros</p> <p><b>DINNER</b> Cream of Mushroom Soup Salisbury Steak, Brown Rice, Mixed Vegetables, Fresh Bread Pineapple Cake</p>	<p><b>18</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Barley Soup, Gourmet Cheddar Ham &amp; Cheese Sandwich, Carrot Salad Potato Chips, Fresh Fruit Medley</p> <p><b>DINNER</b> Split Pea Soup, Chicken Marsala Penne Pasta Salad, Yellow Squash Garlic Bread, Sweet Bread Pudding</p>	<p><b>19</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Potato Soup, Chef Salad Fresh Rolls, Fruit Medley Sugar Cake Cookies</p> <p><b>DINNER</b> Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p><b>20</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Navy Bean Soup, Vegetable Lasagna Fresh Bread, Green Salad Ice Cream</p> <p><b>DINNER</b> Cream of Spinach Soup Baked Salmon, Lemon Dill Rice Zucchini, Fresh Rolls Apple Pie</p>	<p><b>21</b></p> <p><b>BREAKFAST</b> Eggs Benedict, Hot &amp; Cold Cereal Fresh Fruit, Prunes</p> <p><b>LUNCH</b> French Onion Soup Italian Salami Sandwich, Homemade Coleslaw, Baked Potato Chips, Jell-O</p> <p><b>DINNER</b> Chicken Soup, Roasted Chicken Mixed Vegetables Rainbow Pasta, Fresh Bread New York Style Cheesecake</p>																				
<p><b>22</b></p> <p><b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Minestrone Soup, Grilled Chicken Garden Salad, Fresh Bread, Cream Puffs</p> <p><b>DINNER</b> Green Pea Soup, Roasted Chicken w/Mushrooms, Brown Rice Vegetable Medley, Apple Pie</p>	<p><b>23</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Fish Stew, Grilled Salmon, Green Salad Fresh Bread, Chocolate Chip Cookies</p> <p><b>DINNER</b> Hearty Vegetable &amp; Beef Rice Soup Salisbury Steak, Garlic Mashed Potatoes Brussel Sprouts, Jell-O</p>	<p><b>24</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Broccoli Soup, Gourmet Cheeseburger, Coleslaw, French Fries Watermelon Sorbet</p> <p><b>DINNER</b> Won Ton Soup Orange Chicken, Jasmine Rice, Steamed Broccoli, Almond Cookie &amp; Sorbet</p>	<p><b>25</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Chicken Noodle Soup Crispy Spinach Potato Fritters Cottage Cheese, Apple Sauce Chocolate Vanilla Marble Cake</p> <p><b>DINNER</b> Clam Chowder Soup, Breaded Tilapia Couscous, Mushroom, Zucchini &amp; Eggplant Medley, Ice Cream</p>	<p><b>26</b></p> <p><b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Garden Soup, Turkey &amp; Brie Baguette Old Fashioned Potato Salad Fresh Brownies</p> <p><b>DINNER</b> Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p><b>27</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Cauliflower Soup Spinach &amp; Cheese Manicotti Garlic Bread, Green Salad Ice Cream</p> <p><b>DINNER</b> Egg Drop Soup, Chicken Chow Mein Sautéed Japanese Vegetables Oatmeal Cookies</p>	<p><b>28</b></p> <p><b>BREAKFAST</b> Eggs Benedict, Hot &amp; Cold Cereal Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Carrot Soup Chicken Cobb Salad, Fresh Bread Yellow Cake w/Fresh Berries</p> <p><b>DINNER</b> Cabbage-Vegetable Soup Hawaiian Pineapple Chicken Jasmine Rice, Sautéed Zucchini Cheesecake w/Fresh Berries</p>																				
<p><b>29</b></p> <p><b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Mushroom Soup California-Style Turkey Sandwich Macaroni Salad, Ice Cream Sundae</p> <p><b>DINNER</b> Vegetable Red Bean Soup Roast Beef Garlic Mashed Potatoes Sautéed Zucchini &amp; Peppers Fresh Chocolate Cookies</p>	<p><b>30</b></p> <p><b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereal, Fresh Fruit, Prunes</p> <p><b>LUNCH</b> Cream of Spinach Soup Tuna Croquettes, Jasmine Rice Steamed Vegetables Medley Fresh Mixed Fruit</p> <p><b>DINNER</b> Cream of Cauliflower Soup Creamy Curry Chicken, Roasted Green Beans, Stuffed Baked Potato Baked Apples</p>	<p><b>THE MONTH OF APRIL IS..</b></p> <table border="0"> <tr> <td>National Month of Hope</td> <td>National Decoration Month</td> </tr> <tr> <td>National Internship Awareness Month</td> <td>National Garden Month</td> </tr> <tr> <td>Distracted Driving Awareness Month</td> <td>National Humor Month</td> </tr> <tr> <td>National Child Abuse Awareness Month</td> <td>National Inventor's Month</td> </tr> <tr> <td>National Fair Housing Month</td> <td>National Jazz Appreciation Month</td> </tr> <tr> <td>Month of the Military Child</td> <td>National Soy Foods Month</td> </tr> <tr> <td>Keep America Beautiful Month</td> <td>National Poetry Month</td> </tr> <tr> <td>Lawn and Garden Month</td> <td>Occupational Therapy Month</td> </tr> <tr> <td>National Autism Awareness Month</td> <td>Scottish-American Heritage Month</td> </tr> <tr> <td></td> <td>Stress Awareness Month</td> </tr> </table>		National Month of Hope	National Decoration Month	National Internship Awareness Month	National Garden Month	Distracted Driving Awareness Month	National Humor Month	National Child Abuse Awareness Month	National Inventor's Month	National Fair Housing Month	National Jazz Appreciation Month	Month of the Military Child	National Soy Foods Month	Keep America Beautiful Month	National Poetry Month	Lawn and Garden Month	Occupational Therapy Month	National Autism Awareness Month	Scottish-American Heritage Month		Stress Awareness Month	<p><b>BEVERAGES</b></p> <p><b>Breakfast</b> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p><b>Lunch &amp; Dinner</b> Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>Hamburger</p> <p>Hotdog</p> <p>Chicken Salad</p> <p>Plain Omelet</p> <p>Fruit &amp; Cottage Cheese Platter</p> <p>Assorted Sandwiches including</p> <p>Tuna Salad, Turkey, Ham,</p> <p>Peanut Butter &amp; Jelly</p> <p>Grilled Chicken Breast or Salmon</p>	<p><b>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</b></p>
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**DINING HOURS** Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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