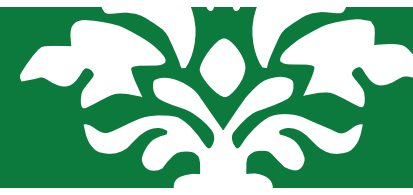


MELROSE GARDENS MENU



March 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>MELROSE GARDENS PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.</p>	<p>BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon</p>	<p><i>Happy ST. PATRICK'S day</i></p>	<p>1 <i>Purim (ends at Sundown)</i> BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad, Fresh Bread, Red Fruit Compote DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Sauteed Zucchini, Fruit Salad</p>	<p>2 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Navy Bean Soup, Vegetable Lasagna Fresh Bread, Green Salad Ice Cream DINNER Cream of Spinach Soup Baked Salmon, Lemon Dill Rice Zucchini, Fresh Rolls Apple Pie</p>	<p>3 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH French Onion Soup Italian Salami Sandwich, Homemade Coleslaw, Baked Potato Chips, Jell-O DINNER Chicken Soup, Roasted Chicken Mixed Vegetables, Rainbow Pasta Fresh Bread New York Style Cheesecake</p>
<p>4 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Italian Sausage Soup Ricotta Ravioli, Fresh Bread Garden Salad, Fruit Salad Medley DINNER Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake</p>	<p>5 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O DINNER Homemade Vegetable Stuffed Cabbage, Jasmine Rice Fresh Baked Apple Pie</p>	<p>6 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cabbage Soup, Chicken Enchiladas Spanish Rice, Pinto Beans Ice Cream DINNER French Onion Soup, Roast Chicken Baked Potato, Baby Carrots and Green Peas, Chocolate Chip Cookies</p>	<p>7 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Cauliflower Soup, Vegetable Pizza, Garden Salad, Assorted Cookies DINNER Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake</p>	<p>8 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Potato Soup Chef Salad, Fresh Rolls, Fruit Medley Sugar Cake Cookies DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>9 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Potato Soup Chef Salad, Fresh Rolls, Fruit Medley Sugar Cake Cookies DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>10 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Cream of Carrot Soup Chicken Cobb Salad, Fresh Bread Yellow Cake w/Fresh Berries DINNER Cabbage-Vegetable Soup Hawaiian Pineapple Chicken Jasmine Rice, Sautéed Zucchini Cheesecake w/Fresh Berries</p>
<p>11 <i>Daylight Saving (begins)</i> BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Minestrone Soup Grilled Chicken, Garden Salad Fresh Bread, Cream Puffs DINNER Green Pea Soup Roasted Chicken w/Mushrooms Brown Rice, Vegetable Medley, Apple Pie</p>	<p>12 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Fish Stew, Grilled Salmon Green Salad Fresh Bread Chocolate Chip Cookies DINNER Hearty Vegetable & Beef Rice Soup Salisbury Steak, Garlic Mashed Potatoes Brussel Sprouts, Jell-O</p>	<p>13 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Broccoli Soup, Gourmet Cheeseburger, Coleslaw, French Fries Watermelon Sorbet DINNER Won Ton Soup, Orange Chicken Jasmine Rice, Steamed Broccoli Almond Cookie & Sorbet</p>	<p>14 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Chicken Noodle Soup Crispy Spinach Potato Fritters Cottage Cheese, Apple Sauce Chocolate Vanilla Marble Cake DINNER Clam Chowder Soup, Breaded Tilapia Couscous, Mushroom, Zucchini & Eggplant Medley, Ice Cream</p>	<p>15 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Garden Soup, Turkey & Brie Baguette Old Fashioned Potato Salad Fresh Brownies DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>16 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Cauliflower Soup Spinach & Cheese Manicotti Garlic Bread, Green Salad Ice Cream DINNER Egg Drop Soup, Chicken Chow Mein Sautéed Japanese Vegetables Oatmeal Cookies</p>	<p>17 <i>St. Patrick's Day</i> BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes ST. PATRICK'S DAY LUNCHEON Creamy Cheddar Soup Corned Beef and Cabbage Oven-Roasted Potatoes, Fresh Carrots Chocolate Stout Cupcakes DINNER Cabbage-Vegetable Soup Hawaiian Pineapple Chicken Jasmine Rice, Sautéed Zucchini Cheesecake w/Fresh Berries</p>
<p>18 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Mushroom Soup California-Style Turkey Sandwich Macaroni Salad, Ice Cream Sundae DINNER Vegetable Red Bean Soup Roast Beef Garlic Mashed Potatoes Sautéed Zucchini & Peppers Fresh Chocolate Cookies</p>	<p>19 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Spinach Soup Tuna Croquettes, Jasmine Rice Steamed Vegetables Medley Fresh Mixed Fruit DINNER Cream of Cauliflower Soup Creamy Curry Chicken, Roasted Green Beans, Stuffed Baked Potato Baked Apples</p>	<p>20 <i>1st Day of Spring</i> BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Beef Vegetable Soup, Crispy Pork Carnitas, Spanish Rice Crepes with Raspberry Sauce DINNER Cabbage Potato Soup, Baked Chicken Breast, White Wine & Mushroom Garlic Sauce, Sautéed Vegetable Medley Chocolate Cake</p>	<p>21 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Oriental Vegetable Soup Mongolian Beef w/Stir-Fried Vegetable Jasmine Rice, Almond Cookies & Sorbet DINNER Cream of Tomato Soup Breaded Tilapia, Garlic Roasted Potatoes Fresh Sautéed Carrots, Lemon Squares</p>	<p>22 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Fresh Vegetable Soup Chicken Salad Sandwich Mixed Green Bean & Cherry Tomato Salad, Banana Split DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Sautéed Zucchini Vanilla Sponge Cake</p>	<p>23 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Butternut Squash Soup, Gourmet Grilled Cheese, Fresh Orange Slices w/Honey & Cinnamon, Tiramisu Cake DINNER Green Pea Soup, Beef Broccoli Jasmine Rice Fresh Baked Sugar Cookies</p>	<p>24 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Lentil Soup, Fresh Chili Cornbread, Classic Chopped Salad Red Velvet Cake DINNER Corn Chowder BBQ Chicken, Baked Sweet Potato Vegetable Medley Jell-O</p>
<p>25 BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato & Cannellini, Bean Soup Pastrami Sandwich, Green Salad Fresh Bread, Fruit Medley DINNER Homemade Vegetable Soup Spinach Ricotta Stuffed Chicken Breast Garlic Mashed Potatoes, Fresh Vegetable Medley, Carrot Cake</p>	<p>26 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Carrot Soup, Old Fashioned Turkey Wrap Potato Salad, Ice Cream DINNER Cream of Broccoli Soup Grilled Cilantro Lime Chicken Garlic Roasted Potatoes Sautéed Green Beans Fresh Chocolate Cookies</p>	<p>27 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable & Shrimp Soup Cherry Crepes w/Fresh Whipped Cream Mixed Green Salad Sweet Bread Pudding DINNER Lentil Soup, Old-Fashioned Beef Stew Jasmine Rice Yellow Cake w/Fresh Berries</p>	<p>28 BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup, Corn Beef Sandwich Cabbage, Baked Potato Chips Granola and Fruit Parfait DINNER Split Pea Soup, Blackened Fish Taco Salad Homemade Tartar Sauce Tapioca Pudding</p>	<p>29 BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Egg Drop Soup, Grilled Salmon Cucumber Quinoa Salad Almond Cake DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>30 <i>Passover (begins at sundown)</i> Good Friday BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Barley Soup, Smokey Grilled Chicken, Pita Flatbread w/Cream Feta Carrot Salad, Fresh 3 Milk Cake PASSOVER SEDER MEAL Matzo Ball Soup with Leeks Potato Kugel Gratin Arugula Salad w/Radishes & Caper Vinaigrette</p>	<p>31 BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes LUNCH Wonton Soup, Mediterranean Grilled Shrimp, Brown Rice, Sautéed Brussel Sprouts, Honey Cake DINNER Vegetable Noodle Soup Roast Beef, Fresh Vegetable Medley Garlic Mashed Potatoes Mixed Fruit Salad</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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