

MELROSE GARDENS MENU



April 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>MENU ALTERNATIVES</p> <p>Hamburger Hotdog Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast or Salmon</p>	<p>1 <i>April Fool's Day</i></p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Spinach Soup Tuna Croquettes, Jasmine Rice Steamed Vegetables Medley Fresh Mixed Fruit</p> <p>DINNER Cream of Cauliflower Soup Creamy Curry Chicken, Roasted Green Beans, Stuffed Baked Potato Baked Apples</p>	<p>2</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Beef Vegetable Soup, Crispy Pork Carnitas, Spanish Rice Crepes with Raspberry Sauce</p> <p>DINNER Cabbage Potato Soup, Baked Chicken Breast, White Wine & Mushroom Garlic Sauce, Sautéed Vegetable Medley Chocolate Cake</p>	<p>3</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Oriental Vegetable Soup Mongolian Beef w/Stir-Fried Vegetable Jasmine Rice, Almond Cookies & Sorbet</p> <p>DINNER Cream of Tomato Soup Breaded Tilapia, Garlic Roasted Potatoes Fresh Sautéed Carrots, Lemon Squares</p>	<p>4</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Egg Drop Soup, Grilled Salmon Cucumber Quinoa Salad Almond Cake</p> <p>DINNER Minestrone Soup, Spaghetti w/Meat Balls Garlic Bread, Sautéed Zucchini Vanilla Sponge Cake</p>	<p>5</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Butternut Squash Soup, Gourmet Grilled Cheese, Fresh Orange Slices w/Honey & Cinnamon, Tiramisu Cake</p> <p>DINNER Green Pea Soup Beef Broccoli, Jasmine Rice Fresh Baked Sugar Cookies</p>	<p>6</p> <p>BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup, Fresh Chili Cornbread, Classic Chopped Salad Red Velvet Cake</p> <p>DINNER Corn Chowder BBQ Chicken, Baked Sweet Potato Vegetable Medley, Jell-O</p>
<p>7</p> <p>BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Tomato & Cannellini, Bean Soup Pastrami Sandwich, Green Salad Fresh Bread, Fruit Medley</p> <p>DINNER Homemade Vegetable Soup Spinach Ricotta Stuffed Chicken Breast Garlic Mashed Potatoes, Fresh Vegetable Medley, Carrot Cake</p>	<p>8</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Carrot Soup Old Fashioned Turkey Wrap Potato Salad, Ice Cream</p> <p>DINNER Cream of Broccoli Soup, Grilled Cilantro Lime Chicken, Garlic Roasted Potatoes Sautéed Green Beans Fresh Chocolate Cookies</p>	<p>9</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Vegetable & Shrimp Soup Cherry Crepes w/Fresh Whipped Cream Mixed Green Salad Sweet Bread Pudding</p> <p>DINNER Lentil Soup, Old-Fashioned Beef Stew Jasmine Rice, Yellow Cake w/Fresh Berries</p>	<p>10</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH French Onion Soup, Corn Beef Sandwich Cabbage, Baked Potato Chips Granola and Fruit Parfait</p> <p>DINNER Split Pea Soup, Blackened Fish Taco Salad Homemade Tartar Sauce Tapioca Pudding</p>	<p>11</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Egg Drop Soup, Grilled Salmon Cucumber Quinoa Salad Almond Cake</p> <p>DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Caesar Salad Chocolate Mousse Cake</p>	<p>12</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Vegetable Barley Soup, Smokey Grilled Chicken, Pita Flatbread w/Cream Feta Carrot Salad, Fresh 3 Milk Cake</p> <p>DINNER Cream of Spinach Soup, Baked Hawaiian Chicken, Lemon Dill Rice Sautéed Zucchini, Baked Cherry Pie</p>	<p>13</p> <p>BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Wonton Soup, Mediterranean Grilled Shrimp, Brown Rice, Sautéed Brussel Sprouts, Honey Cake</p> <p>DINNER Vegetable Noodle Soup Roast Beef, Fresh Vegetable Medley Garlic Mashed Potatoes Mixed Fruit Salad</p>
<p>14</p> <p>BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup, Hearty Vegetable Lasagna French Bread, Fresh Garden Salad Ice Cream</p> <p>DINNER Butternut Squash Soup, Oven-Roasted Beef Brisket, Garlic Mashed Potatoes Sautéed Green Beans Dark Chocolate Cake</p>	<p>15</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Creamy Chicken & Rice Soup Gourmet Grilled Cheese Potato Salad, Mixed Fruit Medley Peaches & Cream</p> <p>DINNER Homemade Vegetable Soup Carrot Sweet Potato, Stuffed-Pepper Tzimmes, Fresh Baked Apple Pie</p>	<p>16</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Chicken Pozole Soup, Beef Taquitos Fresh Guacamole, Mixed Green Salad Fresh Banana Bread</p> <p>DINNER Onion Soup, Herb and Garlic Roasted Chicken, Stuffed Baked Potato Sautéed Baby Carrots and Peas Chocolate Chip Cookies</p>	<p>17</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup Grilled Tilapia w/Tarter Sauce Vegetable and Couscous Salad Fresh Banana Bread</p> <p>DINNER Vegetable Bean Soup, Roast Beef Jasmine Rice, Pan Steamed Broccoli Peanut Butter Cake</p>	<p>18</p> <p>BREAKFAST French Toast, Eggs any Style Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad Fresh Bread, Red Fruit Compote</p> <p>DINNER Minestrone Soup, Spaghetti w/Meat Balls Fresh Garlic Bread, Sautéed Zucchini Fruit Salad</p>	<p>19 <i>Passover (begins at sundown)</i></p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Creamy Potato Soup, Baked Mac & Cheese, Fresh Bread, Mixed Garden Salad, Fresh Fruit Medley</p> <p>PASSOVER SEDER Matzah Ball Soup Beef Brisket, Potato Krugel Green Beans, Apple Cake</p>	<p>20</p> <p>BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Matzah Ball Soup, Chollent Fresh Challah Bread, Mixed Garden Salad, Ice Cream Sundae</p> <p>DINNER Creamy Corn Chowder, Curry Chicken noodle Kugel, Sautéed Carrots w/Celery Pineapple Cake</p>
<p>21 <i>Easter Sunday</i></p> <p>BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>EASTER CELEBRATION LUNCH BBQ Ribs, Colored Deviled Eggs Potato Salad, Green Beans Blueberry Ice Tea, Easter Cookies</p> <p>DINNER Lentil Soup, Grilled BBQ Ribs Garlic Mashed Potatoes, Green Beans Chocolate Cake</p>	<p>22</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup Baked Stuffed Potato, Fruit Medley Green Salad, Jell-O</p> <p>DINNER Homemade Vegetables Stuffed Cabbage Jasmine Rice Fresh Baked Apple Pie</p>	<p>23</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cabbage Soup, Chicken Enchiladas Spanish Rice, Pinto Beans Ice Cream</p> <p>DINNER French Onion Soup, Roast Chicken Baked Potato, Baby Carrots and Green Peas, Chocolate Chip Cookies</p>	<p>24</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Cauliflower Soup, Vegetable Pizza, Garden Salad, Assorted Cookies</p> <p>DINNER Sweet Red Bean Soup BBQ Pulled Pork, Roasted Potatoes Fresh Vegetable Medley Banana Bread Cake</p>	<p>25</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Roasted Mushroom & Bread Soup Eggplant Croquette, Mixed Garden Salad Fresh Bread, Red Fruit Compote</p> <p>DINNER Minestrone Soup, Spaghetti with Meatballs, Garlic Bread, Sautéed Zucchini, Fruit Salad</p>	<p>26</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Borsch Soup, Potato Pancakes Apple Sauce, Sour Cream Cottage Cheese, Sweet Cream Puffs</p> <p>DINNER Cream of Potato Soup, Beef Fajitas Flour Tortillas, Pinto Beans Spanish Rice, Churros</p>	<p>27 <i>Passover (ends at sundown)</i></p> <p>BREAKFAST Eggs Benedict, Hot & Cold Cereal Fresh Fruit, Prunes</p> <p>LUNCH Cream of Zucchini Soup Egg & Tuna Pasta Salad, Fresh Bread Garden Salad, Ice Cream Sundae</p> <p>DINNER Cheddar Corn Chowder Grilled Chicken, Steamed Rice Fresh Carrots, Pineapple Cake</p>
<p>28</p> <p>BREAKFAST Bagel, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Minestrone Soup, Grilled Chicken Garden Salad, Fresh Bread Cream Puffs</p> <p>DINNER Green Pea Soup Roasted Chicken w/Mushrooms Brown Rice, Vegetable Medley Apple Pie</p>	<p>29</p> <p>BREAKFAST Pancakes, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Fish Stew, Grilled Salmon Green Salad Fresh Bread Chocolate Chip Cookies</p> <p>DINNER Hearty Vegetable and Beef Rice Soup Salisbury Steak, Garlic Mashed Potatoes Brussel Sprouts, Jell-O</p>	<p>30</p> <p>BREAKFAST French Toast, Eggs any Style Hot & Cold Cereal, Fresh Fruit, Prunes</p> <p>LUNCH Cream of Broccoli Soup, Gourmet Cheeseburger, Coleslaw, French Fries Watermelon Sorbet</p> <p>DINNER Won Ton Soup Orange Chicken, Jasmine Rice Steamed Broccoli Almond Cookie & Sorbet</p>		<p>THE MONTH OF APRIL IS..</p> <p>International Guitar Month Keep America Beautiful Lawn and Garden Month Month of the Military Child National Couple Appreciation Month National Decorating Month National Fresh Celery Month National Humor Month National Jazz Appreciation Month National Kite Month</p>	<p>National Month of Hope National Poetry Month National Pecan Month National Soft Pretzel Month National Soy Foods Month National Straw Hat Month National Volunteer Month Occupational Therapy Month Scottish-American Heritage Month Stress Awareness Month</p>	<p>BEVERAGES</p> <p>Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p>Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p> <p>HELLO SPRING</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

WE PREPARE OUR MENU WITH NO ADDED SALTS OR SUGARS.

Menu subject to change.

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