

December 2017 Cottages Activities Calendar

lic: 197607149/197607155

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Year's Eve 31</p> <p>9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Banana Grams 1:00 New Year Concert w/Dallas! 3:30 Movie & Popcorn: "December Bride"</p>	<p>"Merry everything and a happy always."</p>	<p>SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it</p> <p>This calendar is subject to change.</p>	<p>The month of December is</p> <p>AIDS Awareness Month Bingo's Birthday Month Family Holiday Month Hi Neighbor Month Interfaith Month Made in America Month National Egg Nog Month National Fruit Cake Month National Human Rights Month National Pear Month</p> <p>National Stress Free Month National Tie Month National Write a Business Plan Month Read a New Book Month Rising Star Month Safe Toys and Gifts Month Spiritual Literacy Month Twin-to-Twin (TTTS) Awareness Month Universal Human Rights Month Write a Friend Month</p>	<p>1</p> <p>10:00 Theraband Exercise 11:30 Word Searches 1:30 Mind Crunch w/Mary 2:30 Afternoon Walk 4:00 Karaoke 6:00 TED Talks: "The Power of Mind"</p>	<p>2</p> <p>9:30 Saddleback Church Services 10:00 Sit and Be Fit 1:00 Solo Concert w/Yolly 2:30 Bingo! 4:00 Oldies but Goodies 6:00 Movie Night "Stage Night"</p>	
<p>3</p> <p>9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Banana Grams 1:00 Concert w/Sherrol 2:30 Bingo! 6:00 Documentary: "Dalai Lama's: Top 10 Rules to Success"</p>	<p>National Christmas Tree Lightening Ceremony 4</p> <p>10:00 Yoga w/Marlyne 11:30 Chairobics 1:30 Brain Fitness w/Mary 4:00 Xmas Tree Decoration 6:00 Movie: "White Christmas"</p>	<p>Beauty Salon 5</p> <p>10:00 Balance Exercise 11:30 Healing Hands 1:00 Pampered Nails 2:30 Crosswords & Puzzles 4:00 Oldies but Goodies 6:00 Movie: "Dashing Through the Snow"</p>	<p>6</p> <p>10:00 Walking Club 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Ball Toss Game 4:00 Xmas Sing Along 6:00 Movie Night: "Must be Santa"</p>	<p>Beauty Salon 7</p> <p>9:30 Balance Exercise 11:30 Word Searches 1:00 Art Class w/Yolly 2:30 Harvest Spice Cookies Social 4:00 Karaoke 6:00 TED Talks: "The Power to Heal"</p>	<p>Christmas Card Day 8</p> <p>10:30 Balance Exercise 11:30 Bingo! 1:30 Mind Crunch w/Mary 4:00 Sing Along 6:00 TED Talks: "Deepak Chopra: Consciousness and the Infinite Spirit"</p>	<p>9</p> <p>9:30 Saddleback Church Services 10:00 Move w/Music 1:00 Golden Oldies w/Julie 2:30 Bingo! 4:00 Sing Along 6:00 Movie "What Makes Life Complete"</p>
<p>10</p> <p>9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 Word Searches 1:00 Singing Guitar w/David Kaufman 2:30 Bingo! 6:00 "Buddha"</p>	<p>11</p> <p>10:00 Yoga w/Marlyne 11:30 Q&A w/Management 1:30 Brain Fitness w/Mary 4:00 Xmas Carols 6:00 Movie: "The Help"</p>	<p>Beauty Salon 12</p> <p><i>Hanukkah (begins at sunset)</i></p> <p>10:00 Cardio Work Out 11:30 Reflexology 2:00 Hanukkah Celebration 4:15 Hanukkah Services</p>	<p>13</p> <p>9:30 Nature Walk 11:30 Bingo! 1:00 Nurturing Soul: Parenting Hour 3:00 Baking Corner w/Yolly 4:00 Documentary: "Blue Planet" 6:00 Movie: "Love Me or Leave Me"</p>	<p>Beauty Salon 14</p> <p><i>Ugly Sweater Day</i></p> <p>10:00 Move w/Music 11:30 Music Appreciation w/Rose-Marie 1:00 Volleyball Game 2:30 You be the Judge! 4:00 Christmas Carols 6:00 Movie: "Little Women"</p>	<p>15</p> <p>9:30 Move w/Music 1:30 Mind Crunch w/Mary 2:30 Afternoon Walk 4:00 "Oldies But Goodies" 6:00 Movie: "Please Do Not Eat the Daisies"</p>	<p>16</p> <p>9:30 Saddleback Church Services 10:00 Cardio Work Out 1:00 Spanish Guitar w/Stan 2:30 Bingo! 3:30 Karaoke 6:00 TED Talk: "When God Talks Back"</p>
<p>17</p> <p>9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 11:30 December IQ 1:00 Classical Piano w/Larysa 2:30 Bingo! 6:00 Movie Night: "The Mistletoe Promise"</p>	<p>18</p> <p>10:00 Yoga w/Marlyne 11:30 Move w/Music 1:30 Brain Fitness w/Mary 4:00 Sing Along Corner 6:00 "Christmas Spirit" w/Joel Osteen</p>	<p>Beauty Salon 19</p> <p>10:00 Move w/Music 11:30 Hands Massage 1:00 Fancy Nails 3:00 Words Game 4:00 Karaoke 6:00 Movie Night: "A Smokie Mountain Christmas"</p>	<p><i>Hanukkah (begins ends)</i> 20</p> <p>10:00 Morning Stroll 11:30 Bingo! 1:00 Nurturing Soul: Parenting Hour 2:30 Cup Cake Decoration 4:00 Sing Along Corner 6:00 Movie Night: "The Christmas Secret"</p>	<p>Beauty Salon 21</p> <p>10:00 Chairobic 11:30 Crosswords & Puzzles 1:00 Art Class w/Yolly 2:30 Music Around the World w/Nick & Ayeme 4:00 Oldies but Goodies 6:00 Movie Night: "A Christmas Wish"</p>	<p>22</p> <p>10:00 Sit & Be Fit 11:30 Bingo! 12:30 Resident Birthdays! 1:30 Mind Crunch w/Mary 3:00 Egnog White Chocolate Fudge Social 6:00 Movie Night: "Romance on the Seas" "Calamity Jane"</p>	<p>23</p> <p>9:30 Saddleback Church Services 10:00 Balance Exercise 1:00 Classical Piano w/Ronnie 2:30 Bingo! 4:00 Oldies but Goodies 6:00 Documentary: "Deepak Chopra Spiritual Solution"</p>
<p><i>Christmas Eve</i> 24</p> <p>9:00 Catholic Mass 10:00 Healthy Joints w/ Cesar 1:00 Xmas Concert w/Yasha 2:30 Xmas Bingo! 6:00 Xmas Eve Movie "A Christmas Carol"</p>	<p><i>Christmas</i> 25</p> <p>10:00 Yoga w/Marlyne 12:00 Xmas Luncheon & Classical Piano Concert w/Larysa 2:30 Movie & Popcorn "The Miracle on 34th Street" 6:00 Broadcast Concert: Frank Sinatra</p>	<p>Beauty Salon 26</p> <p>10:00 Pampered Nails 11:30 Banana Grams 1:00 Movie: "I'll be Home for Xmas" 3:30 Hot Chocolate & Cookies Social 6:00 Movie "It's a Wonderful Life"</p>	<p>27</p> <p>10:00 Hand in Hand Walking 11:30 Bingo! 1:30 Nurturing Soul: Parenting Hour 3:00 Colorful! 4:00 Karaoke 6:00 "Oprah Winfrey on Finding Your Purpose in Life"</p>	<p>Beauty Salon 28</p> <p>10:00 Cardio Work Out 11:30 Word Searches 1:00 Resident/Family Council Meeting 2:30 Chat & Chew "New Year Resolutions" 4:00 Sing Along 6:00 TED Talks "New Year's Resolution"</p>	<p>29</p> <p>10:00 Balance Exercise 11:30 Bingo! 1:30 Mind Crunch w/Mary 3:00 Sound Healing w/Jahrazheen 6:00 Movie Night: "Romance on the Seas"</p>	<p>30</p> <p>9:30 Saddleback Church Services 10:00 Morning Stretches 1:00 Country Music w/Michael Quest 2:30 Bingo! 4:00 Sing Along 6:00 Movie: "Morning Glory"</p>