

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

										<p>10:00 Saddleback Church Service 1</p> <p>11:00 Bingo</p> <p>1:30 HASFit Healthy Joints</p> <p>2:00 The Rose Bowl</p> <p>3:00 Casino Royale</p> <p>4:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>6:00 Saturday Night Fun Flick <i>Holiday Inn</i></p> <p>New Year's Day</p>
<p>10:00 Chair Yoga 2</p> <p>11:00 Bingo</p> <p>1:30 Musical Relaxation</p> <p>2:00 Sunday Afternoon Matinee <i>Dr Zhivago</i></p> <p>4:30 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>6:00 Classic Television Series <i>The Carol Burnett Show</i></p>	<p>9:30 Morning Affirmations 3</p> <p>10:00 Chair Cycle</p> <p>11:00 Bingo</p> <p>1:00 Tolkien's Fantasy World</p> <p>2:00 Hedy Lamarr? Wifi? What's the Connection</p> <p>3:00 Jeopardy Challenge</p> <p>4:00 Martel Stroll</p> <p>4:30 What is Your Hobbit Name?</p> <p>6:00 Modern Film Classic <i>The Lord of the Rings</i></p>	<p>9:30 This Day in History 4</p> <p>10:00 Cesar's Healthy Joints</p> <p>11:00 Bingo</p> <p>1:00 Judy Justice</p> <p>2:00 Posh and Polished Nails</p> <p>3:00 Poker Showdown</p> <p>4:00 Poinsettia Stroll</p> <p>6:00 Tuesday Night Romance <i>Love Story</i></p>	<p>9:30 Morning Stroll 5</p> <p>10:00 Stretch It Out</p> <p>11:00 Bingo</p> <p>1:15 Celebrity Feature: Ava Gardner</p> <p>2:00 For Your Health Series New Year, New Habits</p> <p>3:00 Art Outside the Lines with Betty</p> <p>4:00 Wine and Jazz Hour</p> <p>6:00 Netflix Series <i>The Crown</i></p> <p>Happy Birthday, Patrick M</p>	<p>9:30 Group Crossword Challenge 6</p> <p>10:00 Fit to the Core</p> <p>11:00 Bingo</p> <p>1:00 Virtual Tour of The Palace of Versailles</p> <p>2:00 What's New in Activities for 2022</p> <p>3:00 Scrapbooking 101</p> <p>4:00 A Walk in the Park</p> <p>4:30 Current Events Discussion</p> <p>6:00 Hollywood Golden Age Film <i>A Passage to India</i></p>	<p>9:30 Coffee Bar Chat 7</p> <p>10:00 Silver Sneakers</p> <p>11:00 Cantor Mitzi's Shabbat Service</p> <p>1:00 The Whole History of Life and Earth</p> <p>2:00 Melrose Nail Express</p> <p>3:00 Sing Along to the Classics</p> <p>3:30 Martel Stroll</p> <p>4:00 Bingo</p> <p>6:00 Friday Evening Ballet <i>Cinderella</i></p>	<p>10:00 Saddleback Church Service 8</p> <p>11:00 Bingo</p> <p>1:30 Chair HIIT with Meredith</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Saturday Afternoon Entertainment with Ronnie</p> <p>4:00 Sentimental Scrapppers</p> <p>6:00 Saturday Night Fun Flick <i>My Man Godfrey</i></p>				
<p>10:00 Stretch and Flex 9</p> <p>11:00 Bingo</p> <p>1:30 Sunday Meditation</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Sunday Afternoon Matinee <i>The Wizard of Oz</i></p> <p>6:00 Classic Television Show <i>The Carol Burnett Show</i></p>	<p>9:30 Guided Meditations 10</p> <p>10:00 Kickboxing</p> <p>11:00 Bingo</p> <p>1:30 The 50 Weirdest Foods in the World</p> <p>2:00 A Taste of the World: Southern Style Chicken and Waffles</p> <p>3:00 Let's Get Crafty! Origami Dragons</p> <p>4:00 Evening Ambulation</p> <p>4:30 Would You Eat That?</p> <p>6:00 Modern Film Classic <i>Risky Business</i></p>	<p>9:30 Today in History 11</p> <p>10:00 Cesar's Healthy Joints</p> <p>11:00 Bingo</p> <p>1:00 Judy Justice</p> <p>2:00 Posh and Polished Nails</p> <p>2:30 Chef Brian's Food for Thought</p> <p>3:00 Board Game Cafe</p> <p>4:00 A Walk in the Park</p> <p>6:00 Tuesday Night Romance <i>From Here to Eternity</i></p>	<p>9:30 Morning Stroll 12</p> <p>10:00 Resistance Training</p> <p>11:00 Bingo</p> <p>1:15 Celebrity Feature: HG Wells</p> <p>2:00 The History of Tea</p> <p>2:30 Tea Tasting</p> <p>3:00 Artistic Exploration with Mikel</p> <p>4:00 Happy Hour: Pub Trivia</p> <p>6:00 Netflix Series <i>The Crown</i></p> <p>National Hot Tea Day</p>	<p>9:30 Scattegories Challenge 13</p> <p>10:00 Fit to the Core</p> <p>11:00 Bingo</p> <p>1:30 Dolly Parton Listening Party</p> <p>2:00 Resident Council Meeting</p> <p>3:00 Rubber Duck Racing</p> <p>4:00 Poinsettia Stroll</p> <p>4:30 The Week in Review</p> <p>6:00 Hollywood Golden Age Film <i>The Stranger</i></p>	<p>9:30 Winter Wonderland Cafe 14</p> <p>10:00 Tai Chi</p> <p>11:00 Cantor Mitzi's Shabbat Service</p> <p>1:00 World's Last Paradises</p> <p>2:00 Gardens Nail Express</p> <p>3:00 You Be the Judge</p> <p>3:30 Martel Stroll</p> <p>4:00 Bingo</p> <p>6:00 Friday Evening Musical <i>The Sound of Music</i></p>	<p>10:00 Saddleback Church Service 15</p> <p>11:00 Bingo</p> <p>1:00 Cardio with HASfit</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Saturday Afternoon Live Entertainment</p> <p>4:00 Imagine! Draw! Paint! Create! Watercolor Peacocks</p> <p>6:00 Saturday Night Fun Flick <i>The Awful Truth</i></p>				
<p>10:00 Chair Yoga 16</p> <p>11:00 Bingo</p> <p>1:30 Sunday Meditation</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Sunday Afternoon Matinee <i>Sunset Blvd</i></p> <p>6:00 Classic Television Show <i>The Carol Burnett Show</i></p>	<p>9:30 "I Have a Dream" Speech and Discussion 17</p> <p>10:00 Cycling through a Winter Wonderland</p> <p>11:00 Bingo</p> <p>1:15 "I've Been to the Mountaintop" Speech</p> <p>2:00 Marilyn Monroe: Siren of the Silver Screen</p> <p>3:00 Making the World a Better Place</p> <p>4:00 Martel Stroll</p> <p>6:00 Holiday Feature Film: <i>Selma</i></p> <p>Dr. Martin Luther King Day</p>	<p>9:30 Finish the Phrase 18</p> <p>10:00 Healthy Joints with Cesar</p> <p>11:00 Bingo</p> <p>1:00 Judy Justice</p> <p>2:00 Posh and Polished Nails</p> <p>3:00 Casino Royale</p> <p>4:00 Poinsettia Stroll</p> <p>6:00 Tuesday Night Romance <i>Dirty Dancing</i></p>	<p>9:30 Morning Stroll 19</p> <p>10:00 Stretch It Out</p> <p>11:00 Bingo</p> <p>1:00 Celebrity Feature: Anthony Quinn</p> <p>2:00 Lavender Sachets</p> <p>3:00 Art Outside the Lines with Betty</p> <p>4:00 Happy Hour: January Birthday Toast</p> <p>6:00 Netflix Series <i>The Crown</i></p>	<p>9:30 Group Crossword Challenge 20</p> <p>10:00 Fit to the Core</p> <p>11:00 Bingo</p> <p>1:00 Sundance Short Films</p> <p>2:00 Sundance 101</p> <p>3:00 Current Events Discussion</p> <p>4:00 A Walk in the Park</p> <p>4:30 Current Events Discussion</p> <p>6:00 Classic Sundance Film <i>Four Weddings and a Funeral</i></p> <p>Happy Birthday, Luelva G</p>	<p>9:30 Coffee Bar Chat 21</p> <p>10:00 Chair Tap</p> <p>11:00 Cantor Mitzi's Shabbat Service</p> <p>1:00 Great Parks of Africa</p> <p>2:00 Gardens Nail Express</p> <p>3:00 Soap Making</p> <p>3:30 Martel Stroll</p> <p>4:00 Bingo</p> <p>6:00 Friday Night Musical <i>La La Land</i></p>	<p>10:00 Saddleback Church Service 22</p> <p>11:00 Bingo</p> <p>1:30 Total Body Work with Meredith</p> <p>2:00 Audible Book Club: <i>The Short, the Long, and the Tall</i></p> <p>3:00 Saturday Afternoon Live Entertainment</p> <p>4:00 Sentimental Scrapppers</p> <p>6:00 Saturday Night Fun Flick <i>Sabrina</i></p>				
<p>10:00 Stretch and Flex 23</p> <p>11:00 Bingo</p> <p>1:30 Sunday Meditation</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Sunday Afternoon Matinee <i>Mission Impossible</i></p> <p>6:00 Classic Television Show <i>The Carol Burnett Show</i></p> <p>Activity Professionals Week</p>	<p>9:30 Guided Meditations 24</p> <p>10:00 Kickboxing</p> <p>11:00 Bingo</p> <p>1:00 The History of Kente Cloth</p> <p>2:00 Chef Demo: Southern Classics</p> <p>3:00 Let's Get Crafty! Kente Block Printing</p> <p>4:00 Poinsettia Stroll</p> <p>6:00 Modern Film Classic: <i>Queen of Katwe</i></p>	<p>9:30 Today in History 25</p> <p>10:00 Cesar's Healthy Joints</p> <p>11:00 Bingo</p> <p>1:00 Etta James Listening Party</p> <p>2:00 Melrose Nail Salon</p> <p>3:00 Casino Royale</p> <p>4:00 A Walk in the Park</p> <p>6:00 Tuesday Night Romance <i>Bringing Up Baby</i></p>	<p>9:30 Morning Stroll 26</p> <p>10:00 Resistance Training</p> <p>11:00 Bingo</p> <p>1:00 Celebrity Feature: Michelangelo</p> <p>2:00 Dealing with Grief with Season's</p> <p>3:00 Artistic Exploration with Mikel</p> <p>4:00 Happy Hour Sip and Paint</p> <p>6:00 Netflix Series <i>The Crown</i></p>	<p>9:30 Scattegories Challenge 27</p> <p>10:00 Fit to the Core</p> <p>11:00 Bingo</p> <p>1:30 Mozart Listening Party</p> <p>2:00 The Mozart Effect</p> <p>3:00 Resident Auction</p> <p>4:00 Poinsettia Stroll</p> <p>4:30 World Check In</p> <p>6:00 Hollywood Golden Age Film <i>Amadeus</i></p>	<p>9:30 Winter Wonderland Cafe 28</p> <p>10:00 Tai Chi</p> <p>11:00 Cantor Mitzi's Shabbat Service</p> <p>1:00 The Secret of Antarctica</p> <p>2:00 Groovy '60's Party</p> <p>4:00 Bingo</p> <p>6:00 Friday Night Musical <i>West Side Story</i></p>	<p>10:00 Saddleback Church Service 29</p> <p>11:00 Bingo</p> <p>1:30 Total Body Work with Meredith</p> <p>2:00 Audible Book Club: <i>The Short, the Long, and the Tall</i></p> <p>3:00 Saturday Afternoon Live Entertainment</p> <p>4:00 Sentimental Scrapppers</p> <p>6:00 Saturday Night Fun Flick <i>Moonstruck</i></p>				
<p>10:00 Stretch and Flex 30</p> <p>11:00 Bingo</p> <p>1:30 Sunday Meditation</p> <p>2:00 Audible Book Club <i>The Short, the Long, and the Tall</i></p> <p>3:00 Sunday Afternoon Matinee <i>Coal Miner's Daughter</i></p> <p>6:00 Classic Television Show <i>The Carol Burnett Show</i></p>	<p>9:30 Morning Affirmations 31</p> <p>10:00 Step It Up!</p> <p>11:00 Bingo</p> <p>1:00 History of Cavemen</p> <p>2:00 The Rise and Fall of Hollywood's Golden Age</p> <p>3:00 Trivia Challenge</p> <p>4:00 Poinsettia Stroll</p> <p>6:00 Modern Classic Film <i>Deep End of the Ocean</i></p>									