



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center; color: red; font-size: 2em;">June 2021</p>		<b>10:00 Healthy Joints with Cesar</b> 1 11:00 Bingo <b>1:30 101 Films Movie Quiz</b> 2:30 Cooking Class: Cake Pops <b>3:15 Group Word Search</b> 4:30 Melrose Gardens Walking Club 6:00 Tuesday Night Biopic <i>Bohemian Rhapsody</i>	<b>9:30 Step it Up Walking Club</b> 2 <b>10:15 Resistance Band Workout</b> 11:00 Bingo <b>1:45 Guided Meditation for Stress Relief</b> 2:00 Armchair Travel: Bangalore, India 3:00 Happy Hour: Indian Summer 6:00 Netflix Series <i>America's Book of Secrets</i>	<b>10:15 Fit to the Core</b> 3 11:00 Bingo <b>1:30 Musical Relaxation</b> <b>2:00 Resident Council Meeting</b> <b>3:15 Current Events Discussion</b> 4:30 Pre Dinner Power Walk 6:00 Hollywood Golden Age Film <i>Top Hat</i>	9:30 Walk This Weigh 4 <b>10:15 Cardio Drumming</b> 11:00 Bingo <b>12:00 Lunch Bunch</b> <b>1:30 Mozart Listening Party</b> <b>2:00 Nail Care and Relaxation</b> <b>3:00 Write it Out</b> <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Fun Flick <i>A Night at the Opera</i>	<b>10:00 Online Church Service</b> 5 11:00 Bingo 1:30 HASFit Healthy Joints <b>2:00 Imagine! Draw! Paint! Create! Drawing Flowers</b> <b>3:00 Entertainment on the Patio with Margaret</b> <b>4:00 Audible Book Club: The Last Thing He Told Me (Chapters 1-6)</b> 6:00 Featured Actor: Marlon Brando <i>On the Waterfront</i>
		Happy Birthday, Julie S. G.				
<b>10:00 Chair Yoga</b> 6 11:00 Bingo <b>1:30 Musical Relaxation</b> <b>2:00 Audible Book Club: The Last Thing He Told Me (Chapters 7-12)</b> 3:30 Card Game Cafe <b>4:00 Resident Led Bingo</b> 6:00 Bollywood Movie <i>Saawriya</i>	<b>10:15 Step It Up: Leg Strengthening</b> 7 11:00 Bingo 1:30 Musical Relaxation <b>2:00 Spa Day Facials and Hand Treatments</b> 4:30 Evening Stroll 6:00 Featured Director: Howard Hawks <i>Bringing Up Baby</i>	10:00 Sit and Be Fit with Cesar 8 11:00 Bingo <b>1:30 Whitney Houston Listening Party</b> 2:00 Cooking Class: Home Made Pickles <b>3:15 Name 10: Indian Cities</b> 4:30 Power Walkers Club 6:00 Tuesday Night Biopic <i>I Saw the Light</i>	<b>9:30 Walk for Your Health</b> 9 <b>10:15 Stretch It Out</b> 11:00 Bingo <b>1:45 Guided Meditation for Peace of Mind</b> 2:00 For Your Health Series: Alzheimer's Awareness Month <b>3:00 Color Outside the Lines with Betty</b> <b>4:00 Karaoke Bar</b> 6:00 Netflix Series <i>America's Book of Secrets</i>	<b>10:15 Core Workout</b> 10 11:00 Bingo 1:30 Simon and Garfunkle Sing Along <b>2:00 Activity Planning/ Film Buffs Meeting</b> <b>3:30 Group Walk to Trader Joe's</b> 6:00 Hollywood Golden Age Film <i>Wuthering Heights</i>	9:30 Step It Up Walking Club 11 <b>10:15 Cardio Drumming</b> 11:00 Bingo <b>1:30 Virtual Tour of the Stonewall National Museum and Archives</b> 2:00 Happy Nails 3:00 Resident Support Group <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Fun Flick <i>Tootsie</i>	<b>10:00 Online Church Service</b> 12 11:00 Bingo 1:30 Sit and Be Fit with Meredith 2:00 Grab and Go Word Games 3:00 Saturday Afternoon Entertainment <b>4:00 Audible Book Club: The Last Thing He Told Me (Chapters 13-18)</b> 6:00 Featured Actor: Marlon Brando <i>Mutiny on the Bounty</i>
Happy Birthday, Barbara L.						
<b>10:00 Stretch and Flex</b> 13 11:00 Bingo 1:30 Sunday Meditation <b>2:00 Audible Book Club: The Last He Told Me (Chapters 19-24)</b> <b>3:00 Board Game Cafe</b> 4:00 Resident Led Bingo 6:00 Opera Night <i>Aida</i>	<b>10:15 Kickboxing</b> 14 11:00 Bingo 1:30 Indian Classical Music- Raga Yaman <b>2:00 Jeopardy Challenge</b> <b>3:15 Floral Arranging</b> 4:30 Evening Stroll 6:00 Featured Director: Howard Hawks <i>Rio Bravo</i>	10:00 Healthy Joints with Cesar 15 11:00 Bingo <b>1:30 Musical Relaxation</b> <b>2:00 Cooking Class: Naan Pizza</b> <b>3:00 Trivia Tuesday Showdown</b> 4:30 Pre Dinner Stroll 6:00 Tuesday Night Biopic <i>Shirley</i>	<b>9:30 Restoring Soles Nature Walk</b> 16 <b>10:15 Power Band Workout</b> 11:00 Bingo 1:30 Guided Meditation for Healing 2:00 Food For Thought with Chef Crystal 4:00 Melrose Gardens Sip and Paint 6:00 Netflix Series <i>America's Book of Secrets</i>	<b>10:15 Abs of Steel</b> 17 11:00 Bingo 1:30 Disco Sing Along <b>2:00 Craft It! Dried Flower Art</b> 3:00 Melrose Gardens General Store 4:15 Dog Therapy Walk 6:00 Hollywood Golden Age Film <i>East of Eden</i>	9:30 Morning Walk and Roll 18 <b>10:15 Fitness Bootcamp</b> 11:00 Bingo <b>1:30 Riddle Me This</b> <b>2:00 Hand Care</b> <b>3:00 Writing Club</b> <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Fun Flick <i>The Princess Bride</i>	<b>10:00 Online Church Service</b> 19 11:00 Bingo 1:00 Cardio with HASfit <b>2:00 Imagine! Draw! Paint! Create! No Sew Blankets</b> 3:00 Activity Cart <b>4:00 Audible Book Club: The Last Thing He Told Me (Cha 25-30)</b> 6:00 Featured Actor: Marlon Brando <i>Guys and Dolls</i>
Flag Day (US)				Happy Birthday, Melvin K.		
<b>10:00 Sit and Stretch</b> 20 11:00 Bingo 12:00 Father's Day Luncheon <b>1:30 Musical Relaxation</b> 2:00 Tim Russert with Baseball Legends <b>3:00 Father's Day Concert with Yasha</b> <b>4:00 Audible Book Club: The Last Thing He Told Me (Chap 31-36)</b> 6:00 Father's Day Movie <i>Big Fish</i> Father's Day Summer Begins	<b>10:15 Chair Cycle</b> 21 11:00 Bingo 1:00 Relaxing Sitar Music with Ravi Shankar <b>2:15 Flower Power</b> <b>3:15 Weekend Recap</b> 4:30 Pre Dinner Nature Walk 6:00 Featured Director: Howard Hawks <i>The Big Sleep</i>	10:00 Sit and Be Fit with Cesar 22 11:00 Bingo <b>1:30 101 Amazing Facts about India</b> <b>2:15 Cooking Class: Cinnamon Sugar Donut Holes</b> <b>3:15 Melrose Gardens Spelling Bee</b> 4:30 Pre Dinner Stroll 6:00 Tuesday Night Biopic: <i>Bohemian Rhapsody</i>	<b>9:30 Poinsettia Stroll</b> 23 <b>10:15 Resistance Band Workout</b> 11:00 Bingo 1:45 Guided Meditation for Happiness <b>3:00 Color Outside the Lines with Betty</b> <b>4:00 Happy Hour: Martini Bar</b> 6:00 Netflix Series <i>America's Book of Secrets</i>	<b>10:15 Fit to the Core</b> 24 11:00 Bingo 1:30 Weekly Affirmations <b>2:00 Craft It! Watercolor Art</b> <b>3:00 The Week in Review</b> 4:30 Pre Dinner Power Walk 6:00 Hollywood Golden Age Film <i>The Adventures of Robin Hood</i>	9:30 Morning Stroll and Roll 25 <b>10:15 Head to Toe Fitness</b> 11:00 Bingo <b>1:00 Silk Painting Class with Reah</b> <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Fun Flick <i>Best in Show</i>	<b>10:00 Online Church Service</b> 26 11:00 Bingo <b>1:30 Resistance Band with Meredith</b> 2:00 Grab and Go Crossword Puzzles 3:00 Entertainment on the Patio with Hugo <b>4:00 Audible Book Club: The Last Thing He Told Me (Cha 37-40)</b> 6:00 Featured Actor: Marlon Brando <i>Bedtime Story</i>
<b>10:00 Seated Tai Chi</b> 27 11:00 Bingo <b>1:30 Musical Relaxation</b> <b>2:00 Audible Book Club: The Last Thing He Told Me (Cha 41-45)</b> 3:00 Zen Journaling <b>4:00 Resident Led Bingo</b> 6:00 Musical Movie <i>A Chorus Line</i>	<b>10:15 Step It Up: Leg Strengthening</b> 28 11:00 Bingo <b>1:30 Kenny Rogers Listening Party</b> 2:00 Gardening on the Patio 2:45 Jeopardy Challenge <b>3:30 Word Search</b> 4:30 Walk This Weigh 6:00 Featured Director: Howard Hawks <i>Only Angels Have Wings</i>	10:00 Sit and Be Fit with Cesar 29 11:00 Bingo <b>1:30 Funny Pets</b> <b>2:00 Cooking Class: Easy Trail Mix</b> 2:45 Tuesday Affirmations <b>3:15 Name That Tune!</b> 4:30 Pre Dinner Stroll 6:00 Tuesday Night Biopic: <i>Judy</i>	<b>9:30 Poinsettia Stroll</b> 30 <b>10:15 Resistance Band Workout</b> 11:00 Bingo 1:45 Guided Meditation for Happiness <b>2:30 Pet Adoption Day!</b> <b>4:00 June Birthday Toast</b> 6:00 Netflix Series <i>America's Book of Secrets</i>	 <p style="text-align: right; color: red; font-size: 2em;">Happy Father's Day!</p>		