

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2021



<p><b>10:00 Chair Yoga</b> 11:00 Bingo 1:30 Musical Relaxation <b>2:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> <b>3:00 Sunday Afternoon Matinee Harold and Maude</b> 6:00 Classic Television Series <i>The Thin Man</i></p>	<p><b>9:30 Morning Affirmations</b> <b>10:15 Chair Cycle</b> 11:00 Bingo 12:00 Labor Day Luncheon <b>1:30 Musical Memories of the High Holidays</b> <b>2:00 Apple Tasting</b> <b>3:00 The History of Rosh Hashanah</b> 6:00 Labor Day Cinema <i>Norma Rae</i> Rosh Hashanah Begins/ Labor Day Happy Birthday, Brian M</p>	<p><b>9:30 Coffee and Chat</b> <b>10:00 Healthy Joints with Cesar</b> 11:00 Bingo 1:30 The Hebrew Calendar <b>2:30 Makers and Bakers: Apple, Honey and Granola Parfaits</b> <b>3:15 Rosh Hashanah True or False</b> 4:30 Melrose Gardens Walking Club 6:00 Tuesday Night Biopic <i>Green Book</i></p>	<p><b>9:30 Morning Stroll</b> <b>10:00 Golden Era Fitness</b> 11:00 Bingo <b>1:30 Food as Activism with Dr Jane Goodall</b> 2:00 Making Global Change 3:00 <i>The Plot</i> Book Club Discussion <b>4:00 Happy Hour: Vodka Gimlets</b> 6:00 Netflix Docuseries <i>Explained</i></p>	<p><b>9:30 This Day in History</b> <b>10:15 Fit to the Core</b> 11:00 Bingo 1:30 Finding Your Voice and Inspiration 2:00 Freely Creative <b>3:15 Activity Planning Meeting</b> 4:30 Pre Dinner Power Walk 6:00 Hollywood Golden Age Film <i>The Lady from Shanghai</i></p>	<p>9:30 Walk This Weigh <b>10:15 Cardio Drumming</b> 11:00 Bingo <b>12:00 Lunch Bunch:</b> <b>2:00 Nail Care and Relaxation</b> <b>3:00 Women's Empowerment Hour</b> <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Musical <i>In the Heights</i></p>	<p><b>10:00 Saddleback Church Service</b> 11:00 Bingo 1:30 HASFit Healthy Joints <b>2:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 3:00 Imagine! Draw! Paint! Create! Sketching Sunflowers <b>4:00 Saturday Afternoon Entertainment with Vladimir</b> 6:00 Saturday Night Fun Flick <i>Ferris Beuller's Day Off</i></p>
<p><b>10:00 Stretch and Flex</b> 11:00 Bingo 12:00 Grandparents Day Brunch 1:30 Sunday Meditation <b>2:00 Honoring Our Grandparents</b> <b>3:00 Sunday Afternoon Matinee The War with Grandpa</b> <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 6:00 Classic Television Series <i>The Thin Man</i> Grandparents Day</p>	<p><b>9:30 Morning Affirmations</b> <b>10:15 Kickboxing</b> 11:00 Bingo 1:30 TEDTalk: It's Time for More Women In Politics 2:00 Jeopardy Challenge <b>3:15 Men's Club: Patio Fishing</b> <b>3:15 Green Thumbs Club</b> 4:30 Evening Stroll 6:00 Men's Movie Night <i>Notorius</i></p>	<p><b>9:30 This Day in History</b> 10:00 Sit and Be Fit with Cesar 11:00 Bingo 1:30 Vivaldi's Four Seasons <b>2:15 Makers and Bakers: Homemade Nut Butter</b> <b>3:00 For Your Health Series: Healthy Aging</b> 4:30 Power Walkers Club 6:00 Tuesday Night Biopic <i>Miss Potter</i></p>	<p><b>9:30 Walk for Your Health</b> <b>10:15 Stretch It Out</b> 11:00 Bingo <b>1:30 The National Baseball Hall of Fame</b> <b>2:00 Rummikub 101</b> 3:00 Color Outside the Lines with Betty <b>4:00 Happy Hour: The Bourbon Bomber</b> 6:00 Netflix Docuseries <i>Explained</i></p>	<p><b>9:30 This Day in History</b> <b>10:15 Core Workout</b> 11:00 Bingo 1:30 The Secret World of Haute Couture <b>2:00 Fashion Silhouettes</b> <b>3:00 Resident Council Meeting</b> 4:30 Afternoon Ambulation 6:00 Hollywood Golden Age Film <i>Gaslight</i></p>	<p>9:30 Step It Up Walking Club <b>10:15 Total Body Bootcamp</b> 11:00 Bingo <b>1:30 Million Dollar Home Tour with Enes Yilmazer</b> 2:00 Happy Nails <b>3:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 4:00 The Week in Review <b>5:00 Streaming Shabbat Service</b> 6:00 Friday Night Musical <i>Newsies</i></p>	<p><b>10:00 Saddleback Church Service</b> 11:00 Bingo 1:30 Sit and Be Fit with Meredith 2:00 Grab and Go Word Quizzes <b>3:00 Saturday Afternoon Entertainment with Michael</b> <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 6:00 Saturday Night Fun Flick <i>Blazing Saddles</i></p>
<p><b>10:00 Stretch and Flex</b> 11:00 Bingo 1:30 Sunday Meditation <b>2:00 Honoring Our Grandparents</b> <b>3:00 Sunday Afternoon Matinee The War with Grandpa</b> <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 6:00 Classic Television Series <i>The Thin Man</i> Grandparents Day</p>	<p><b>9:30 Morning Affirmations</b> <b>10:15 Kickboxing</b> 11:00 Bingo 1:30 TEDTalk: It's Time for More Women In Politics 2:00 Jeopardy Challenge <b>3:15 Men's Club: Patio Fishing</b> <b>3:15 Green Thumbs Club</b> 4:30 Evening Stroll 6:00 Men's Movie Night <i>Notorius</i></p>	<p><b>9:30 This Day in History</b> 10:00 Sit and Be Fit with Cesar 11:00 Bingo 1:30 Vivaldi's Four Seasons <b>2:15 Makers and Bakers: Homemade Nut Butter</b> <b>3:00 For Your Health Series: Healthy Aging</b> 4:30 Power Walkers Club 6:00 Tuesday Night Biopic <i>Miss Potter</i></p>	<p><b>9:30 Scattergories</b> <b>10:00 Golden Era Fitness</b> 11:00 Bingo 1:30 Yom Kippur/Day of Atonement <b>2:00 Chef's Food For Thought</b> 3:00 Yom Kippur Poetry Hour <b>4:00 Happy Hour: Apple Cinnamon Mule</b> 6:00 Netflix Docuseries <i>Explained</i> Yom Kippur Begins</p>	<p><b>9:30 Coffee and Chat</b> <b>10:15 Abs of Steel</b> 11:00 Bingo 1:30 Sing Along to the Classics 2:00 Craft It!: Roll the Dice Art 3:30 Group Walk to Tomo Coffee 6:00 Hollywood Golden Age Film <i>The Maltese Falcon</i></p>	<p>9:30 Morning Walk and Roll <b>10:15 Fitness Bootcamp</b> 11:00 Bingo <b>1:30 Rock the Block: The Rolling Stones</b> <b>2:00 Hand Care</b> <b>3:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> <b>4:00 Women's Empowerment Hour</b> <b>5:00 Streaming Shabbat Service</b> 6:00 Opera Night <i>The Magic Flute</i></p>	<p><b>10:00 Saddleback Church Service</b> 11:00 Bingo 1:00 Cardio with HASfit <b>2:00 Mandalas on Canvas</b> 3:00 Saturday Afternoon Entertainment with Stephan <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 6:00 Saturday Night Fun Flick <i>Funny Girl</i> Oktoberfest Begins Happy Birthday, Kitty</p>
<p><b>10:00 Stretch and Flex</b> 11:00 Bingo 1:30 Sunday Meditation <b>2:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> <b>3:00 Sunday Afternoon Matinee The Shawshank Redemption</b> 6:00 Classic Television Series <i>The Thin Man</i></p>	<p>9:30 Morning Meditation <b>10:15 Step It Up!</b> 11:00 Bingo <b>1:30 The Feast of Sukkot</b> 2:15 Decorating the Sukkah <b>3:15 Jeopardy!</b> 4:30 Afternoon Walk 6:00 Modern Classic Film <i>Legends of the Fall</i> Sukkot Begins</p>	<p>9:30 Coffee Chat 10:00 Healthy Joints with Cesar 11:00 Bingo 1:30 Classic Comedy Skits: The Carol Burnett Show <b>2:00 Makers and Bakers: Baked Alaska Bombs</b> <b>3:00 Religions of the World: Judaism</b> 4:30 Pre Dinner Stroll 6:00 Tuesday Night Biopic <i>Capote</i></p>	<p><b>9:30 Poinsettia Stroll</b> <b>10:15 Resistance Band Workout</b> 11:00 Bingo 1:30 Willie Nelson Listening Party 2:00 Blackjack Table <b>3:00 Color Outside the Lines</b> <b>4:00 Happy Hour: Pumpkin Spice Martinis</b> 6:00 Netflix Docuseries <i>Explained</i> Autumn Begins Happy Birthday, Martha</p>	<p><b>9:30 This Day in History</b> <b>10:15 Fit to the Core</b> 11:00 Bingo 1:30 Calming Meditation <b>2:00 Craft It!: Embossed Clay Jewelry Dishes</b> <b>3:00 Dear Diary...</b> <b>4:30 Evening Walk and Roll</b> 6:00 Hollywood Golden Age Film <i>Touch of Evil</i></p>	<p>9:30 Group Crossword Puzzle <b>10:15 Head to Toe Fitness</b> 11:00 Bingo <b>1:30 Oktoberfest in Munich</b> <b>2:00 Beer and Brats</b> <b>Oktoberfest Celebration</b> 6:00 Friday Night Musical <i>Ma Rainey's Black Bottom</i></p>	<p><b>10:00 Saddleback Church Service</b> 11:00 Bingo <b>1:30 Resistance Band with Meredith</b> 2:00 Grab and Go Crossword Puzzles <b>3:00 Saturday Entertainment with Joey Aaron</b> <b>4:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> 6:00 Saturday Night Fun Flick <i>An American in Paris</i></p>
<p><b>10:00 Seated Yoga</b> 11:00 Bingo 1:30 Sunday Meditation <b>2:00 Audible Book Club: The Little Old Lady Who Broke All the Rules</b> <b>3:00 Sunday Afternoon Matinee Sully</b> 6:00 Classic Television Series <i>The Thin Man</i></p>	<p><b>9:30 Coffee and Chat</b> <b>10:15 Chair Cycle Along the Coast</b> 11:00 Bingo 1:30 RMS Queen Elizabeth 2:00 Corn Shucking Relay <b>3:00 Men's Club: Nerf Target Shooting</b> <b>4:00 Green Thumb Club</b> 4:30 Neighborhood Hike 6:00 Men's Movie Night <i>The Gay Divorcee</i></p>	<p>9:30 Morning Salutation 10:00 Healthy Joints with Cesar 11:00 Bingo 1:30 Simchat Torah Songs <b>2:00 Makers and Bakers: Banana Pudding</b> <b>3:00 Embossed Clay Jewelry Dishes</b> 4:00 Simchat Torah Service 4:30 Pre Dinner Stroll 6:00 Tuesday Night Biopic <i>Man on the Moon</i> Simchat Torah Begins</p>	<p><b>9:30 Poinsettia Stroll</b> <b>10:15 Resistance Band Workout</b> 11:00 Bingo 1:30 The Bee Gees Listening Party 2:00 Paper Quilling 101 <b>3:00 Craft It!: Embossed Clay Jewelry Dishes (Part 2)</b> <b>4:00 Happy Hour: September Birthday Toast</b> 6:00 Netflix Docuseries <i>Explained</i></p>	<p><b>9:30 This Day in History</b> <b>10:15 Fit to the Core</b> 11:00 Bingo 1:30 Calming Meditation <b>2:00 Harvest Scarecrow</b> <b>3:00 Resident Auction</b> <b>4:30 Evening Walk and Roll</b> 6:00 Hollywood Golden Age Film <i>All About Eve</i></p>		