

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Winter Walking Club 10:00 Dragon Ribbon Dance 11:00 Southern Music Sing Along 1:30 Art Cart 2:30 Bake Off 3:15 Chinese Horoscope 4:00 Afternoon Sunshine Stroll 6:00 Tuesday Biopics Chinese New Year (Year of the Tiger)	9:30 Fill in the blank 10:00 Core Workout 11:00 Brain Aerobics 1:30 Musical Theatre Karaoke 2:00 Poker 3:00 High Tea 4:15 Community Walk 6:00 Southern Classic Films Groundhog Day	9:30 Winter Dream Tea & Thoughtful Talks 10:00 Musical Fitness 11:00 Word Challenge 1:30 Clay Work 2:00 Parfait Creations 3:15 Rummikube 4:00 Evening Stroll 6:00 Hollywood Golden Age Film	9:30 Meditation 10:00 Muscle Sculpting 11:00 Music Appreciation 1:30 Bingo 2:00 World Issue Discussion 3:15 Drawing Class Series 4:15 Power Walk in the Park 6:00 Friday Night Musical	9:30 Saddleback Church 10:00 Kick Ball 11:00 Appreciating 1:30 Stretch and Lengthen 2:00 Live Entertainment 3:15 Game On 4:00 Garden Walk and Water 6:00 Saturday Night Fun Flick
9:30 Catholic Mass 10:00 Flexibility Workout 11:00 Oil Pastel Designs 1:30 Bowling League 2:15 Sinatra Sing Along 3:15 Tiles Tournament 4:00 Evening Stroll 6:00 Classic Television Series: "I Love Lucy"	9:30 Pictionary 10:00 Cycling Class 11:00 Brain HQ 1:30 Bingo 2:00 Who created Melrose Avenue 4:15 Power Walk 6:00 Feature Film: Hollywood	9:30 Healthy Joint Club 10:00 Chair Yoga 11:00 Southern Figures of Fame 1:30 Art Cart 2:30 Danceathon 3:15 Happy Hour 4:00 Community Walk 6:00 Tuesday Biopics	9:30 Scattergories 10:00 Kick Ball 11:00 You Be the Judge! 1:30 Sing Along 2:00 DIY Winter Painting Series 3:15 Balloon Toss 4:15 Power Walk 6:00 Southern Classic Films	9:30 Mocha Cafe 10:00 Chair Barre 11:00 Word Challenge 1:30 Southern Peach Cobbler 2:00 Cottages Spa Manicures 3:15 Volleyball Toss 4:00 Evening Stroll 6:00 Hollywood Golden Age Film	9:30 Garden Meditation 10:00 Chair Yoga 11:00 Art Appreciation 1:30 Dancing with the Stars 2:00 Polymer Clay Modeling 3:15 Scrabble Words 4:15 Cottages Walking Club 6:00 Friday Night Musical	9:30 Saddleback Church Services 10:00 Muscle Sculpting 11:00 Musical Sing Along 1:30 Happy Hour and Trivia 2:00 Live Entertainment 3:15 Game On 4:00 Community Walk 6:00 Saturday Night Fun Flick
9:30 Catholic Mass 10:00 Dance Fitness 11:00 Math Brain Teasers 1:30 Herbal Hand Massage 2:15 Karaoke with the Rat Pack 3:15 Super Bowl Kick Off 4:00 Power Walk Club 6:00 Classic Television Series: "That Girl"	9:30 Pictionary 10:00 Ballet Dance Fitness 11:00 Favorite Books of all Time 1:30 Learning How to Drum 2:00 A Taste of the World: Fresh Rum Raisin Ice Cream 3:15 Article Review 4:15 Poinsettia Stroll 6:00 Men's Movie Night Valentine's Day	9:30 Step It Up! Walking Club 10:00 Yoga Breath and Flow 11:00 Art of the South 1:30 Art Cart 2:30 Bake Off: Sugar Cookie Decorating 3:15 Kick Ball 4:00 Evening Stroll 6:00 Tuesday Biopics	9:30 Love Trivia 10:00 Cycling Class 11:00 Brain Aerobics 1:30 Musical Theatre Karaoke 2:00 Poker 3:15 Article Review 4:15 Winter Stroll 6:00 Southern Classic Films	9:30 Winter Dream Tea & Thoughtful Talks 10:00 Musical Fitness 11:00 Winter Word Challenge 1:30 Water Painting 2:00 Chocolate Fruit Dipping 3:15 Rummikube 4:00 Afternoon Sunshine Stroll 6:00 Hollywood Golden Age Film	9:30 Park Meditation 10:00 Line Dance Fitness 11:00 Music Appreciation 1:30 Balloon Volleyball 2:00 Wacky Words 3:15 Poker Game 4:15 Evening Stroll 6:00 Opera Night	9:30 Saddleback Church Services 10:00 Dance Fitness 11:00 Spanish Class 1:30 Game On 2:00 Live Entertainment 3:15 Game On 4:15 Cottages Walking Club 6:00 Saturday Night Fun Flick
9:30 Catholic Mass 10:00 Muscle Sculpting 11:00 Watercolor Hearts 1:30 Bowling League 2:15 Sinatra Sing Along 3:15 Tiles Challenge 4:00 Garden Stroll 6:00 Classic Television Series: "Andy Griffith"	9:30 Pictionary 10:00 Cycling Class 11:00 President Poetry Creation 1:30 Bingo 2:00 Tribute to Betty White 4:15 Cottages Walking Club 6:00 Feature Film: Betty White Presidents' Day	9:30 Morning Walk in the Park 10:00 Chair Yoga 11:00 American South Virtual Tour 1:30 Art Cart 2:30 Danceathon 3:15 Happy Hour 4:00 Power Walking Club 6:00 Tuesday Biopics	9:30 Southern Puzzle 10:00 Batter up Fitness 11:00 You Be the Judge! 1:30 Southern Sing Along 2:00 Arts and Crafts Series 3:15 Activity Committee Meeting 4:15 Cottages Walking Club 6:00 Southern Classic Films	9:30 Mocha Cafe 10:00 Chair Barre 11:00 Word Challenge 1:30 Watercolor Art 2:00 Cottages Spa Manicures 3:15 Volleyball Toss 4:00 Evening Stroll 6:00 Hollywood Golden Age Film	9:30 Garden Meditation 10:00 Chair Yoga 11:00 Art Appreciation 1:30 Dancing with the Stars 2:00 Polymer Clay Modeling 3:15 Scrabble Words 4:15 Cottages Walking Club 6:00 Friday Night Musical	9:30 Saddleback Church Services 10:00 Zumba Salsa Dance 11:00 The South: Trivia 2:00 Live Entertainment 3:15 Christmas Movie & Cookies 6:00 Christmas Caroling 6:00 Saturday Night Fun Flick
9:30 Catholic Mass 10:00 Kick Ball 11:00 February Brain Teasers 1:30 Herbal Hand Massage 2:00 Karaoke with the Rat Pack 3:15 Tiles Challenge 4:00 Evening Stroll 6:00 Classic Television Series: "Carol Burnett Show"	9:30 Pictionary 10:00 Hoedown Dance Fitness 11:00 Brain Fitness 1:30 Learning How to Drum 2:00 Chef Demo: Southern Classics 3:15 Musical Sing Along 4:15 Evening Stroll 6:00 Modern Classic Film	 <h1 style="font-size: 4em; color: #800000; margin: 0;">FEBRUARY 2022</h1>				