Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March	9:30 Poinsettia Stroll 10:00 Healthy Joint Club 11:00 Brain Fitness with Yolly 1:30 American Sing Along 2:00 Crafts Corner 3:15 Italian Puzzles 4:15 Afternoon Stroll 6:00 Documentary: "Planet Earth: The Complete Series"	9:30 Morning Refresh 10:00 Theraband Exercise 11:00 "100" Words Challenge 1:30 Herbal Therapy 2:00 Bingo 3:15 Italian Watercolor Painting 4:00 Nature Appreciation 6:00 Movie: "What Would Sophia Do?"	9:30 Walking Club 10:00 Sit & Be Fit 11:00 Drinks and Discourse on the Patio 1:30 Bingo 2:00 Hangman 3:15 Italian Puzzle: Mona Lisa 4:15 Wednesday Stroll 6:00 Movie: "Three Coins in the Fountain"	9:30 Walk It Out 10:00 Oldies Dance Fitness 11:00 Trivia Challenge 1:30 Music Appreciation 2:00 Balloon Volleyball 3:15 Watercolor Painting 4:00 Nature Appreciation 6:00 Comedy: "The Fuzzy Mink Might Grow"	9:30 Morning Affirmation 10:00 Resistance Band Workout 11:00 Word Unscramble 1:30 Parachute Game 2:00 Banana Grams 3:15 Famous Italian Artists 4:15 Walk the Block 6:00 Movie: "The Young Girls of Roche Fort"	9:30 Walk The Block 10:00 Cardio Bootcamp 11:00 Hangman 1:30 Sing Along 2:00 Trivia Challenge 3:15 Bingo 4:00 Short Walk 6:30 Nature Documentary: "The World's Secret of Antarctica"
9:30 Catholic Mass 10:00 Sit & Be Fit 11:00 Board Games 1:30 Ring Toss 2:15 Italian Trivia Challenge 3:15 Iced Tea & Italian Biscotti 4:00 Sunday Stroll 6:00 Netflix Series: "Grace & Frankie"	9:30 Step It Up! Walking Club 10:00 Ball Exercises 11:00 Tone in the Zone 1:30 Healing Hands 2:00 Balloon Volleyball 3:15 Italian Acrylic Painting 4:15 Monday Walk 6:00 Comedy: "People Will Talk"	9:30 Walk It Out!  10:00 Cardio Work Out  11:00 Brain Fitness  1:30 Bowling Game  2:00 Luck of the Irish Trivia  3:15 Italian Crafts Corner  4:00 Tuesday Stroll  6:00 Movie: "A Time For Drunken Horses"	9:30 Wednesday Stroll 10:00 Weight Training 11:00 "100" Words Challenge 1:30 Dart Ball 2:00 Group Word Games 3:15 Italian Art Class 4:15 Poinsettia Stroll 6:00 Movie: "Lost Lagoon"	9:30 Nature Walk 10:00 Balance Exercise 11:00 Drinks and Discourse on the Patio 1:30 Sing Along to Rat Pack Classics 2:00 Balloon Toss 3:15 Word Search 4:00 Afternoon Stroll 6:00 Documentary: "Wing of Life"	9:30 Walking Club 10:00 Fun with Fitness 11:00 Music Appreciation 1:30 Parachute Game 2:00 Bingo 3:15 Italian Watercolor Painting 4:15 Garden Stroll 6:00 Italian Visionary Documentary: Dante Alighieri: His Life, Exile and Legacy	9:30 Saturday Stroll 10:00 Move to the Music 11:00 Drawing in Color 1:30 Italian Trivia Challenge 2:00 Balloon Volleyball 3:15 Reading Poems that Rhyme 4:00 Nature Walk 6:30 Comedy: "Breakfast At Tiffany's"
9:30 Catholic Mass 10:00 Morning Stretch 11:00 Dart Ball 1:30 Word Unscramble 2:15 Trivia Challenge 3:15 You be the Judge! 4:00 Afternoon Walk 6:00 Romance Movie: "Monkey Business"  Daylight Saving Time Begins	9:30 Monday Stroll 10:00 Weight Training 11:00 Italian Trivia challenge 1:30 American Sing Along 2:00 Music Appreciation 3:15 Italian Art Class 4:15 Walk The Block 6:00 Virtual Tour of the Uffizi Gallery in Florence	9:30 Poinsettia Stroll 10:00 Ball Exercise 11:00 Ice Cream on the Patio 1:30 Bowling Game 2:00 Bingo 3:15 Italian Puzzle: Mona Lisa 4:00 Walking Up! 6:00 Documentary: "The Fruit Hunters"	9:30 Morning Affirmations 10:00 Theraband Exercise 11:00 Brain Fitness 1:30 Dart Ball 2:00 Karaoke to the Classics 3:15 St. Patrick's Day Happy Hour: Green Soda Floats 4:15 Walk The Block 6:00 Featured Director: "Woody Allen Play it Again Sam" St. Patrick's Day	9:30 Walking Club 10:00 Cardio Workout 11:00 Board Games 1:30 Balloon Volleyball 2:00 Music Appreciation 3:15 Italian Art Class 4:00 Walking Up! 6:00 Biopic: Ruth Etting in "Love Me or Leave Me"	9:30 Friday Stroll 10:00 Balance Exercise 11:00 "100" Words Challenge 1:30 Parachute Game 2:00 Banana Grams 3:15 Italian Acrylic Painting 4:15 Nature Stroll 6:00 Featured Director Tim Burton Sleepy Hollow	9:30 Nature Walk 10:00 Stretch It Out 11:00 Brain Fitness 1:30 Sing Along 2:00 Bingo 3:15 Sensory Sand Manipulation 4:00 Afternoon Stroll 6:30 Documentary: "Animal Odd Couples"  Spring Begins
9:30 Catholic Mass 10:00 Chairobics with Kelly 11:00 Hangman 1:30 Ring Toss 2:15 Bingo 3:15 Card Games 4:00 Walk The Block 6:00 Featured Director: "Woody Allen Manhattan"	9:30 Morning Affirmation 10:00 Balance Exercise 11:00 March IQ 1:30 Sing Along 2:00 Crafts Corner 3:15 Art Appreciation 4:15 Step It Up! Walk 6:00 Netflix Series: "A Tale of Two Sisters"	9:30 Walking Club 10:00 Zumba Gold 11:00 "100" Words 1:30 Music Appreciation 2:00 Bowling Game 3:15 Italian Art Class 4:00 Walk the Block 6:00 Featured Actress: Meryl Streep in "The French Lieutenant's Woman"	9:30 Outing Fun! 10:00 Cardio with Yolly 11:00 Trivia Challenge 1:30 Parachute Game 2:00 Dart Ball 3:15 Italian Puzzle 4:15 Walking Club 6:00 Musical Movie: "Dream Girls"	9:30 Walk The Block 10:00 Let's Get Balanced! 11:00 Hangman 1:30 Touch Therapy 2:00 Ring Toss 3:15 Italian Gelato Tasting 4:00 Step It Up! Walk 6:00 Netflix Series: "Anne with an E"	9:30 Poinsettia Stroll 10:00 Theraband Exercise 11:00 Coffee and Italian Biscotti on the Patio 1:30 Italian Trivia Challenge 2:00 Bingo 3:15 Italian Arts 4:15 Nature Appreciation 6:00 Biopic Featuring Judy Garland	9:30 Step It Up! Walk 10:00 Fun with Fitness 11:00 You be the Judge! 1:30 Hangman 2:00 Board Games 3:15 Bingo 4:00 Walk and Roll 6:30 Featured Actress: Meryl Streep in "Postcards from the Edge" Possover Begins
9:30 Catholic Mass 10:00 Stretch It Out 11:00 Random Trivia 1:30 Ring Toss 2:15 American Sing Along 3:15 Italian Gelato Tasting 4:00 Nature Walk 6:00 Movie: "The Man Who Built America"	9:30 Walk The Block 10:00 Cardio Work Out 11:00 "100" Words 1:30 Angel Touch 2:00 Italian Watercolor Painting 3:15 Resident Council Meeting 4:15 Walking Club 6:00 Biopic: Fred Rogers in "A Beautiful Day in the Neighborhood"	9:30 Nature Walk 10:00 Balance Exercise 11:00 Word Unscramble 1:30 Sing Along 2:00 Bingo 3:15 Art Class with Yolly 4:15 Afternoon Stroll 6:00 Documentary: "America - The Story of the U.S"	9:30 Walking Club 10:00 Theraband Exercise 11:00 Brain Fitness 1:30 Sing Along 2:00 Crafts Corner 3:15 Italian Puzzle 4:15 Afternoon Stroll 6:00 Italian Visionary Documentary: "Antonio Stradivari: Stradivarius &Me"		March 202 y is not in things; it is in — Richard Wagner	

Palm Sunday

The Cottages Activity Calendar | Lic: 197609830/197609896