May 2021	y 202					BREAKFAST Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese <u>LUNCH</u> Vegetable Soup, Sliced Beef, Rice, Green Bean Salad, Fresh Bread, Pear Plum Crisp <u>DINNER</u> Sesame Bok Choy Soup, Chow Mein, Shrimp, Egg Rolls, Cucumber Slices Jello with Cream
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt Lunch Vegetable Soup, Grilled Greek Chicken Breast, Loaded Caesar Salad, Rice Pudding <u>DINNER</u> Vegetable Soup Ground Beef Wellington, Mashed Potatoes, Carrots, Sliced Fruit	BREAKFAST Pancakes, Eggs Any Style,Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese <u>Vegetable Soup</u> Roasted Turkey, Sweet Potato, Vegetables, Vanilla Banana Cake <u>DINNER</u> Tomato Soup, Tuna or Turkey Deli Plate Fries, Ice Cream	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Soup, Fried Fish, Potato Salad, Bread ,Fruit , <u>DINNER</u> Chicken Soup, Macaroni & Cheese Casserole, Broccoli Dinner Roll Apple Fruit Crisp	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tortilla Soup, Fajitas, Grilled Corn, Flour Tortillas w/Cinnamon Apples & Creme <u>DINNER</u> Root Vegetable Soup, Xiomara's Veggie Burger, Fries, Lettuce , Tomato, Onion Peanut Butter Pudding	BREAKFAST Breakfast Muffins, Hash Browns with Onions and Peppers, Fruit <u>LUNCH</u> Vegetable Cream Soup, Empanadas with Avocado Cream, Rice & Lentils Flan with Berries <u>DINNER</u> Squash Soup, Baked Ziti, Salad, Garlic Bread Chocolate Cake	BREAKFAST Cream of Wheat, Yogurt , Eggs Any Style, Meat, and Fruit <u>LUNCH</u> Clam Chowder, Baked Fish with Parmesan Sauce, Rice & Vegetables Blueberry Crumb Muffins <u>DINNER</u> Tomato Soup, Gourmet Grilled Cheese Chips, Cucumber-Tomato Salad Berries with Cream	BREAKFAST Toast, Scrambled Eggs, Hot & Cold Cereal, Fresh Fruit, Prune Applesauce <u>LUNCH</u> White Bean, Bar B Que Grilled Beef, Macaroni Salad, Green Beans, Cherry Pie <u>DINNER</u> Vegetable Noodle Soup , Egg Salad, Garbanzo Bean Salad, English Muffins, Sherbet Ice Cream
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <u>Mother's Day Brunch</u> <u>DINNER</u> Vegetable Soup, Turkey Breast, Stuffing,, Squash, Peaches & Cream	BREAKFAST Pancakes, Eggs Any Style, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Clam Chowder Soup, Baked Fish, Zucchini Cheese Gratin, Cabbage, Strawberry Mousse <u>DINNER</u> Chicken Vegetable Soup, Shrimp Cobb Salad, Fresh Cinnamon Sugar Cookies	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fruit LUNCH Noodle Soup, Grilled Chicken, Baked Beans, Corn on Cob, Sliced Tomato's, Banana Pudding DINNER Vegetable Soup, Fettuccine Alfredo, Spinach Salad, Dinner Roll, Pina Colada Fluff	Cinco de Mayo <u>BREAKFAST</u> Eggs Any Style, Toast, Turkey Sausage Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Roasted Vegetable Soup, Balsalmic Grilled Steak, Roasted Potatos, Salad ,Fruit <u>DINNER</u> Lentil Soup, Baja Fish Tacos, Salsa, Rice, Cabbage Slaw, Cookies	BREAKFAST Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit <u>LUNCH</u> Noodle Soup, Pastrami Deli Plate Sautéed Corn , Roasted Garlic Red Potatoes, Fruit Cake <u>DINNER</u> Minestrone, Spaghetti & Meat Sauce, Salad, Garlic Bread, White Chocolate Mousse	BREAKFAST Cream of Wheat, Pancakes Eggs Any Style, Meat, and Fruit <u>LUNCH</u> Brown Rice Soup, Gourmet Chicken Burger Fries, Sliced Lettuce, Pickles,Cheese, Vanilla Ice Cream <u>DINNER</u> Onion Soup, Fish Plate w/ Vegetables & Pesto Cream, Rice, Baked Cinnamon Diced Apples	BREAKFAST Hot & Cold Cereal, Poached Eggs, Toas Fresh Fruit, Prunes <u>LUNCH</u> Root Vegetable Soup, Beef Pepper Steak, Rice & Vegetables, Lemon Ice Box Pie <u>DINNER</u> Noodle Soup, Chicken Salad, Side Salad, Cookie
Mother's Day BREAKFAST 16 Bagel, Eggs Any Style, 16 Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup, Breaded Chicken Florentine, Potatoes, Fresh Fruit DINNER Cream of Broccoli, Egg Salad & Tuna Deli Plate, Fruit Slice, Tapioca Pudding	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Garden Soup, Corned Beef, Rye Bread, Macaroni Salad, Jello with Cream <u>DINNER</u> Vegetable Barley Soup, Spinach Fettuccine w/ Bread, Green Salad, Chocolate Cookie	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Beef Noodle Soup, Stuffed Baked Potato, Green Salad, Fruit Slice, Cocoa Rice Pudding DINNER Egg Drop Soup, Chicken & Vegetable Fried Rice, Side Salad, Egg Rolls, Ice Cream Sundaes	BREAKFAST Eggs Any Style, Toast, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> French Onion Soup, Fried Chicken, Butternut squash, Spinach Salad, Sherbet <u>DINNER</u> Tomato Soup, Turkey Cheese on Rye, Chips, Fruit Slice, Sliced Cake	BREAKFAST Coffee Cake Muffin, Home-Style Potatoes with Peppers, Eggs Scrambled,Fruit LUNCH Split Pea Vegetable, Turkey Salad Melt, Tomato, Fries, Jello with fruit DINNER White Bean Vegetable, Spaghetti & Meat Sauce, Green Beans , Garlic Bread, Apple Turnover w.Cream	BREAKFAST Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit <u>LUNCH</u> Clam Chowder, Lemon Stuffed Fish, Broccoli & Red Potato's, Chocolate Ice Cream Sundae <u>DINNER</u> Cabbage Vegetable Soup, Turkey Lula, Dill Rice, Cucumber Dill Dip, Fruit Honey Yogurt	Armed Forces Day BREAKFAST 22 Passover Breakfast Special LUNCH Chicken Noodle Soup, Turkey Sandwich, Chips, Orange Slices, Cookie DINNER Egg Drop Soup, Grilled Chicken Teriyaki , Fresh Vegetables, Rice, Cucumbers sliced, Fruit & Plain Yogurt Honey
Shavuot Begins Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Split Pea Soup, Sliced Beef, Baked Sweet Potato, Cabbage, Vanilla Mousse DINNER Vegetable Soup, Brown Sugar Bar B Que Meatloaf, Yams, Vegetables, Apple Salad	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese LUNCH Cabbage Soup, Fish Fillet ,Carrots, Cous Cous, Cinnamon baked Apple Slices DINNER Vegetable Rice Soup, Warm Turkey Salad wraps, Lemon Butter Broccoli, Banana Pudding		BREAKFAST Eggs Any Style, Toast, Hash Browns, Hota Cold Cereal, Fresh Fruit, Prunes LUNCH Barley Squash Soup, Baked Tilapia, Egg Noodles, Vegetables , Apple Turnover DINNER Root Vegetable Soup, Pesto Pasta Salad with Sliced Beef, Lemon Shortbread Cookies	BREAKFAST Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit <u>LUNCH</u> Potato Cheese Soup, Turkey Lula , Pita Rice w/ Parsley, Lentils, Fruit w/ Jello <u>DINNER</u> Country Vegetable, Spaghetti & Meat Sauce Salad, Garlic Bread, Chocolate Cake	BREAKFAST Cream of Wheat, Eggs Any Style, Meat, English Muffins and Fruit LUNCH Fresh Vegetable Soup, Beef, Rice & Mushroom, Chopped Salad, Peach Crisp DINNER Tomato Soup, Gourmet Grilled double Cheese, Chips, Carrot Salad Sliced Fruit	BREAKFAST Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese <u>LUNCH</u> Vegetable Soup, Sliced Beef, Rice, Green Bean Salad, Fresh Bread, Pear Plum Crisp <u>DINNER</u> Sesame Bok Choy Soup, Chow Mein, Shrimp, Egg Rolls, Cucumber Slices Jello with Cream
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt Lunch Vegetable Soup, Grilled Greek Chicken Breast, Loaded Caesar Salad, Rice Pudding DINNER Vegetable Soup Ground Beef Wellington, Mashed Potatoes, Carrots, Sliced Fruit	Victoria Day (Canada) <u>BREAKFAST</u> 31 Pancakes, Eggs Any Style,Hot & Cold Cereal, Fresh Fruit, Prunes,Cottage Cheese <u>Vegetable Soup</u> Roasted Turkey, Sweet Potato, Vegetables, Vanilla Banana Cake <u>DINNER</u> Tomato Soup, Tuna or Turkey Deli Plate Fries, Ice Cream		i al	Iappy Moth	er's Day!	

Memorial Day

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm Menu Subject to Change

We prepare our menu with no added salts or sugars. Melrose Gardens License: 197609830/197609896e