

JANUARY 2022

COMMUNITY NEWSLETTER

# MELROSE GARDENS

*Where You Live Matters*

HEDY  
LAMARR?

WIFI?

*What is the  
connection?*

MELROSE  
GARDENS

*Southern-Style*

CHICKEN  
& WAFFLES

*Hollywood's*  
GOLDEN  
AGE

THE RISE  
AND FALL

CHEF DEMO

*Southern*

CLASSICS

## A TASTE OF THE WORLD

*Immerse yourself in local culture and cuisine  
as you experience firsthand how our community chefs  
bring distinct, local flavors from market to table.*

# RESIDENT SPOTLIGHT

## PAT I

This month our Resident Spotlight goes to Pat I. Pat was born and raised in New York City where she raised two daughters, Nancy and Sabrina, and worked as a hospital administrator.

Pat enjoys travel, people watching, and her dogs. Her favorite of all the

places she has visited is Italy. She has many wonderful memories of her time spent there.

Pat also loves to just sit back and watch the people around her. She says that you can learn a lot about a person by just watching their interactions with others.

Pat believes that honesty is the best policy! She doesn't mince words and stands up for herself and others whenever she feels it's necessary. Her best advice is to live for yourself! Forget what others say you should or shouldn't do, make your own choices and live your best life!



“

Make your own choices and live your best life!

REACH OUT TO OUR  
**Family Specialist**  
*Tea Risley*

TO ARRANGE FOR A  
LUNCH TOUR TODAY!

(323) 876-1746

## RESIDENT BIRTHDAYS

Patrick M. 1/05  
Luelva G. 1/20

## HOLIDAY CELEBRATIONS

1/01 New Year's Day  
1/12 National Hot Tea Day  
1/17 Martin Luther King Jr. Day  
1/22 Celebration of Life Day

## RELIGIOUS SERVICES

*faith*

Shabbat Services  
Friday at 11:00 a.m.

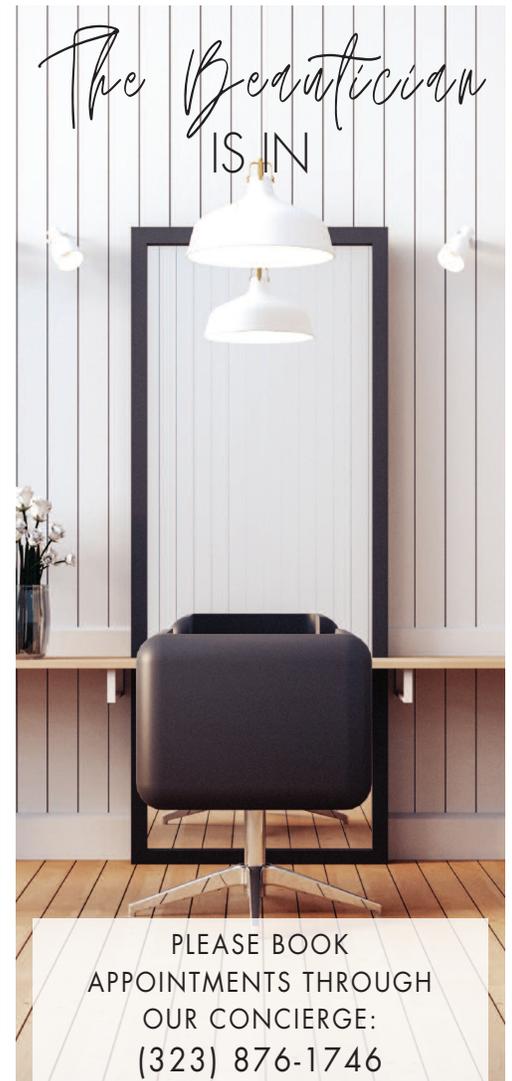
Saddleback Church Services  
Saturdays at 10:00 a.m.

## Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Thursday, and Friday will have advertised outings and shopping trips.

Tuesday and Wednesday are available for Medical Appointments. Please make your reservations with our Concierge at (323) 876-1746 today!



PLEASE BOOK  
APPOINTMENTS THROUGH  
OUR CONCIERGE:  
(323) 876-1746

# January

## ACTIVITIES & EVENTS



**HEDY LAMARR?? WIFI?  
WHAT'S THE CONNECTION**  
Monday, January 3  
2:00 pm | Activity Room

**A TASTE OF THE WORLD  
SOUTHERN STYLE  
CHICKEN & WAFFLES**  
Monday, January 10  
2:00 pm | Activity Room



**MARILYN MONROE  
SIREN OF THE  
SILVER SCREEN**  
Monday, January 17  
2:00 pm | Activity Room

**CHEF DEMO  
SOUTHERN CLASSICS**  
Monday, January 24  
2:00 pm | Activity Room



**THE RISE AND FALL OF  
HOLLYWOOD'S GOLDEN AGE**  
Monday, January 31  
2:00 pm | Activity Room



## EMPLOYEE OF THE MONTH ORVALINA "LINA"



Lina, short for "Orvalina", is one of our terrific caregivers, an LA native, and the proud mom of three furbaby cats– Mila, Salem and Seth. What Lina likes most about working here are the bonds she builds with our residents through caring and spending time with them. She feels blessed to be part of the senior living industry, and hopes to continue working in it for many more years. In her free time, Lina is a homebody and loves to sleep in! She enjoys discovering new eateries and traversing the mall with friends. She approaches life with an optimistic, joyful attitude. Lina believes life is often spontaneous, so she tries to live life to the fullest and without regrets.

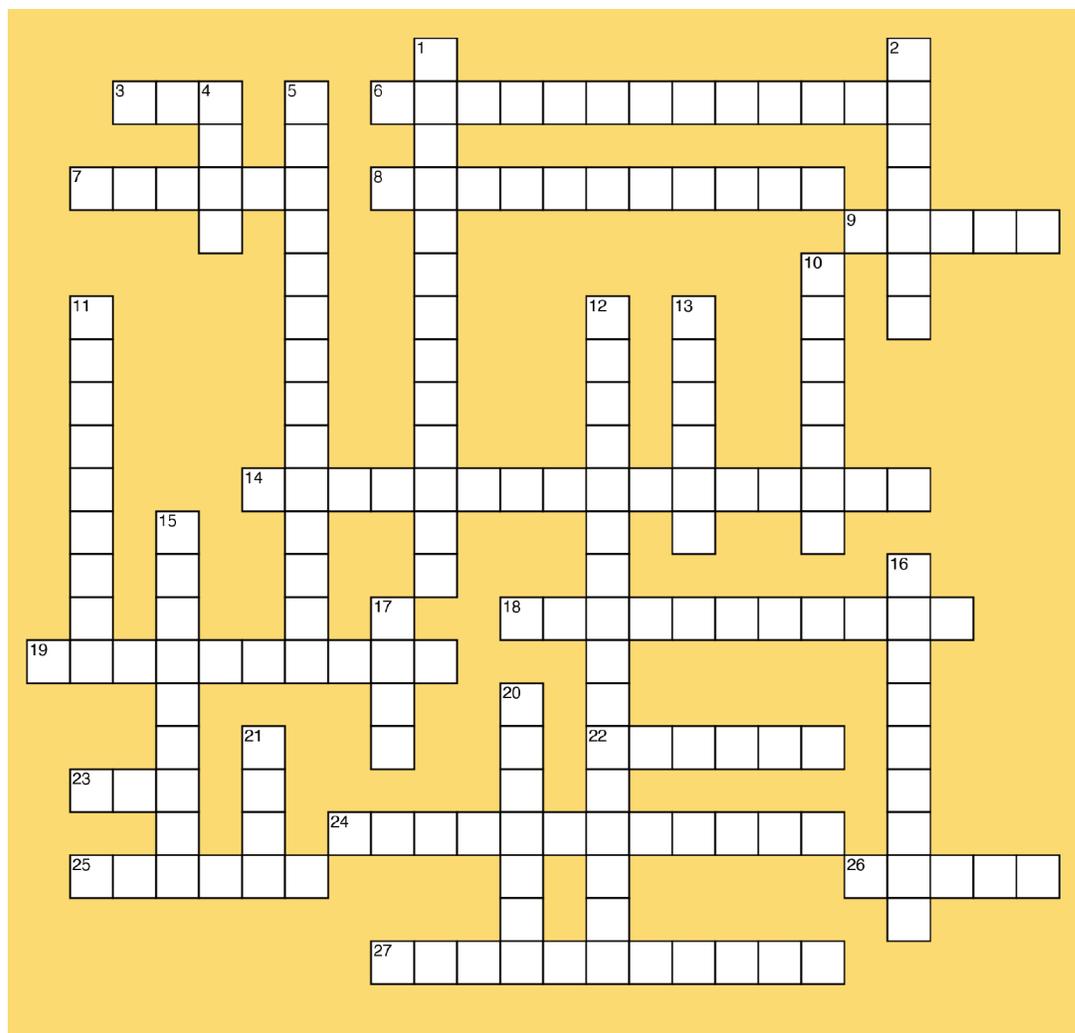
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Winter is the time  
for comfort, for good food  
and warmth, for the touch  
of friendly hand and  
for talk beside the fire:  
it is the time  
for home...

~ Edith Sitwell

# CLASSIC MOVIE

## CROSSWORD



### ACROSS

- 3 Gone with the Wind Studio
- 6 Fanfare D'Amour remake
- 7 Casablanca's continent
- 8 Sellers in Kubrick's comedy
- 9 Director \_\_\_ Selznick
- 14 Her fifth Oscar nomination was for African Queen
- 18 Siam musical
- 19 Hitchcock peep show
- 22 Thompson in the Longest Day
- 23 Animation frame
- 24 Kurosawa's septet
- 25 Share the spotlight
- 26 Coveted golden guy
- 27 Born Frances Ethel Gumm

*\*Crossword answers will be available at the concierge on the 15th of the month.*

### DOWN

- 1 Revolutionary Russian love
- 2 Played Smith in Washington
- 4 The Ghost and Mrs. \_\_\_\_\_
- 5 Director of 1925's Gold Rush
- 10 Famous film sled
- 11 Animated 1937 Disney heroine
- 12 Epic Peter O'Toole role
- 13 Famed Perkins-Leigh scene
- 15 Props for Gene, Donald and Debbie
- 16 White Alpine flower of song
- 17 There's no place like it
- 20 Bond 001
- 21 Nick and Nora's dog

Check out community photos on our social media.



## Meet our Team

**Anita Csukardi, BSW**  
**Susana Villalta**  
**Teea Risley**  
**Bryan Martinez**  
**Guadalupe Mejia**  
**Mikel Sullivan**

Executive Director  
Wellness Director  
Family Specialist  
Culinary Services Director  
Housekeeping Director  
Assisted Living Activity Director

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[www.melrosegardens.com](http://www.melrosegardens.com)