

<div>August 2020</div>												<div>9:30 Morning Stretch 10:00 Online Church Service 10:45 Tuna Salad with Crackers 11:00 Bingo 1:30 Virtual Concert: Civic Orchestra 100th Anniversary 2:00 Weight Circuit 2:45 Popcorn and Trivia 3:30 Who am I? 4:00 Bingo 6:30 Hollywood Golden Age Movie: To Kill a Mockingbird</div>	1
<div>9:30 Guided Meditation 10:00 Stretch and Flex 10:45 Fruit and Cottage Cheese 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Iced Tea and Finger Sandwiches 3:30 Group Word Games 4:00 Bingo 6:00 Musical Movie Chicago</div>	2	<div>10:00 Oldies Dance Fitness 10:45 Peanut Butter and Banana Raisin Bread 11:00 Bingo 1:30 History Documentary: The True Story of the Philadelphia Experiment 2:00 Oldies Dance Fitness 3:00 Crudite Cup 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featured Director Mike Nichols The Graduate</div>	3	<div>9:30 Morning Affirmations 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothie 11:00 Bingo 1:30 Nailed It! 2:00 Fitness Boot Camp 3:00 Loaded Hummus 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema Young Frankenstein</div>	4	<div>10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 LOL-Laugh Out Loud: How Hot is It? 2:00 Resistance Band Workout 2:45 Pamper Yourself: Meditation 3:00 (Iced) Coffee, Cookies, and Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Get Smart</div>	5	<div>10:00 HasFit Healthy Joints 10:45 Chocolate and Banana Sushi 11:00 Bingo 1:30 Sing Along to the Classics 2:00 HasFit Healthy Joints 3:00 Chicken Salad Wraps 3:30 Who Am I? Famous Faces 4:00 Bingo 6:00 Featured Actress Barbra Streisand The Mirror Has Two Faces</div>	6	<div>9:30 Scatergories 10:00 Zumba Fitness 10:45 Berry and Yogurt Parfait 11:00 Bingo 1:15 Nature Documentary: Wildest Europe Forests and Woodlands 2:00 Zumba Fitness 3:15 Frozen Yogurt & Table Topics 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Some Like it Hot</div>	7	<div>9:30 Morning Stretch 10:00 Online Church Service 10:45 Tuna Salad with Crackers 11:00 Bingo 1:30 Sing Along with Mikel 2:00 Weight Circuit 2:45 Popcorn and Trivia 3:30 Guess the Logo 4:00 Bingo 6:30 Hollywood Golden Age Movie: All About Eve</div>	8
<div>9:30 Guided Meditation 10:00 Stretch and Flex 10:45 Fruit and Cottage Cheese 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Iced Tea and Finger Sandwiches 3:30 Vacation Memories 4:00 Bingo 6:00 Musical Movie Hairspray</div>	9	<div>10:00 Oldies Dance Fitness 10:45 Peanut Butter and Banana Raisin Bread 11:00 Bingo 1:30 Virtual Tour of the Musée d'Orsay in Paris 2:00 Oldies Dance Fitness 3:00 Crudite Cup 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featured Director Mike Nichols Working Girl</div>	10	<div>9:30 Morning Affirmations 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothie 11:00 Bingo 1:30 Nailed It! 2:00 Fitness Boot Camp 3:00 Loaded Hummus 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema Lawrence of Arabia</div>	11	<div>9:30 Today in History 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 Armchair Travel: Puerto Rico 2:00 Learn to Dance Salsa 2:45 The History of Puerto Rico Trivia 3:00 Emanadillas and Virgin Mojitos 3:30 Current Events 4:00 Bingo 6:00 Netflix Series: Get Smart</div>	12	<div>10:00 HasFit Healthy Joints 10:45 Chocolate and Banana Sushi 11:00 Bingo 1:30 Sing Along to Summertime Classics 2:00 HasFit Healthy Joints 3:00 Chicken Salad Wraps 3:15 Everyday Spanish with Teresa 4:00 Bingo 6:00 Featured Actress Barbra Streisand The Way We Were</div>	13	<div>9:30 Scatergories 10:00 Line Dance Fitness 10:45 Berry and Yogurt Parfait 11:00 Bingo 1:15 Nature Documentary: Amazing Animals with Unusual Superpowers 2:00 Line Dance Fitness 3:15 Frozen Yogurt & Table Topics 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: His Girl Friday</div>	14	<div>9:30 Morning Stretch 10:00 Online Church Service 10:45 Tuna Salad with Crackers 11:00 Bingo 2:00 Spa Day: Relaxing Facials 4:00 Bingo 6:30 Hollywood Golden Age Movie: Roman Holiday</div>	15
<div>9:30 Guided Meditation 10:00 Stretch and Flex 10:45 Fruit and Cottage Cheese 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Sunday Sundaes and Trivia 3:30 Group Word Games 4:00 Bingo 6:00 Musical Movie LaLa Land</div>	16	<div>10:00 Oldies Dance Fitness 10:45 Peanut Butter and Banana Raisin Bread 11:00 Bingo 1:30 History Documentary: Alchemy: The Science of Magic 2:00 Oldies Dance Fitness 3:00 Crudite Cup 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featured Director Mike Nichols Postcards from the Edge</div>	17	<div>9:30 Morning Affirmations 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothie 11:00 Bingo 1:30 Women's Suffrage: Why the West First? 2:00 Fitness Boot Camp 3:00 Loaded Hummus 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema Mommie Dearest</div>	18	<div>9:30 Today in History 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 LOL - Laugh Out Loud: Riddle Me This 2:00 Resistance Band Workout 2:45 Rest and Refresh Smoothies 3:00 (Iced) Coffee, Cookies, and Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Get Smart</div>	19	<div>10:00 HasFit Healthy Joints 10:45 Chocolate and Banana Sushi 11:00 Bingo 1:30 NFL Birthday Trivia 2:00 HasFit Healthy Joints 3:00 Chicken Salad Wraps 3:15 Film Buffs Club Meeting 4:00 Bingo 6:00 Featured Actress Barbra Streisand Yentl</div>	20	<div>9:30 Scatergories 10:00 Dance Fitness 10:45 Berry and Yogurt Parfait 11:00 Bingo 1:15 Nature Documentary: Cocos Island - The Mysterious Island in the Pacific 2:00 Dance Fitness 3:15 Frozen Yogurt & Table Topics 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Tootsie</div>	21	<div>9:30 Morning Stretch 10:00 Online Church Service 10:45 Tuna Salad with Crackers 11:00 Bingo 1:30 Virtual Concert: Hylander Singing Men 2:00 Weight Circuit 2:45 Popcorn and Trivia 3:30 You Be the Judge 4:00 Bingo 6:30 Hollywood Golden Age Movie: Casablanca</div>	22
<div>9:30 Guided Meditation 10:00 Stretch and Flex 10:45 Fruit and Cottage Cheese 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Tea and Finger Sandwiches 3:30 Famous Statues of the World 4:00 Bingo 6:00 Musical Movie West Side Story</div>	23	<div>10:00 Oldies Dance Fitness 10:45 Peanut Butter and Banana Raisin Bread 11:00 Bingo 1:30 History Documentary: In Search of History: Roman Legions 2:00 Oldies Dance Fitness 3:00 Crudite Cup 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featured Director Mike Nichols Heartburn</div>	24	<div>9:30 Morning Affirmations 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothie 11:00 Bingo 1:30 Nailed It! 2:00 Fitness Boot Camp 3:00 Loaded Hummus 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema The Fugitive</div>	25	<div>9:30 Today in History 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 LOL - Laugh Out Loud: Dry Bar Comedy 2:00 Resistance Band Workout 2:45 (Iced) Coffee, Cookies and Current Events 3:15 Mystery Resident Auction 4:00 Bingo 6:00 Netflix Series: Get Smart</div>	26	<div>10:00 HasFit Healthy Joints 10:45 Chocolate and Banana Sushi 11:00 Bingo 1:30 Sing Along to War Time Favorites 2:00 HasFit Healthy Joints 3:00 Soul Food with Chef Crystal: Peach, Basil, Ricotta Flatbread 4:00 Bingo 6:00 Featured Actress Barbra Streisand A Star is Born</div>	27	<div>10:00 Zumba Fitness 10:45 Berry and Yogurt Parfait 11:00 Bingo 1:15 "I Have a Dream" Speech and Discussion 2:00 Zumba Fitness 3:15 Frozen Yogurt & Table Topics 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Clue</div>	28	<div>9:30 Morning Stretch 10:00 Online Church Service 10:45 Tuna Salad with Crackers 11:00 Bingo 1:30 Virtual Concert: Neil Dorval 2:00 End of Summer Luau 4:00 Bingo 6:30 Hollywood Golden Age Movie: Breakfast at Tiffany's</div>	29
<div>9:30 Guided Meditation 10:00 Stretch and Flex 10:45 Fruit and Cottage Cheese 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Tea and Finger Sandwiches 3:30 Who Said That? 4:00 Bingo 6:00 Musical Movie Hamilton</div>	30	<div>10:00 Oldies Dance Fitness 10:45 Peanut Butter and Banana Raisin Bread 11:00 Bingo 1:30 History Documentary: History's Mysteries: The FBI Celebrity Files 2:00 Oldies Dance Fitness 3:00 Crudite Cup 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featured Director Mike Nichols Regarding Henry</div>	31	<div>Join us for our End of Summer Luau on Saturday, August 29th at 2:00pm!</div>									