Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Father's Day	10:00 Oldies Dance Fitness 10:45 Puff Pastry Fruit Tart 11:00 Bingo 1:30 National Geographic Exploration 2:00 Oldies Dance Fitness 3:00 English Muffin Pizzas 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featuring Director Spielberg: Schindler's List	9:30 Holiday of the Week 10:00 Fitness Boot Camp 10:45 Post Workout Mini Egg Pie 11:00 Bingo 1:30 British Baking Show 2:00 Fitness Boot Camp 3:00 Iced Coffee & Cookies 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema: Casablanca	9:30 Today in History 10:00 Strength Circuit 10:45 Apples and PB 11:00 Bingo 1:30 History Documentary 2:00 Strength Circuit 2:45 Rest and Refresh Smoothies 3:00 Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Schitt's Creek	10:00 HasFit Healthy Joints 10:45 Choc Chip Zucchini Bread 11:00 Bingo 1:30 Sing Along to Rat Pack Classics 2:00 HasFit Healthy Joints 3:00 Green Iced Tea & Egg Rolls 3:15 Famous Fathers of the World 4:00 Bingo 6:00 Featuring Actor Tom Hanks: Forrest Gump	9:30 Unscramble the Word 10:00 Dance Fitness 10:45 Cottage Cheese and Peaches 11:00 Bingo 1:15 Nature Documentary 2:00 Dance Fitness 3:15 Ice Cream & Imagine If 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Tom Jones	9:30 Faces and Places 10:00 Online Church Service 10:45 Fruit & Yogurt Parfait 11:00 Bingo 1:30 Sing Along with Mikel 2:00 Flex and Stretch 2:45 Popcorn and Trivia 3:30 Wacky Wordies 4:00 Bingo 6:30 Hollywood Golden Age Movies: Magnificent Obsession
9:30 Guided Meditation 10:00 Weight Circuit 10:45 Avocado Toast Treats 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Weight Circuit 3:00 Afternoon Iced Tea and Finger Sandwiches 3:30 Group Word Games 4:00 Bingo 6:00 Musical Movies: Hello Dolly!	10:00 Oldies Dance Fitness 10:45 Puff Pastry Fruit Tart 11:00 Bingo 1:30 National Geographic Exploration 2:00 Oldies Dance Fitness 3:00 English Muffin Pizzas 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featuring Director Spielberg: ET	9:30 Holiday of the Week 10:00 Fitness Boot Camp 10:45 Post Workout Mini Egg Pie 11:00 Bingo 1:30 British Baking Show 2:00 Fitness Boot Camp 3:00 Iced Coffee & Cookies 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema: Gone with the Wind	9:30 Today in History 10:00 Strength Circuit 10:45 Apples and PB 11:00 Bingo 1:30 History Documentary 2:00 Strength Circuit 2:45 Rest and Refresh Smoothies 3:00 Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Schitt's Creek	10:00 HasFit Healthy Joints 10:45 Choc Chip Zucchini Bread 11:00 Bingo 1:30 Sing Along to Rat Pack Classics 2:00 HasFit Healthy Joints 3:00 Green Iced Tea & Egg Rolls 3:15 Film Buffs Club Meeting 4:00 Bingo 6:00 Featuring Actor Tom Hanks: Big	9:30 Unscramble the Word 10:00 Dance Fitness 10:45 Cottage Cheese and Peaches 11:00 Bingo 1:15 Nature Documentary 2:00 Dance Fitness 3:15 Ice Cream & Imagine If 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Philadelphia Story	9:30 Faces and Places 10:00 Online Church Service 10:45 Fruit & Yogurt Parfait 11:00 Bingo 1:30 Sing Along with Mikel 2:00 Flex and Stretch 2:45 Popcorn and Trivia 3:30 Wacky Wordies 4:00 Bingo 6:30 Hollywood Golden Age Movies: A Streetcar Named Desire
9:30 Guided Meditation 10:00 Weight Circuit 10:45 Avocado Toast Treats 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Weight Circuit 3:00 Afternoon Iced Tea and Finger Sandwiches 4:00 Bingo 6:00 Musical: Singin' in the Rain Flag Day (US)	10:00 Oldies Dance Fitness 10:45 Puff Pastry Fruit Tart 11:00 Bingo 1:30 National Geographic Exploration 2:00 Oldies Dance Fitness 3:00 English Muffin Pizzas 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featuring Director Spielberg: Raiders of the Lost Ark	9:30 Holiday of the Week 10:00 Fitness Boot Camp 10:45 Post Workout Mini Egg Pie 11:00 Bingo 1:30 British Baking Show 2:00 Fitness Boot Camp 3:00 Iced Coffee & Cookies 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema : The Wizard of Oz	9:30 Today in History 10:00 Strength Circuit 10:45 Apples and PB 11:00 Bingo 1:30 History Documentary 2:00 Strength Circuit 2:45 Rest and Refresh Smoothies 3:00 Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Schitt's Creek	10:00 HasFit Healthy Joints 10:45 Choc Chip Zucchini Bread 11:00 Bingo 1:30 Sing Along to Rat Pack Classics 2:00 HasFit Healthy Joints 3:00 Green Iced Tea & Egg Rolls 3:15 Famous Fathers of the World 4:00 Bingo 6:00 Featuring Actor Tom Hanks: The Da Vinci Code	9:30 Unscramble the Word 10:00 Dance Fitness 10:45 Cottage Cheese and Peaches 11:00 Bingo 1:15 Nature Documentary 2:00 Dance Fitness 3:15 Ice Cream & Imagine If 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Gentlemen Prefer Blondes	10:00 Online Church Service 10:45 Fruit & Yogurt Parfait 11:00 Bingo 1:30 Sing Along with Mikel 2:00 Flex and Stretch 2:45 Popcorn and Trivia 3:30 Wacky Wordies 4:00 Bingo 6:30 Hollywood Golden Age Movies: Around the World in 80 Days Summer Begins
9:30 Guided Meditation 10:00 Weight Circuit 10:45 Avocado Toast Treats 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Weight Circuit 3:00 Father's Day Floats and Musical Entertainment 4:00 Bingo 6:00 Musical Movies: Funny Face Father's Day	10:00 Oldies Dance Fitness 10:45 Puff Pastry Fruit Tart 11:00 Bingo 1:30 National Geographic Exploration 2:00 Oldies Dance Fitness 3:00 English Muffin Pizzas 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featuring Director Spielberg: Saving Private Ryan	9:30 Holiday of the Week 10:00 Fitness Boot Camp 10:45 Post Workout Mini Egg Pie 11:00 Bingo 1:30 British Baking Show 2:00 Fitness Boot Camp 3:00 Iced Coffee & Cookies 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema: Roman Holiday	9:30 Today in History 10:00 Strength Circuit 10:45 Apples and PB 11:00 Bingo 1:30 History Documentary 2:00 Strength Circuit 2:45 Rest and Refresh Smoothies 3:00 Current Events 3:30 Whiteboard Word Games 4:00 Bingo 6:00 Netflix Series: Schitt's Creek	10:00 HasFit Healthy Joints 10:45 Choc Chip Zucchini Bread 11:00 Bingo 1:30 Sing Along to Rat Pack Classics 2:00 HasFit Healthy Joints 3:00 Green Iced Tea & Egg Rolls 3:15 Famous Fathers of the World 4:00 Bingo 6:00 Featuring Actor Tom Hanks: Philadelphia	9:30 Unscramble the Word 10:00 Dance Fitness 10:45 Cottage Cheese and Peaches 11:00 Bingo 1:15 Nature Documentary 2:00 Dance Fitness 3:15 Ice Cream & Imagine If 4:00 Bingo 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Seven Year Itch	9:30 Faces and Places 10:00 Online Church Service 10:45 Fruit & Yogurt Parfait 11:00 Bingo 1:30 Sing Along with Mikel 2:00 Flex and Stretch 2:45 Popcorn and Trivia 3:30 Wacky Wordies 4:00 Bingo 6:30 Hollywood Golden Age Movies: Mr. Roberts
9:30 Guided Meditation 10:00 Weight Circuit 10:45 Avocado Toast Treats 11:00 Bingo 1:30 Karaoke to the Classics 2:15 Weight Circuit 3:00 Afternoon Iced Tea and Finger Sandwiches 3:30 Group Word Games 4:00 Bingo 6:00 Musical: Gold Diggers of 1933	10:00 Oldies Dance Fitness 10:45 Puff Pastry Fruit Tart 11:00 Bingo 1:30 National Geographic Exploration 2:00 Oldies Dance Fitness 3:00 English Muffin Pizzas 3:15 Jeopardy Challenge 4:00 Bingo 6:00 Featuring Director Spielberg: The Adventures of Tin Tin	9:30 Holiday of the Week 10:00 Fitness Boot Camp 10:45 Post Workout Mini Egg Pie 11:00 Bingo 1:30 British Baking Show 2:00 Fitness Boot Camp 3:00 Iced Coffee & Cookies 3:15 Trivia Challenge Tuesdays 4:00 Bingo 6:00 Classic Cinema: Lawrence of Arabia	June 2020		by Father's Day	