

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>"Deep into that darkness peering, long I stood there, wondering, fearing, doubting, dreaming dreams no mortal ever dared to dream before..."</p> <p>-Edgar Allan Poe</p> 			<p>9:30 Morning Walk and Roll 10:00 HasFit Healthy Joints 10:45 Pumpkin Parfait 11:00 Bingo 1:30 Poetry Corner with Poe 2:00 HasFit Healthy Joints 3:00 Pumpkin Soup and Mini Drop Biscuits 3:30 Resident Council Meeting 4:15 Pre Dinner Power Walk 6:00 Hollywood Golden Age Movie Mildred Pierce</p>	<p>9:30 Morning Walk and Roll 10:00 Zumba Fitness 10:45 Baked Apples 11:00 Bingo 1:30 Zumba Fitness 2:00 Burlap Wall Art 2:45 10 Things to Know About Sukkot 3:15 Pumpkin Muffins in the Sukkah 4:15 Pre Dinner Power Walk 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Practical Magic</p> <p>Sukkot Begins</p>	<p>9:30 Morning Walk and Roll 10:00 Online Church Service 10:45 Sweet Potato Fries with Cinnamon Cream Cheese Dip 11:00 Bingo 1:30 Virtual Concert 2:00 Weight Circuit 3:00 Pumpkin Spice Waffles 3:30 Brain Busters 4:15 Pre Dinner Power Walk 6:30 Featured Actor Vincent Price House of Usher</p>
<p>9:30 Morning Walk and Roll 10:00 Stretch and Flex 10:30 Morning Meditation 10:45 Cinnamon Apple Chips with Yogurt 11:00 Bingo 1:45 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Sunday Tea and Apple and Cheddar Grilled Cheese 3:30 Group Word Games 4:15 Pre Dinner Power Walk 6:00 Musical Movie Little Shop of Horrors</p>	<p>9:30 Morning Walk and Roll 10:00 Oldies Dance Fitness 10:45 Spinach Dip with Pita Chips 11:00 Bingo 1:30 History Documentary: The Spanish Flu and How the World Recovered 2:00 Oldies Dance Fitness 2:30 Cell Phone Photography 101 3:00 Turkey Bacon and Cheese Quiche Bites 3:15 Floral Arranging 4:15 Pre Dinner Power Walk 6:00 Featured Director Tim Burton Edward Scissorhands</p> <p>Active Aging Week Begins</p>	<p>9:30 Morning Walk and Roll 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothies 11:00 Bingo 1:30 Halloween Wars 2:00 Fitness Boot Camp 2:30 Youtube University: Introduction to ASL 3:00 Pumpkin Hummus 3:15 For Your Health Series: Heart Health 4:00 Pre Dinner Power Walk 6:00 Classic Cinema Young Frankenstein</p>	<p>9:30 Morning Walk and Roll 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 Resistance Band Workout 2:00 Armchair Travel: Greece 2:45 Greek Trivia 3:00 Foccacia with Feta & Olives and Greek Coffee 3:30 Current Events 4:15 Pre Dinner Power Walk 6:00 Hulu Series The Chilling Adventures of Sabrina</p>	<p>9:30 Morning Walk and Roll 10:00 HasFit Healthy Joints 10:45 Apple Cinnamon Parfait 11:00 Bingo 1:30 Poetry Corner with Poe 2:00 HasFit Healthy Joints 2:30 Deciphering the Mail-In Ballot 3:00 English Muffin Spinach Pizzas 3:15 Activity Meeting 4:15 Pre Dinner Power Walk 6:00 Hollywood Golden Age Movie The Jazz Singer</p>	<p>9:30 Morning Walk and Roll 10:00 Silver Sneakers Fitness 10:45 Pumpkin Spice Protein Balls 11:00 Bingo 1:30 Silver Sneakers Fitness 2:00 Painting on Canvas 3:00 Apple Cinnamon Muffins and Table Topics 4:15 Pre Dinner Power Walk 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: The Haunted Mansion</p>	<p>9:30 Morning Walk and Roll 10:00 Online Church Service 10:45 Loaded Sweet Potato Bites 11:00 Bingo 1:30 Saturday Sing Along 2:00 Musical Entertainment on the Patio 3:00 Mental Health Discussion and No Bake Chocolate Oatmeal Cookies 3:30 Brain Busters 4:00 Pre Dinner Power Walk 6:30 Featured Actor Vincent Price Dragonwyck</p> <p>Simchat Torah Begins World Mental Health Day</p>
<p>9:30 Morning Walk and Roll 10:00 Stretch and Flex 10:30 Morning Meditation 10:45 Cinnamon Apple Chips with Yogurt 11:00 Bingo 1:45 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Tea and Mini Bagels with Pumpkin Spice Cream Cheese 3:30 Group Word Games 4:15 Pre Dinner Power Walk 6:00 Musical Movie Sweeny Todd</p>	<p>9:30 Morning Walk and Roll 10:00 Oldies Dance Fitness 10:45 Cilantro Lime Dip with Pita Chips 11:00 Bingo 1:30 History Documentary: Great Adventurers Christopher Columbus and the New World 2:00 Oldies Dance Fitness 3:00 Quiche Lorraine Bites 3:15 Autumn Wreaths 4:15 Pre Dinner Power Walk 6:00 Featured Director Tim Burton Big Fish</p> <p>Columbus Day (US)</p>	<p>9:30 Morning Walk and Roll 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothies 11:00 Bingo 1:30 Halloween Wars 2:00 Fitness Boot Camp 2:45 Tuesday Affirmations 3:00 Butternut Squash Hummus 3:15 Trivia Challenge Tuesdays 4:15 Pre Dinner Power Walk 6:00 Classic Cinema The Maltese Falcon</p>	<p>9:30 Morning Walk and Roll 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 Guided Meditation 2:00 Resistance Band Workout 3:00 Coffee, Cookies, and Current Events 4:15 Pre Dinner Power Walk 6:00 Hulu Series The Chilling Adventures of Sabrina</p>	<p>9:30 Morning Walk and Roll 10:00 HasFit Healthy Joints 10:45 Cranberry Spice Parfait 11:00 Bingo 1:30 Poetry Corner with Poe 2:00 HasFit Healthy Joints 3:00 Puff Pastry Pizzas 3:15 Earthquake Information Session 4:15 Pre Dinner Power Walk 6:00 Hollywood Golden Age Movie Key Largo</p> <p>International Shakeout Day</p>	<p>9:30 Morning Walk and Roll 10:00 Zumba Fitness 10:45 Autumn Ambrosia 11:00 Bingo 1:30 Zumba Fitness 2:00 Artist Impression: Monet's Waterlilies 3:00 Cranberry Muffins and Table Topics 4:15 Pre Dinner Power Walk 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: The Addams Family</p>	<p>9:30 Morning Walk and Roll 10:00 Online Church Service 10:45 Sweet Potato Fries with Maple Dip 11:00 Bingo 1:30 Virtual Concert 2:00 Weight Circuit 3:00 Pumpkin Waffles 3:30 Brain Busters 4:15 Pre Dinner Power Walk 6:30 Featured Actor Vincent Price The Pit and the Pendulum</p>
<p>9:30 Morning Walk and Roll 10:00 Stretch and Flex 10:30 Morning Meditation 10:45 Cinnamon Apple Chips with Yogurt 11:00 Bingo 1:45 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Tea and Mini Chicken Salad Sandwiches 3:30 Group Word Games 6:00 Musical Movie The Nightmare Before Christmas</p>	<p>9:30 Morning Walk and Roll 10:00 Oldies Dance Fitness 10:45 Peanut Butter Celery Boats 11:00 Bingo 1:30 Virtual Tour of the Egyptian Museum (First Floor) 2:00 Oldies Dance Fitness 3:00 Spinach and Swiss Quiche Bites 3:15 Clay Leaves 4:15 Pre Dinner Power Walk 6:00 Featured Director Tim Burton Alice in Wonderland</p>	<p>9:30 Morning Walk and Roll 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothies 11:00 Bingo 1:30 Halloween Wars 2:00 Fitness Boot Camp 2:45 Tuesday Affirmations 3:00 Apple Pie Sticks 3:15 Trivia Challenge Tuesdays 4:15 Pre Dinner Power Walk 6:00 Classic Cinema The Craft</p>	<p>9:30 Morning Walk and Roll 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 Guided Meditation 2:00 Resistance Band Workout 3:00 Coffee, Cookies, and Current Events 4:15 Pre Dinner Power Walk 6:00 Hulu Series The Chilling Adventures of Sabrina</p>	<p>9:30 Morning Walk and Roll 10:00 HasFit Healthy Joints 10:45 Pumpkin Spice Rice Pudding 11:00 Bingo 1:30 Poetry Corner and Poe 2:00 HasFit Healthy Joints 3:00 Tuna Salad Wraps 3:15 Film Buffs Meeting 4:15 Pre Dinner Power Walk 6:00 Hollywood Golden Age Movie Out of the Past</p>	<p>9:30 Morning Walk and Roll 10:00 Zumba Fitness 10:45 Sliced Apples with Snickerdoodle Dip 11:00 Bingo 1:30 Zumba Fitness 2:00 Fall Leaf Bowls 3:00 Bran Muffins and Table Topics 4:15 Pre Dinner Power Walk 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick: Beetlejuice</p>	<p>9:30 Morning Walk and Roll 10:00 Online Church Service 10:45 Raw Veggies with Dip 11:00 Bingo 1:30 Virtual Concert 2:00 Weight Circuit 3:00 Apple Pops 3:30 Brain Busters 4:15 Pre Dinner Power Walk 6:30 Featured Actor Vincent Price Master of the World</p>
<p>9:30 Morning Walk and Roll 10:00 Stretch and Flex 10:30 Morning Meditation 10:45 Cinnamon Apple Chips with Yogurt 11:00 Bingo 1:45 Karaoke to the Classics 2:15 Stretch and Flex 3:00 Afternoon Iced Tea and Grilled Turkey and Cranberry Sandwiches 3:30 Group Word Games 6:00 Musical Movie The Rocky Horror Picture Show</p>	<p>9:30 Morning Walk and Roll 10:00 Oldies Dance Fitness 10:45 Tuna Salad Celery Boats 11:00 Bingo 1:30 History Documentary: J.P. Morgan: How One Man Financed America 2:00 Oldies Dance Fitness 3:00 Vegetable Quiche Bites 3:15 Pumpkin Carving 4:15 Pre Dinner Power Walk 6:00 Featured Director Tim Burton Sleepy Hollow</p> <p>National Pumpkin Carving Day</p>	<p>9:30 Morning Walk and Roll 10:00 Fitness Boot Camp 10:45 Post Workout Protein Smoothies 11:00 Bingo 1:30 Halloween Wars 2:00 Fitness Boot Camp 2:45 Tuesday Affirmations 3:00 Apple Pie Sticks 3:15 Trivia Challenge Tuesdays 4:15 Pre Dinner Power Walk 6:00 Classic Cinema Black Widow</p>	<p>9:30 Morning Walk and Roll 10:00 Resistance Band Workout 10:45 Apples and Peanut Butter 11:00 Bingo 1:30 Guided Meditation 2:00 Resistance Band Workout 3:00 Coffee, Cookies, and Current Events 4:15 Pre Dinner Power Walk 6:00 Hulu Series The Chilling Adventures of Sabrina</p>	<p>9:30 Morning Walk and Roll 10:00 HasFit Healthy Joints 10:45 Pumpkin Spice Rice Pudding 11:00 Bingo 1:30 Poetry Corner and Poe 2:00 HasFit Healthy Joints 3:00 Turkey and Swiss Wraps 3:15 Resident Auction 4:15 Pre Dinner Power Walk 6:00 Hollywood Golden Age Movie The Tell-Tale Heart</p>	<p>9:30 Morning Walk and Roll 10:00 Silver Sneakers Fitness 10:45 Sweet Potato Latkes 11:00 Bingo 1:30 Silver Sneakers Fitness 2:00 "Quoth the Raven" Halloween Bash 4:15 Pre Dinner Power Walk 5:00 Streaming Shabbat Service 6:00 Friday Night Fun Flick Hocus Pocus</p> <p>Party With Poe Halloween Celebration!</p>	<p>9:30 Morning Walk and Roll 10:00 Online Church Service 10:45 Smoked Salmon and Cream Cheese Flatbread 11:00 Bingo 1:30 Virtual Concert 2:00 Weight Circuit 3:00 Chili, Corn Muffins and Table Topics 4:15 Pre Dinner Power Walk 6:30 Featured Actor Vincent Price The Raven</p> <p>Halloween</p>