

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b> Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chicken Noodle Soup Beef Brisket Mashed Potatoes Mixed Vegetables Orange Cranberry Muffin <b>DINNER</b> Turkey Rice Soup Baked Lemon Tilapia Garden Rice Parmesan Zucchini Ice Cream & Cookies	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Vegetable Soup Veal Marsala Au Gratin Potatoes Green Beans Warm Lava Cake <b>DINNER</b> Tortilla Soup Chicken Fajitas Spanish Rice and Refried Beans Sour Cream and Guacamole Caramel Flan	<b>BREAKFAST</b> French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Lentil Soup Baked Lemon Caper Chicken Quarters Steamed Rice Winter Mix Vegetables Baked Maple Apples <b>DINNER</b> Tomato Basil Soup Grilled Cheese Sandwich Garlic Fries Garden Salad Fruit Cup	<b>BREAKFAST</b> Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chef's Special! <b>DINNER</b> Chicken Noodle Soup Chef's Salad Dinner Roll Fruit, Pound Cake	<b>BREAKFAST</b> Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Beef Barley Soup Vegetable Lasagna Brussel Sprouts Assorted Desserts <b>DINNER</b> Minestrone Soup, Spaghetti and Meatballs, Garlic Bread Mango Sorbet	<b>BREAKFAST</b> Cream of Wheat, Hash Browns Eggs Any Style, Meat and Fruit <b>LUNCH</b> Matzo Ball Soup Baked White Fish Couscous Roasted Cauliflower Assorted Desserts <b>DINNER</b> Cabbage Soup Beef Tacos Rice and Beans, Coleslaw Orange Cake	<b>BREAKFAST</b> Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Cauliflower Soup Orange Rosemary Cornish Hen Succotash Wild Rice with Cranberries Rice Pudding <b>DINNER</b> Bean Sou'p Chicken Sheppard Pie Mixed Greens Side Salad Cookies & Ice Cream
<b>BREAKFAST</b> Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Cabbage Soup Asian Style Teriyaki Chicken & Noodles Stir Fry Vegetables Assorted Cookies <b>DINNER</b> Tomato Basil Soup Beet Salad Grilled Cheese Sandwich, Pudding  Daylight Saving Time Begin	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Rice Soup Beef Lasagna with Garlic Roll Winter Blend Vegetables Boston Cream Pie <b>DINNER</b> Split Pea Soup Chicken Salad Sandwich German Potato Salad, Carrot Cake  Purim Begins	<b>BREAKFAST</b> Fried Egg, Assorted Muffins, Oatmeal, Fresh Fruit, Prunes <b>LUNCH</b> Barley Soup Grilled Caper Lemon Tilapia Spanish Rice Brussel Sprouts Mango Sorbet <b>DINNER</b> Garden Vegetable Soup Baked Fresh Turkey w/Cranberries Mashed Potatoes, Peas & Carrots Banana Cake	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chef's Special! <b>DINNER</b> Cream of Spinach Pepperoni or Cheese Pizza Side of Mixed Green Salad Fruit Jello	<b>BREAKFAST</b> Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Cream of Corn Soup Baked Mediterranean Chicken Couscous Glazed Carrots Marble Cake <b>DINNER</b> Lentil Soup Spaghetti and Meatballs, Garlic Bread Peaches & Cream	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Pork Chops Mashed Potatoes Grilled Brussels Sprouts Red Velvet Cupcakes <b>DINNER</b> Mushroom and Barley Soup Egg Salad Croissant Sandwich Three Bean Salad Fresh Fruit, Coffee Cake	<b>BREAKFAST</b> Scrambled Eggs with Peppers & Onions, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Vegetable Soup Lamb Stew Potato Casserole Sautéed Spinach & Onions Assorted Desserts <b>DINNER</b> Potato Leek Soup Egg Salad Sandwich Marinated Tomato Onion Salad Fruit, Banana Cream Cake
<b>BREAKFAST</b> Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Tomato Soup Beef Brisket Red Skin Potatoes Mixed Vegetables Chef's Cake <b>DINNER</b> Garden Vegetable Soup Three Way Salad: Egg, Tuna, Chicken Dinner Roll Fruit, Dessert of the Day	<b>BREAKFAST</b> Cream of Wheat, Waffles Eggs Any Style, Meat and Fruit <b>LUNCH</b> Bean Soup Texas Smoky Mac & Cheese Garlic Toast Steamed Broccoli Coffee Cake <b>DINNER</b> Corn Chowder Soup Blue Cheese Hamburger French Fries and Side Salad Pie of the Day	<b>BREAKFAST</b> French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b><u>Emerald Isle Lunch</u></b> <b>Corned Beef and Cabbage</b> <b>Boiled Red Potatoes</b> <b>Assorted Green Desserts</b> <b>DINNER</b> Lentil Soup Shrimp Scampi with Rice Stir Fry Vegetables Banana Split  St. Patrick's Day	<b>BREAKFAST</b> Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chef's Special! <b>DINNER</b> Vegetable Barley Soup Corned Beef Sandwich Onion Rings Fruit Jello	<b>BREAKFAST</b> Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Split Pea Soup BBQ Baby Back Ribs Potato Casserole, Glazed Carrots Marble Cake <b>DINNER</b> Tortilla Soup Spaghetti and Meatballs, Fruit, Carrot Cake Spring Begins	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Matzo Ball Soup Grilled Tilapia Steamed Rice Mixed Vegetables Mango Sorbet <b>DINNER</b> Zucchini Cilantro Soup Cheese Blintz Strawberry Apple Sauce Sautéed Zucchini Fruit, Strawberry Cake	<b>BREAKFAST</b> Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Vegetable Soup Classic Meat Loaf Mashed Garlic Potatoes, Sautéed Green Beans, Chef's Cake <b>DINNER</b> Potato Leek Soup, Grilled Chicken Caesar Salad Spumoni Ice Cream
<b>BREAKFAST</b> Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Vegetable Soup Chicken Cacciatore Rice and Vegetable Mix Cake of the Day <b>DINNER</b> Tortilla Soup Fish Tacos Spanish Rice and Refried Beans Pico de Gallo and Sour Cream Sunday Sundae	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Grilled White Fish w/Capers and Lemon Wine Sauce Roasted Garlic Mashed Potatoes Green Beans w/Cherry Tomatoes Assorted Dessert <b>DINNER</b> Split Pea Soup Ravioli with Shrimp Sautéed Vegetable Ratatouille Apple Upside Down Cake	<b>BREAKFAST</b> Fried Egg, Assorted Muffins, Oatmeal, Fresh Fruit, Prunes <b>LUNCH</b> Gumbo Seafood Potato Casserole Swiss Chard Banana Toffee Cake <b>DINNER</b> Italian Wedding Soup Cobb Salad Flatbread Ice Cream with Berries	<b>BREAKFAST</b> Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chef's Special! <b>DINNER</b> Cream of Broccoli Soup Tuna Salad Wrap Cole Slaw Fruit Cake of the Day	<b>BREAKFAST</b> Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chef's Soup Veal Marsala Israeli Couscous Root Vegetables Cobbler <b>DINNER</b> Lentil Soup Spaghetti and Meatballs Garlic Bread, Fruit Jello	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Matzo Ball Soup Liver & Onions Mashed Potatoes and Gravy Sautéed Vegetables Fresh Cookies <b>DINNER</b> Vegetable Soup Cheese Pizza Mixed Green Side Salad Assorted Desserts	<b>BREAKFAST</b> Scrambled Eggs with Peppers & Onions, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup Chicken Kabobs Saffron Rice Grilled Vegetables Assorted Desserts <b>DINNER</b> French Onion Soup Tuna Melt Potato Salad, Garden Salad Assorted Cake
<b>BREAKFAST</b> Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Cream of Spinach Soup Pan Fried Fish with Greek Sauce Rice Honey Roasted Brussel Sprouts Caramel Flan <b>DINNER</b> Split Pea Soup Turkey Croissant Sandwich Three Bean Salad Sunday Sundae	<b>BREAKFAST</b> Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Barley Soup St. Louis Baby Back Ribs Mashed Potatoes Roasted Brussels Sprouts and Asparagus Black Cherry Forest Cake <b>DINNER</b> Cream of Butternut Squash Cheese Blintz with Apple Sauce, Sour Cream, and Fruit	<b>BREAKFAST</b> French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Cream of Butternut Squash Chicken Cacciatore Wild Rice with Cranberries Steamed Cabbage Assorted Desserts <b>DINNER</b> Tortilla Soup Shrimp Fajitas Beans, Rice, Tortillas & Pico de Gallo	<b>Menu Alternatives</b> Fruit & Cottage Cheese Plain Omelet Grilled Chicken Breast Salmon Hamburger Hotdog Tuna Salad Sandwich Turkey Sandwich Ham Sandwich PB&J Sandwich <b>Beverage Options</b> Cranberry, Apple, Orange Juice Coffee, Hot Tea, Hot Chocolate Water, Milk, Iced Tea, Lemonade			

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm  
We prepare our menu with no added salts or sugars.

Menu Subject to Change  
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