

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

"Deep into that darkness peering,
long I stood there, wondering, fearing, doubting,
dreaming dreams no mortal ever dared to dream before..."

-Edgar Allan Poe



				<p>French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Spinach Soup Whole Roasted Spiced Turkey Spanish Rice & Vegetables Oat Bars with Berry Sauce DINNER Minestrone Soup Spaghetti & Meat Balls Side Salad Parmesan Flatbread Sliced Fruit</p>	<p>Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Matzo Ball Soup Roast Beef with Gravy Herb Roasted Dijon Potatoes Green Beans Apple Crisp DINNER Matzo Ball Soup Egg Salad Sandwich, Pasta Primavera Lettuce, Pickles Vanilla Pudding with Berries</p> <p>Sukkot Begins</p>	<p>Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Fresh Vegetable Soup Mac & Cheese, Collard Greens, Sliced Cucumbers & Tomatoes Jello & Cream DINNER Tomato Soup Gourmet Hamburger, Fries, Lettuce & Tomato Sliced Frosted Cupcakes</p>
<p>BREAKFAST 4 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune ,Yogurt LUNCH Pumpkin Chowder Chicken w.Onion Cream Sauce Diced Potatoes, Zucchini & Onions Fruit Tart with Cream DINNER Vegetable Barley Soup Swiss Steak with Tomato Gravy Barley Pilaf with Vegetables Peanut Butter Cake</p>	<p>BREAKFAST 5 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese LUNCH Vegetable Soup Fish Baked with Scampi Sauce, Egg Noodles and Grilled Vegetables, Jello & Cream DINNER Tomato Soup, Deli Meat Plate, Chips, Carrot Raisin Salad Apple Pie Bars</p>	<p>BREAKFAST 6 French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fresh Fruit, LUNCH Vegetable Noodle Soup Chicken Cobb Salad, Fresh Bread, Lemon Cookies DINNER Vegetable Rice Soup Turkey Pot Pie, Steamed Spinach, Mashed Potatoes Dinner Roll, Fresh Fruit</p>	<p>BREAKFAST 7 Eggs Any Style, Toast, Turkey Sausage Patty Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Vegetable Soup Sliced Pepper Beef Steamed Rice Chocolate Coconut Cookie DINNER Egg Drop Soup Chicken Chow Mein, Egg Noodles ,Egg Rolls Dessert- Pumpkin Rice Pudding</p>	<p>BREAKFAST 8 Cream of Wheat, Home Fries Eggs Any Style, Meat, and Fruit LUNCH Brown Rice Soup Salmon Salad , Fresh Bread Fall Pumpkin/Sweet Potato Turnover DINNER White Bean Soup Baked Ziti with Meat Balls Green Beans, Garlic Bread, Chocolate Cake</p>	<p>BREAKFAST 9 Oatmeal, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Matzo Ball Soup Corned Beef & Cabbage Rye Bread, Vegetables, Jello & Cream DINNER Onion Soup Fried Fish, Scalloped Potatoes Peas & Onion, Fresh Roll Ambrosia Dessert Salad</p>	<p>BREAKFAST 10 Cream of Wheat, Fried Eggs, Salad Eggs Any Style, Meat, and Fruit LUNCH Vegetable Tomato Soup Grilled Ham/Turkey & Cheese, Chips, Chocolate Brownie DINNER Pozole Soup Taco Salad Salsa & Flour Tortilla Chips Pumpkin Spice Coffee Cake</p> <p>Simchat Torah Begins</p>
<p>BREAKFAST 11 Cream of Wheat, Beef Sausage Eggs Any Style, Meat, and Fruit LUNCH Broccoli Soup Pastrami & Rye Bread Sandwiches, Kraut, Pickles and Lettuce & Tomato Vanilla Ice Cream & Pumpkin Cookie DINNER Country Vegetable Soup Baked Sliced Turkey Breast, Stuffing, Gravy, Vegetables Apple Crumble</p>	<p>BREAKFAST 12 Oatmeal, Pancakes, Eggs Any Style, Meat, and Fruit LUNCH Brown Rice Soup Roasted Whole Chicken, Mashed Potatoes, Gravy, Peas & Carrots, Dinner Rolls Vanilla Pudding & Cream DINNER Onion Soup Baked Italian Sandwich, Chips, Fruit, Cookie</p> <p>Columbus Day (U</p>	<p>BREAKFAST 13 Cream of Wheat, Raisin Bread Eggs Any Style, Meat, and Fruit LUNCH Brown Rice Soup Tender Sliced Beef with Barbecue Sauce Cole Slaw & Baked Beans, Jello with Cream DINNER Onion Soup Fish with Lemon Dill Sauce Vegetables & Pasta Apple Crumble</p>	<p>BREAKFAST 14 Cream of Wheat, Bran Muffins Eggs Any Style, Meat, and Fruit LUNCH White Bean Soup Chicken Cacciatore, Rice, Vegetables Cookie DINNER Onion Soup Fish with Lemon Dill Sauce Vegetables & Pasta Pumpkin Bread</p>	<p>BREAKFAST 15 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Matzo Ball Soup Spinach Potato Pancakes, Sour Cream, Apple Sauce and Sliced Fruit Peanut Butter Creme Cookies DINNER Minestrone Egg Noodle & Meat Balls, Side Salad with Grapes Garlic Bread, White Cake</p>	<p>BREAKFAST 16 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Split Pea Soup Pesto Mozzarella Chicken Sandwich, Fries, Sliced Tomato, Lettuce, Vanilla Bean Shortbread Cookie DINNER White Bean Vegetable Soup Fish with Lemon Dill Sauce Vegetables & Pasta Cranberry Crisp</p>	<p>BREAKFAST 17 Cream of Wheat, Bagels & Lox Eggs Any Style, Meat, and Fruit LUNCH Chicken Noodle Soup Savory Vegetable Quiche with Hollandaise Sauce Fresh Bread, Green Salad, Maple Pumpkin Cookie DINNER Vegetable Tortilla Soup Beef Tacos, Rice & Black Beans, Salsa & Flour Chips , Dessert Chef Special</p>
<p>BREAKFAST 18 Assorted Toast ,Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Cream of Spinach Soup Fried Chicken, Potato Salad Fresh Fruit & Bread DINNER Vegetable Soup Beef Stroganoff, Egg Noodles Caesar Salad, Dinner Roll, Chocolate Cake</p>	<p>BREAKFAST 19 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Sesame Noodle Vegetable Soup Shrimp & Vegetables, Rice, Egg Rolls, Green Salad Almond Cookie DINNER Vegetable Cream Soup Lemon Ginger Fish & Vegetables, Sliced Fruit</p>	<p>BREAKFAST 20 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Creamy Pumpkin & Squash Soup Barbecue Chicken Salad, Fruit & Fresh Bread, Pudding DINNER Tomato Soup, Waldorf Salad, Deli Plate, Fruit, Lettuce Cups, Lavash Chips, Tapioca Pudding</p>	<p>BREAKFAST 21 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Beef Noodle Soup Chef's Choice Salad, Bread , Fresh Fruit DINNER Country Vegetable Soup Gourmet Tuna Melt, Chips, Fruit & Dessert- Cookies</p>	<p>BREAKFAST 22 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Navy Bean Soup Chicken Lula, Dill Rice, Creamy Feta Sauce, Lavash Crisp's Banana Cake DINNER Vegetable, Bean, & Barley Soup Spaghetti & Meat Sauce, Vegetables, Fresh Bread,</p>	<p>BREAKFAST 23 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Pumpkin Cream Soup Beef Patty, Mash Potatoes, Green Bean Medley, Dinner Roll , Milk Shake DINNER Split Pea Soup Grilled Bass with Avocado Creme Lentils& Rice , Green Salad, Fresh Bread, Fruit</p>	<p>BREAKFAST 24 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup Pastrami & Cole Slaw Rye Bread, Sliced Cucumbers Oatmeal Cake with Vanilla Cream DINNER Vegetable, Bean & Barley Soup Chicken & Vegetable Pizza, Side Salad, Jello</p>
<p>BREAKFAST 25 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup Sliced Beef & Cabbage/Onions, Rice & Gravy, Chocolate Sugar Cookies DINNER Creamy Spinach Soup Barbecue Chicken Quarters, Macaroni & Cheese, Collard Greens Corn Bread, Watermelon</p>	<p>BREAKFAST 26 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Clam Chowder Fried Fish, Potato Salad, Greens, Garlic Bread & Chefs Dessert DINNER Vegetable Soup Grilled Turkey & Tomato Sandwich, Chips, Jello & Fruit</p>	<p>BREAKFAST 27 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup Salisbury Steak, Rice & Mushroom Sauce Steamed Vegetables, Fresh Bread, Chef's Choice Dessert DINNER Cream of Broccoli Soup Seasoned Baked Fish, Barley Pilaf, Spinach Side Salad, Peach Cobbler</p>	<p>BREAKFAST 28 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Fall Roasted Vegetables Pulled Bar B Que Beef Sandwich, Fries, Sliced Tomatoes, Dessert- Chef's Special DINNER Vegetable Bean Soup Lemon Pepper Chicken, Carrot Medley, Rice, Sliced Oranges Pumpkin Shortcake</p>	<p>BREAKFAST 29 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup Tuna Salad, Fresh Bread, Sliced Fruit, Dessert- Brownie & Cream DINNER Minestrone Soup Chicken Parmesan, Green Salad, Garlic Bread Strawberry Pudding</p>	<p>BREAKFAST 30 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Pumpkin Cream Soup Beef Patty, Mash Potatoes, Green Bean Medley, Dinner Roll , Milk Shake DINNER Split Pea Soup Grilled Salmon & Green Salad, Fresh Baked Bread, Brown Rice Pilaf, Fruit</p>	<p>BREAKFAST 31 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Hot Dogs with Chili Fries, Slaw, Dessert - Sour Cream Fruit Salad</p> <p>HALLOWEEN DINNER SPECIAL</p> <p>Halloween</p>

Dining Hours | Breakfast from 7:30am to 9:30am | Lunch from 11:30am to 1:30pm | Dinner from 4:30pm to 6:30pm
Menu Subject to Change Based on Seasonal Food Availability

We prepare our menu with no added salts or sugars.
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