Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Septem	ber 2020	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lentil Soup Fried Fish Mashed Potato's, Gravy, Green Beans Apple Cake <u>DINNER</u> Chicken Soup Vegetarian Quiche Parmesan Flatbread Chocolate Chip Cookie	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Squash Soup Mongolian Beef Steamed Rice Peach Crisp <u>DINNER</u> Root Vegetable Soup Chicken Breast Sandwich, Fries, Lettuce, Pickles Peanut Butter Pudding	BREAKFAST Breakfast Muffins, Hash Browns with Onions and Peppers, Fruit LUNCH Broccoli Cheese Soup Chinese Chicken Salad Dinner Roll Fruit w Jello DINNER Squash Soup Baked Ziti Salad, Garlic Bread Chocolate Cheesecake	BREAKFAST Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit <u>LUNCH</u> Fresh Vegetable Soup Fish Grilled with Lemon Sauce Cauliflower Rice & vegetables Carrot Cake Muffins <u>DINNER</u> Tomato Soup Gourmet Grilled Cheese Chips, Cucumber Salad Berry Shortcake with Cream	BREAKFAST Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese <u>LUNCH</u> Vegetable Beef Vegetable Lasagna, Green Bean Salad Prune Cobbler <u>DINNER</u> Cabbage Soup Garlic Pepper Chicken Vegetable Fried Rice Jello with Fruit
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt Split Pea Soup Sliced Beef Baked Potato, Cabbage & Peppers Vanilla Mousse <u>DINNER</u> Vegetable Soup Italian Turkey Meatloaf Rice & Broccoli Sliced Fruit	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese LUNCH Bar B Que Chicken Breast Potato Salad, Baked Beans Vanilla Berry Cake <u>DINNER</u> Carrot , Cabbage, Tomato Soup, Turkey Club Wrap Steamed Broccoli, Banana Pudding	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fresh Fruit, Chicken Noodle Soup Vegetarian Greek Salad, Flatbread, Chocolate Zucchini Bread w Vanilla Creme <u>DINNER</u> Vegetable Soup Baked Macaroni & Cheese Spinach Salad Dinner Roll, Sherbet	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Roasted Vegetable Soup Sliced Pepper Chicken Steamed Rice Apple Walnut Bar <u>DINNER</u> Split Pea Soup Waldorf Salad, Fresh Bread Yellow Cake	BREAKFAST Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit <u>LUNCH</u> Mushroom Soup Roasted Turkey, Mashed Potato's, Corn, Sliced Vegetables Fresh Fruit <u>DINNER</u> Minestrone Spaghetti & Meat Sauce Salad, Garlic Bread White Chocolate Mousse	BREAKFAST Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Brown Rice Soup Gourmet Cheeseburgers, Fries, Sliced Lettuce, Pickles, Grilled Onions, Vanilla Ice Cream DINNER Onion Soup Fish W.Lemon Dill Sauce Vegetables & Pasta Apple Crumble	BREAKFAST Toast, Scrambled Eggs, Hot & Cold Cereal, Fresh Fruit, Prune Applesauce LUNCH Spinach Soup Pastrami Deli Plate Cole Slaw Rice Pudding <u>DINNER</u> White Bean Soup Vegetable Quiche, Fruit Salad, English Muffins Lemon Shortbread Cookie
BREAKFAST 13 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Tortilla Vegetable Soup Beef Stew, Broccoli, Garlic Bread Honey Cake <u>DINNER</u> White Bean with Carrots Bar B Que Chicken Breast's, Brown Rice & Vegetables Fruit & Cream	,	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup Corn Beef & Kraut Rye Bread, Sliced Cucumbers Date Cookies DINNER Vegetable, Bean & Barley Soup Chicken & Vegetable Pizza, Side Salad, Ice Cream Sundaes	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Rice Soup Chef Salad, Bread, Coco Rice Pudding with Cream <u>DINNER</u> Tomato Soup Turkey Rye Cheese Melt Chips, Beet, Feta Salad, Fresh Melon Slice	BREAKFAST Coffee Cake Muffin, Home-Style Potatoes with Peppers, Eggs Scrambled,Fruit LUNCH Split Pea Vegetable Turkey Burgers , Fries, Jello with fruit DINNER White Bean Vegetable Spaghetti & Meat Sauce Green Beans Garlic Bread Apple Turnover w.Cream	BREAKFAST Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit <u>LUNCH</u> Clam Chowder Lemon Stuffed Fish Broccoli & Red Potato's Chocolate Ice Cream Sundae <u>DINNER</u> Cabbage Vegetable Soup Beef Lula, Dill Rice, Cucumber Dill Dip, Fruit Honey Yogurt Dip Rosh Hashanah Begins	BREAKFAST Hot & Cold Cereal, Poached Eggs, Toast Fresh Fruit, Prunes <u>LUNCH</u> Root Vegetable Soup Beef Pepper Steak, Rice & Vegetables, Lemon Ice Box Pie <u>DINNER</u> Noodle Soup Croissant Chicken Salad Side Salad , Cookie
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Vegetable Soup Breaded Chicken Florentine Potatoes, Fresh Fruit <u>DINNER</u> Cream of Broccoli Egg Salad Deli Plate Tapioca Fruit Pudding	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Garden Soup Corned Beef Macaroni Salad, Green Beans Jello with Cream DINNER Vegetable Barley Soup Turkey Chef Salad with Bread Chocolate Cookie	BREAKFAST French Toast, Eggs Any Style, Hot & Cofd Cereal, Fresh Fruit, Prunes <u>LUNCH</u> Tomato & White Bean Soup Sliced Turkey, Rice & Vegetables Cream Puff <u>DINNER</u> Tortilla Soup Vegetable Stir Fry Fried Rice Chocolate Chip Muffin	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hote Cold Cereal, Fresh Fruit, Prunes LUNCH Barley Squash Soup Baked Tilapia Egg Noodles Apple Turnover <u>DINNER</u> Root Vegetable Soup Balsamic Tomato Chicken Sandwich Lemon Shortbread Cookies	BREAKFAST Breakfast Muffins, Hash Browns with Onions and Peppers, Fruit LUNCH Broccoli Cheese Soup Turkey Burgers Garlic Parsley Fries Fruit with Jello <u>DINNER</u> Squash Soup Baked Ziti Salad Garlic Bread Chocolate Cake	0	Ŭ
BREAKFAST Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Split Pea Soup Sliced Beef Sweet Potato Baked, Cabbage Vanilla Mousse DINNER Vegetable Soup Italian Turkey Meatloaf Rice & Vegetables Sliced Fruit Yom Kippur Begins	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese <u>LUNCH</u> Cabbage Soup Fish Fillet with Fennel Carrots, Cous Cous Cinnamon Peeled Apple Slices <u>DINNER</u> Carrot Soup, Turkey Salad Wrap Lemon Butter Broccoli, Banana Pudding	Autumn Begins BREAKFAST French Toast, Eggs Any Style, Hot & Cofe Cereal, Eggs any Style, Fresh Fruit, Prunes <u>LUNCH</u> Chicken Matza Ball Soup Vegetarian Greek Salad, Flatbread, Banana Bread with Vanilla Creme <u>DINNER</u> Vegetable Soup Baked Macaroni & Cheese Vegetables, Dinner Roll, Sherbet	BREAKFAST Eggs Any Style, Toast, Hash Browns, Hol & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Vegetable Soup Sliced Pepper & Vegetable Chicken Steamed Rice Apple Walnut Bar DINNER Split Pea Soup Tuna Salad Deli Plate Fresh Bread Oatmeal Coffee Cake	9, 9 9/18 9/18	ming September Holi 9/7 Labor Day /11 Remembrance Day /13 Grandparent's Day 8 Rosh Hashanah Beg 22 First Day of Autum 27 Yom Kippur Begin	y y y nins n

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm Menu Subject to Change We prepare our menu with no added salts or sugars. Melrose Gardens License: 197609830/197609896e